



12th May 2024 *Seventh Sunday of Easter*

Welcome to Saint Laurence. Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church. You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
12 th May	Sung Parish Mass with Baptism Welcomes	9.30 am
7 th Sunday of Easter	First Communion Preparation, Parish Office	3.00 pm
	Evensong on Zoom	6.30 pm
Monday	Organ Teaching	11.00 am
13 th May	Group visit to Church	1.45 pm
	Organ Teaching	5.15 pm
Tuesday	No Morning Prayer today	
14 th May		
Wednesday	Morning Prayer, Lady Chapel	8.45 am
15 th May	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
	Group visit to Church	1.45 pm
	No Evening Prayer today	
	PCC Meeting, Parish Office	7.30 pm
Thursday	Morning Prayer, Lady Chapel	9.10 am
16 th May	Group visit to Church	11.15 am
	Organ Teaching	2.00 pm
	Choir Practice	8.00 pm
Friday	Coffee Morning, Main Hall	10.30 am
17 th May		
Next Sunday	Holy Communion	8.00 am
19 th May	Procession, Sung Parish Mass, Admissions to First	
<i>Pentecost/Whit</i>	Communion and Recession	9.30 am
<i>Sunday</i>	Churches Together United Service, St Laurence	6.30 pm

Evensong readings this Sunday: Isaiah 61; Luke 4:14-21

Mass readings next Sunday: Acts 2:1-13; Romans 8:22-27; John 15:26-27,16:4b-15

Saturday Pathsweepers: 18th May – Thomson & Masterson. **Coffee:** 19th May – Beryl, Walter & Maureen

Please let Revd Susannah, Revd Catherine or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

NOTICES

During our Parish Mass today we welcome Joseph, Ada and their families following Joseph and Ada's baptisms last Sunday.

Cheryl and David Goddard are celebrating their silver wedding anniversary today with cake and wine in the Main Hall following today's Parish Mass. All are welcome to share in their celebration.

Building Improvements Group Update: St George's Day Meal. Thank you to all who came and supported our meal at Top Meadow The final amount raised for our Building Improvement Project was £337.50.

The Parish Office is closed this week but with any scheduled meetings still taking place as planned.

The Week of Prayer for Christian Unity begins next Sunday, 19th May, with a Churches Together United Service here at 6.30pm, followed by refreshments in the Main Hall. You are warmly invited to share in this act of fellowship with members of other churches.

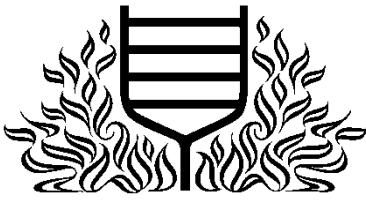
Mediterranean Evening in aid of the Church Building Improvements Project, Saturday 22nd June, 7pm in the Main Hall. Price per person is £20 for adults and £10 for under 18s. Advance booking essential. Please contact Joanne in the Parish Office (after 19th May) or see Debbie Stewart.

Inspire; Lead; Empower - Join Girlguiding! As you know the St Laurence Girlguiding units (Rainbows, Brownies and Guides) are in trouble! We have waiting lists full of girls waiting to join the fun but we really need new leaders. No experience is needed just passion! Unleash creativity, build skills and shape young minds.

The Rainbow, Brownie and Guide units would like to invite anyone interested in helping us to an open afternoon to find out more. So if you or anyone you know are interested the event will be happening on Saturday 18th May from 1.30-3.30pm. You will not regret it! If you cannot make the event but would like to find out more, please contact sallyathomson@hotmail.co.uk

Please do not throw away pens and biros that have expired. St Laurence Church are collecting on behalf of the Yorkshire's Brain Tumour Charity. They are able to create funds from what would otherwise be landfill. Any pens and biros (no crayons) can be left in the box on the back pew in the tower area. Thank you.

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS

Sunday 12th May 2024
Seventh Sunday of Easter

Introit 228 Hail the day that sees him rise

Setting Mass of St Thomas - Thorne

Collect of the Day

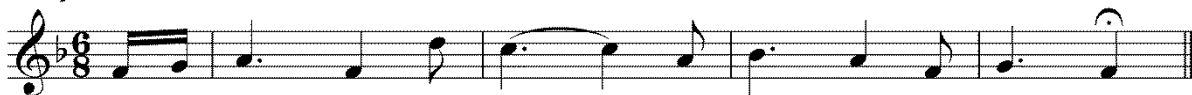
O God the King of glory,
you have exalted your only Son Jesus Christ
with great triumph to your kingdom in heaven:
we beseech you, leave us not comfortless,
but send your Holy Spirit to strengthen us
and exalt us to the place where our Saviour Christ is gone before,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Acts 1:15-17, 21-end

In those days Peter stood up among the believers (together the crowd numbered about one hundred and twenty people) and said, 'Friends, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus— for he was numbered among us and was allotted his share in this ministry.' So one of the men who have accompanied us throughout the time that the Lord Jesus went in and out among us, beginning from the baptism of John until the day when he was taken up from us—one of these must become a witness with us to his resurrection.' So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias. Then they prayed and said, 'Lord, you know everyone's heart. Show us which one of these two you have chosen to take the place in this ministry and apostleship from which Judas turned aside to go to his own place.' And they cast lots for them, and the lot fell on Matthias; and he was added to the eleven apostles.

Responsorial Psalm 1

Keith Duke



For the Lord knows the way, — the way of the right - eous.

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Blessed are they who have not walked in the council of the wicked, nor lingered in the way of sinners, nor sat in the assembly of the scornful. Their delight is in the law of the Lord and they meditate on his law day and night.

Like a tree planted by streams of water bearing fruit in due season, with leaves that do not wither, whatever they do, it shall prosper. As for the wicked, it is not so with them; they are like chaff which the wind blows away.

Therefore the wicked shall not be able to stand in the judgement, nor the sinner in the congregation of the righteous. For the Lord knows the way of the righteous, but the way of the wicked shall perish.

1 John 5:9-13

If we receive human testimony, the testimony of God is greater; for this is the testimony of God that he has testified to his Son. Those who believe in the Son of God have the testimony in their hearts. Those who do not believe in God have made him a liar by not believing in the testimony that God has given concerning his Son. And this is the testimony: God gave us eternal life, and this life is in his Son. Whoever has the Son has life; whoever does not have the Son of God does not have life.

I write these things to you who believe in the name of the Son of God, so that you may know that you have eternal life.

Alleluia

Celtic

John 17:6-19

Jesus looked up to heaven and prayed: 'Father, I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking

on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. While I was with them, I protected them in your name that you have given me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to you, and I speak these things in the world so that they may have my joy made complete in themselves. I have given them your word, and the world has hated them because they do not belong to the world, just as I do not belong to the world. I am not asking you to take them out of the world, but I ask you to protect them from the evil one. They do not belong to the world, just as I do not belong to the world. Sanctify them in the truth; your word is truth. As you have sent me into the world, so I have sent them into the world. And for their sakes I sanctify myself, so that they also may be sanctified in truth.

Baptism welcome	See page 10 of service booklet
Offertory hymn	227 Crown him with many crowns
Anthem	God is gone up - Music: William Croft. Arranged: Vincent Novello
Communion hymn	452 Let all mortal flesh keep silence
Final hymn	690 Jesus is Lord! Creation's voice proclaims it
Organ Voluntary	Exultemus (Psalm 81 : 1-3) - Percy Whitlock

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Aloma Moore, Anthony Paternosta, Linly Lo-Yee, Alan Butcher.

Wednesday: Rosemary Watkins, Mary Greig, Denise Comer, James Tape, Rosalind Manley, Brian Shaw, Bob Bossey, Baby Charles, Glynis Whiting, Michael Folkes, Fr Tom Keighley, Sylvia Wilson, Simon Pols, Mary-Anne Madden, Florence Collins, Doreen, Victoria Wright, William Holden, Shirley Gunary, Jan Black, Michael McSweeney, Ann O'Riordan, Charles Osmond.

Additional Prayers: Adam, Sophie, Sebastian, Alexandrina, Eddie and Ezra preparing for First Communion. People now sitting exams. All those receiving Home Communion.

Recently departed: Joan Ellis.

Anniversaries of the departed: Cecily Ashwin, Ron Wood, Dorothy Bradley, Betty Allan, Vic Dowding, Isabel McClellan, Emily Pasquale, Mem Gosland, David Harding, Hilda Matthews.

CHARITY OF THE MONTH UNITED SOCIETY PARTNERS IN THE GOSPEL (USPG)

Donation envelopes are available at the back of church.

USPG
5 Trinity Street
London SE1 1DB
Registered charity number 234518



JUST ONE SWAP...



Simple Swap No.3 - Clingfilm is non-recyclable plastic. We could choose some much greener options:

Wax wraps: a pack of 3 costs between £10 - £14. Each wrap lasts at least year and they can be refreshed with a rewaxing bar. At end of their life, we can compost them! Wax wraps mould to food (but they're not for use on raw meat or fish, or excessively hot or wet food).

If you Care **recycled aluminium foil** - 10m for £1.19 from Waitrose. Can be washed, reused and then recycled.

If You Care **Paper snack and sandwich bags** - 48 bags for £5 from Waitrose. We can recycle or compost after use.

Elasticated food covers are good for use over bowls and containers. We could make our own, or they're about £20 for 4. They can be used nearly forever – so a great saving over the years!

Beaded food covers Perfect for use on the table and in the fridge. We could also reuse glass jars for storing food in the fridge; coffee jars are perfect. We are told... that Pringle lids fit Gü glass ramekin dishes which are great for storing small amounts in the fridge!

CARD PAYMENT DONATIONS

We are always pleased to welcome both visitors and regular attendees to share our worship in this beautiful Grade 1 listed building. Please feel free to use our safe and secure card payment machine for confidential donations, located by the main door exit. Contributions help us maintain the substantial upkeep of this building for the benefit of the local community and our broader work as a church in general. Donations help to ensure that the church can continue to benefit future generations and the building can remain open to all as a haven of God's peace. Whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Joanne (Parish Administrator).

CONTACTS

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Churchwardens Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie

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Acting Director of Music Nigel Lockwood

parish.office@upminsterparish.co.uk

Parish Office (Closed this week) Joanne Chapman

01708 220696 / 07592 946992 parish.office@upminsterparish.co.uk

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone