

The Church of Saint Laurence, Upminster

PORCHTALK



9th February 2020 *Third Sunday before Lent*

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass in term-time. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
9 th February	Sung Parish Mass	9.30 am
<i>Third Sunday before Lent</i>	Baptism	12 noon
	Said Evensong	6.30 pm
Monday		
10 th February		
Tuesday	Mass	10.30 am
11 th February	Adventurers' Meeting, Parish Office	7.30 pm
Wednesday	Staff Meeting, Parish Office	9.10 am
12 th February	Mass	11.00 am
Thursday	Lunchtime Concert	1.05 pm
13 th February	Choir Association AGM in Church	7.30 pm
Friday	Coffee Morning, Main Hall	10.30 am
14 th February		
Saturday		
15 th February		
Next Sunday	Holy Communion	8.00 am
16 th February	Sung Parish Mass with Baptism Welcome	9.30 am
<i>Second Sunday before Lent</i>	Baptism	12 noon
	Said Evensong	6.30 pm

Evensong readings this Sunday: Amos 2:4-end; Ephesians 4:17-end

Mass readings next Sunday: Genesis 1:1-2:3; Romans 8:18-25; Matthew 6:25-end

Evensong readings next Sunday: Proverbs 8:1,22-31; Revelation 4

Morning and Evening Prayer: 8.45 am Tuesday to Thursday, 4.30 pm Wednesday

Saturday Pathsweepers: Brabner and Butler **Coffee:** Joan, Christine and Diane

Please let Revd Susannah or Fr Roy know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

Notices

Carole Billings will draw the results of her latest quiz during refreshments after the 9.30am Mass today.

We will have a visiting preacher next Sunday for the 9.30am Mass. The Revd Sandra Eldridge preach on issues relating to climate change.

Debbie and Keith Stewart are celebrating their 30th Wedding Anniversary this month. They invite you to celebrate with them on Sunday 16th February when they will be donating the refreshments after the 9.30am Mass.

Revision of Electoral Roll will be from Thursday 20th February to Wednesday 26th February. You are eligible for the roll if you are aged 16 or over, baptized and consider yourself a member of St Laurence. If you would like an application form, or have any questions, please speak to Keith Stewart, our Electoral Roll Officer, on 01708 227928. The new roll will be available for inspection on Sunday 1st March.

Louise and Charlotte Harrington held a cake sale on Sunday 19th January in aid of the Australian bush fire crisis. Thanks to your generosity, they raised £152. The money will be donated to the Adelaide Koala Rescue Centre. So far, through all their fundraising to help the people and the wildlife in Australia, Louise and Charlotte have raised £3,050.

This Thursday's Lunchtime Concert will be an organ recital by Laurent Hesry from 1.05pm to 1.50pm.

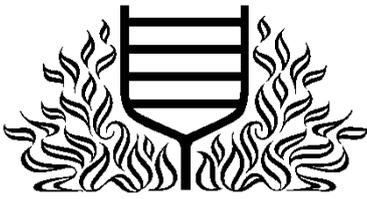
The Choir Association will be holding its AGM on Thursday 13th February in the Church at 7:30pm. All members of the congregation are invited. There will be refreshments, raffle, quiz and musical entertainment. Its a fun night and not to be missed! We are always looking for new members to join the committee, so if you would like more information, please speak to our Chairman, Paul Hagan.

Lent Groups: Please sign the list on the notice board at the back of church if you would like to join a Lent group. This year's course will be 'The Joy of the Gospel' by Paula Gooder. You will need to purchase the book. Please let Joanne in the Parish Office know before Wednesday 19th February if you require assistance in obtaining a copy.

Lent Lunches will be held on the Thursdays during Lent – 27th February to 2nd April. These are simple soup, bread and fruit lunches and are held to raise money for our Lent Charity. If you would like to help please sign the list on the notice board at the back of church.

#LiveLent: Care for God's Creation is The Church of England's Lent Campaign for 2020. With weekly readings, reflections and actions to help you live in harmony with God, neighbour and nature. Join in with booklets for adults and children, download the app or sign up for daily emails. www.churchofengland.org/livelent

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS

9th February 2020
Third Sunday before Lent

Introit 595

Setting The Addington Service - *Richard Shephard*

Collect of the Day

Almighty God,
who alone can bring order
to the unruly wills and passions of sinful humanity:
give your people grace
so to love what you command
and to desire what you promise,
that, among the many changes of this world,
our hearts may surely there be fixed
where true joys are to be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Isaiah 58:1-9a

Thus says the Lord:
Shout out, do not hold back!
Lift up your voice like a trumpet!
Announce to my people their
rebellion,
to the house of Jacob their sins.
Yet day after day they seek me
and delight to know my ways,
as if they were a nation that
practiced righteousness
and did not forsake the ordinance
of their God;
they ask of me righteous
judgements,

they delight to draw near to God.
'Why do we fast, but you do not
see?
Why humble ourselves, but you
do not notice?'
Look, you serve your own interest
on your fast-day,
and oppress all your workers.
Look, you fast only to quarrel and
to fight
and to strike with a wicked fist.
Such fasting as you do today
will not make your voice heard on
high.

Is such the fast that I choose,
a day to humble oneself?
Is it to bow down the head like a
bulrush,
and to lie in sackcloth and ashes?
Will you call this a fast,
a day acceptable to the Lord?

Is not this the fast that I choose:
to lose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?
Is it not to share your bread with
the hungry,
and bring the homeless poor into
your house;

when you see the naked, to cover
them,
and not to hide yourself from your
own kin?

Then your light shall break forth
like the dawn,
and your healing shall spring up
quickly;
your vindicator shall go before
you,
the glory of the Lord shall be your
rearguard.

Then you shall call, and the Lord
will answer;
you shall cry for help, and he will
say, Here I am.

This is the word of the Lord.

All Thanks be to God.

Gradual hymn 604

1 Corinthians 2:1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'— these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being

knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the word of the Lord.

All Thanks be to God.

Alleluia *Taizé*

The Lord be with you

All and also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

Matthew 5:13-20

Jesus went up the mountain and was joined by his disciples. Then he began to teach them:

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under-foot.

'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

Offertory hymn 712

Anthem God be in my head - *Wilby*

Communion hymns 426
440

Final hymn 601

Organ voluntary Moderato (from Drei Tonstücke) – *Niels Gade*

If you wish to contribute towards a gift for Bishop Stephen, please give this to Christine Foot by the end of February. Bishop Stephen is the Bishop of Chelmsford and has been appointed to succeed John Sentamu as Archbishop of York.

Quinquagesima Lunch: Sunday 23rd February, meet in the Minor Hall at 12.30pm for lunch at 1pm in the Main Hall. £10 per person, please contact Joan Prudden to book on 01708 223744.

Preparations are in hand for the Tombola Stall at the St Laurence Church Fete in June. I should therefore be grateful if you have any unwanted Christmas presents that you would consider kindly donating them to the Tombola Stall. Please give any such unwanted gifts to me, Doreen Hagan, or Paul Hagan. Thank you.

Westminster Abbey Parish Pass. This pass admits parties of up to 4 people free of charge into the Abbey. If you wish to use the pass during the school holidays please speak with Joanne in the Parish Office.

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name Telephone

Address

Charity of the Month: London's Air Ambulance



London's Air Ambulance is the charity that delivers an advanced trauma team to London's most seriously injured patients, using a helicopter from 8am to sunset and rapid response cars at night or in adverse weather situations. London's Air Ambulance brings the hospital to the patient when time is critical. They perform innovative and potentially life-saving procedures, which are usually found in the emergency department, on-scene. The team, consisting of an advanced trauma doctor, paramedic and consultant, can perform treatments such as open heart surgery, blood transfusions and general anaesthetic by the roadside.

By providing intervention as quickly as possible after injury they aim to give patients the best chance of survival and quality of life after trauma.

They serve the 10 million people that live, work and travel within the M25, treating an average of five patients every day. The most common incidents they attend include road traffic collisions, stabbings and shootings, falls from a height and incidents on the rail network.

PCC Members for the coming year are elected annually at the APCM Meeting, which will be held on Sunday 15th March 2020. If you think this could be a role which would enable you to actively live out your faith and wish to know more please speak with Christine Foot or Revd Susannah.

Deanery Synod Representatives will also be elected at the APCM. Representatives play a vital role in St Laurence's relationship with other churches in the Deanery of Havering and consider issues within our local communities. Please speak with Revd Susannah for further information about this role.

Sidespeople - A few more people joining the teams would be welcome. Sidespeople set out some of the items used during services, distribute hymn books and service sheets, welcome people and help newcomers, direct people during holy communion and then tidy up after the service has finished. If you would like to serve in this way please leave your name with Christine Foot.

Places on the St Laurence Church Building Improvements Fundraising Committee are available, one is the position of Chairman. If you would like to be involved in the process of raising funds and organising events please see Revd Susannah.

FOR YOUR PRAYERS

The prayer lists are updated on the first day of each month. If you would like to renew or add a name to the list, please fill in a form at the back of church and leave it in the Prayer Box. *Those on the list for Special Concern will be held in our prayers every Sunday and will be mentioned by name either at 8.00 am or 9.30 am. Please remember all in your prayers throughout the week.*

Special concern:

(8.00 am) Yvonne Rattley, Pat Silverlock, Agnes Trievner, Pam, Hayden Keeling, Stewart Ranson, Alan Evens, Justine Milner, Cherry, Patricia Gillman, Edie Jackson.

(9.30 am) Jim Turner, Edgar Iffland, Michael McSweeney, Lorna Wells, Albert and Jean Clements, Poppy, Thomas, Katie Louise Tape, Ellen Stone, Maurice Purver, Alan, John Beeton, Terry Bryan, Pearl Clifton, Kathleen Jones.

Those receiving Home Communion this week: Margaret Roome, Jean Cant, Dorothy Sykes, Vera Richards, Brenda Taylor, Denise Comer.

The departed: Rosalind Roberts, The Revd Canon David Adam.

Anniversaries: Lilian Staines, Fred McGuire, Hilda Goer, Joan Kydd, Daphne Sawyer, Joan Herbert, Jim Menah, Roy Walker, Pat Worton, Margaret Blanch, Jean Blow.

Please remember those who mourn.

If you would like a name added to the Anniversary list please speak to the Parish Office.

CONTACTS

Rector The Revd Susannah Brasier

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Associate Priest Fr Roy Murray

01708 225374 roy.murray@upminsterparish.co.uk

Pastoral Assistant Deborah Masterson

01708 760485 deborah.masterson@upminsterparish.co.uk

Churchwarden

Christine Foot via Parish Office 01708 220696 parish.office@upminsterparish.co.uk

Director of Music Richard Brasier brasier_96@hotmail.com

Parish Office Joanne Chapman 01708 220696 parish.office@upminsterparish.co.uk

Tuesdays 10.30am-12.30pm, Wednesdays 9.10-11am, Thursdays 9.10am-12noon

Hall Bookings Carole Billings 01708 749670 carole.billings1@btinternet.com

Planned Giving Steve Roome (01708 220696 Parish Office)

Website www.upminsterparish.co.uk

Postal Address St Laurence Church, Corbets Tey Road, Upminster, Essex, RM14 2BB

Daily Prayers, Psalms and Readings are included in the *Time for God* Prayer Diary which you can receive on request. You may also wish to use the *Time for God* Daily Office. If you would like to receive the Prayer Diary, or would like further information, please contact the Parish Office with your contact details (email address or postal address). If you would like to update any of the 'People' information on the Prayer Diary, please speak to Nick Butler on nickbutlerupm@gmail.com or 07792123630.