

The Church of Saint Laurence, Upminster

PORCHTALK

19th January 2020 *Second Sunday of Epiphany*



Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass in term-time. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
19 th January	Sung Parish Mass	9.30 am
<i>Second Sunday of Epiphany</i>	Taizé Prayer	6.30 pm
Monday		
20 th January		
Tuesday	Mass	10.30 am
21 st January	CM&FG Meeting, Parish Office	8.00 pm
<i>Agnes, martyr</i>		
Wednesday	Staff Meeting, Parish Office	9.10 am
22 nd January	Mass	11.00 am
	Memorial Service for Gerald Cope	1.30 pm
Thursday	Service, Little Gaynes Home	11.00 am
23 rd January	Choir Practice	7.45 pm
Friday	Coffee Morning, Main Hall	10.30 am
24 th January		
Saturday	PCC Away Day, North Ockendon	9.30 am
25 th January		
Next Sunday	Holy Communion	8.00 am
26 th January	Sung Parish Mass	9.30 am
<i>Third Sunday of Epiphany</i>	Said Evensong	6.30 pm

Mass readings next Sunday: Isaiah 9:1-4; 1 Corinthians 1:10-18; Matthew 4:12-23

Evensong readings next Sunday: Ecclesiastes 3:1-11; 1 Peter 1:3-12

Morning and Evening Prayer: 8.45 am Tuesday to Thursday, 4.30 pm Wednesday

Coffee: Penny, Clive and Rita

Please let Revd Susannah or Fr Roy know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

Notices

Louise and Charlotte Harrington will be selling cakes during refreshments in the Main Hall after the 9.30am Mass this morning. They are raising money in aid of the Australian Bushfire Crisis.

This week is The Week of Prayer for Christian Unity. This is a worldwide prayer initiative and the theme for 2020 is 'Unusual Kindness.' If you would like more information and ideas for prayers on this subject please visit <https://ctbi.org.uk/weekofprayer>

Bible Reading Fellowship Notes: If you have been asked and wish to renew your annual subscription, please make sure the request and payment gets to Joanne in the Parish Office for Tuesday 21st January. Thank you.

Members of our PCC will be visiting North Ockendon on Saturday for an 'Away Day'. This day aims to provide an opportunity for reviewing current and future mission and ministry at St Laurence.

Lunchtime Concerts are free to attend and open to all who would like to come. The next concert will be Adam Parrish, piano on 30th January from 1.05pm to 1.50pm.

Richard Brasier's concert series of the complete organ works of JS Bach continues on Friday 7th February at 6.30pm. Free admission with retiring collection. All profits will go to the St Laurence Church Building Improvements Fund.

The Quinquagesima Lunch will be held on Sunday 23rd February. Meet in the Minor Hall at 12.30pm for lunch at 1pm in the Main Hall. £10 per person, contact Joan Prudden to book on 01708 223744. Quinquagesima is one of the names for the Sunday before Ash Wednesday.

Lent Lunches will be held on the Thursday's during Lent – 27th February to 2nd April. These are simple soup, bread and fruit lunches, are open to all and are held to raise money for our Lent Charity.

Stations of the Cross will begin at St Laurence at 7.30pm on Friday 28th February, and alternate each week with St Joseph's Church until 3rd April. More details will be available nearer the time.

Diocesan Lent Modules 2020: A booklet with details of the modules is available at the back of church. If you would like to register the closing date is Friday 14th February.

The Westminster Abbey Parish Pass admits up to 4 people free of charge. If you would like to use the pass please contact Joanne in the Parish Office on 01708 220696.

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS
19th January 2020
Second Sunday of Epiphany

Introit 827

Setting *A New People's Mass - Dom Gregory Murray*

Collect of the Day

Almighty God,
in Christ you make all things new:
transform the poverty of our nature by the riches of your grace,
and in the renewal of our lives
make known your heavenly glory;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Isaiah 49:1-7

Listen to me, O coastlands,
pay attention, you peoples from far away!
The LORD called me before I was born,
while I was in my mother's womb he named me.
He made my mouth like a sharp sword,
in the shadow of his hand he hid me;
he made me a polished arrow,
in his quiver he hid me away.
And he said to me, 'You are my servant,
Israel, in whom I will be glorified.'
But I said, 'I have laboured in vain,
I have spent my strength for nothing and vanity;
yet surely my cause is with the LORD,
and my reward with my God.'

And now the LORD says,
who formed me in the womb to be his servant,
to bring Jacob back to him,
and that Israel might be gathered to him,
for I am honoured in the sight of the LORD,
and my God has become my strength—
he says,
'It is too light a thing that you should be my servant
to raise up the tribes of Jacob
and to restore the survivors of Israel;
I will give you as a light to the nations,
that my salvation may reach to the end of the earth.'

Thus says the LORD,
the Redeemer of Israel and his Holy One,
to one deeply despised, abhorred by the nations,
the slave of rulers,
'Kings shall see and stand up,
princes, and they shall prostrate themselves,
because of the LORD, who is faithful,
the Holy One of Israel, who has chosen you.'

This is the word of the Lord.

All Thanks be to God.

Gradual hymn 805

1 Corinthians 1:1-9

From Paul, called to be an apostle of Christ Jesus by the will of God, and
our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in
Christ Jesus, called to be saints, together with all those who in every place
call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that
has been given you in Christ Jesus, for in every way you have been

enriched in him, in speech and knowledge of every kind— just as the testimony of Christ has been strengthened among you— so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

This is the word of the Lord.

All Thanks be to God.

Alleluia *Taizé*

The Lord be with you

All and also with you.

Hear the Gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

John 1:29-42

John the Baptist saw Jesus coming towards him and declared, 'Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, "After me comes a man who ranks ahead of me because he was before me." I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel.' And John testified, 'I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, "He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit." And I myself have seen and have testified that this is the Son of God.'

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, 'Look, here is the Lamb of God!' The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, 'What are you looking for?' They said to him, 'Rabbi' (which translated means Teacher), 'where are you staying?' He said to them, 'Come and see.' They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his

brother Simon and said to him, 'We have found the Messiah' (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, 'You are Simon son of John. You are to be called Cephas' (which is translated Peter).

This is the Gospel of the Lord.

All Praise to you, O Christ.

Offertory hymn 452

Anthem O little town of Bethlehem – *H. Walford Davies*

Communion 451
hymns 330

Final hymn 646

Organ voluntary Sonata no.2 in c minor: III Allegro BWV 526 – *J.S. Bach*

Coffee after Parish Mass on Sunday 26th January will be served in church. Please do stay for complimentary coffee and pastries and the opportunity to have a look around the areas not normally seen by the congregation. A chance to have a look in the Sacristy and the Choir Vestry will illustrate the vision of the Church Building Improvements project to improve these spaces, enabling greater use by our church family and the wider community. Please do stay and see how this project, undertaken together, could enable the work of St Laurence church to grow and truly impact our community.



Charity of the Month: Action on Pre-eclampsia



Action on Pre-eclampsia (also known as APEC) aims to raise public and professional awareness of preeclampsia, improve care, and ease or prevent physical and emotional suffering caused by the disease. They do this by providing information and support to members of the public who are affected by pre-eclampsia. They also run multi-disciplinary study days for midwives and health professionals who work with pregnant women, providing expert training on detection and management of pre-eclampsia.

Mild pre-eclampsia affects up to 10% of first-time pregnancies, with severe pre-eclampsia affecting about 1-2 in 100 severe pregnancies. Pre-eclampsia is the most common of the serious complications of pregnancy. It is caused by a defect in the placenta, which joins the mother and baby and supplies the baby with nutrients and oxygen from the mother's blood. Pre-eclampsia occurs after 20 weeks (but in very rare cases can occur earlier) and the majority of cases occur in the third trimester.

Thank you for your sponsorship...

Porchtalk has been sponsored from April 2019 to March 2020 in memory of Gerald, Samuel and Barbara Giles, from their daughters and sisters Hazel Harman and Mary Breeding.

The sponsorship scheme helps to finance our common life, worship and mission as a Christian community in Upminster. You might like to remember a loved one, or celebrate a wedding, anniversary, baptism or other special occasion that is significant for you or your family. All sponsorships go straight to church funds to finance the object sponsored. Please take a leaflet from the back of church or see Christine Foot for more details.

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name	Telephone
Address		

FOR YOUR PRAYERS

The prayer lists are updated on the first day of each month. If you would like to renew or add a name to the list, please fill in a form at the back of church and leave it in the Prayer Box. Those on the list for Special Concern will be held in our prayers every Sunday and will be mentioned by name either at 8.00 am or 9.30 am. Please remember all in your prayers throughout the week.

Special concern: (8.00 am) Jim Turner, Edgar Iffland, Michael McSweeney, Lorna Wells, Albert and Jean Clements, Poppy, Thomas, Katie Louise Tape, Ellen Stone, Maurice Purver, Alan, John Beeton, Terry Bryan, Pearl Clifton, Kathleen Jones.

(9.30 am) Yvonne Rattley, Pat Silverlock, Agnes Trievner, Pam, Hayden Keeling, Steve Roome, Stewart Ranson, Alan Evens, Justine Milner, Cherry, Patricia Gillman, David Lewin, Edie Jackson, Bill Shaw.

Those receiving Home Communion this week: Pauline Wheeler and other residents of Freshfields Home, Phyllis Knight, Margaret Roome, Jean Cant, Dorothy Sykes, Vera Richards, Brenda Taylor.

The departed: Len Ruff, Colleen Krendl, Clive Brook, Ann White, Gerald Cope, Rose Skeels. **Anniversaries:** Maurice Harper (Priest), Christine Forrest, Howard Jones, Maidie Gay, Pauline Lee, Frances Pryer (Deaconess), Ian Tresadern, Bill Harding, Ray Mulley, Margaret Holden, Reg Watson, Brian Coleman, Sam Potton, Valerie Smith, Amy Parsons, William Gunary, Sarah Millington. **Please remember those who mourn.**

Also pray for: Members of our PCC attending the 'Away Day' next Saturday.

If you would like a name added to the Anniversary list please speak to the Parish Office.

CONTACTS

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Associate Priest Fr Roy Murray

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Pastoral Assistant Deborah Masterson

01708 760485 deborah.masterson@upminsterparish.co.uk

Churchwarden

Christine Foot via Parish Office 01708 220696 parish.office@upminsterparish.co.uk

Director of Music Richard Brasier brasier_96@hotmail.com

Parish Office Joanne Chapman 01708 220696 parish.office@upminsterparish.co.uk

Tuesdays 10.30am-12.30pm, Wednesdays 9.10-11am, Thursdays 9.10am-12noon

Hall Bookings Carole Billings 01708 749670 carole.billings1@btinternet.com

Planned Giving Steve Roome (01708 220696 Parish Office)

Website www.upminsterparish.co.uk

Postal Address St Laurence Church, Corbets Tey Road, Upminster, Essex, RM14 2BB

Daily Prayers, Psalms and Readings are included in the *Time for God* Prayer Diary which you can receive on request. You may also wish to use the *Time for God* Daily Office. If you would like to receive the Prayer Diary, or would like further information, please contact the Parish Office with your contact details (email address or postal address). If you would like to update any of the 'People' information on the Prayer Diary, please speak to Nick Butler on nickbutlerupm@gmail.com or 07792123630.