

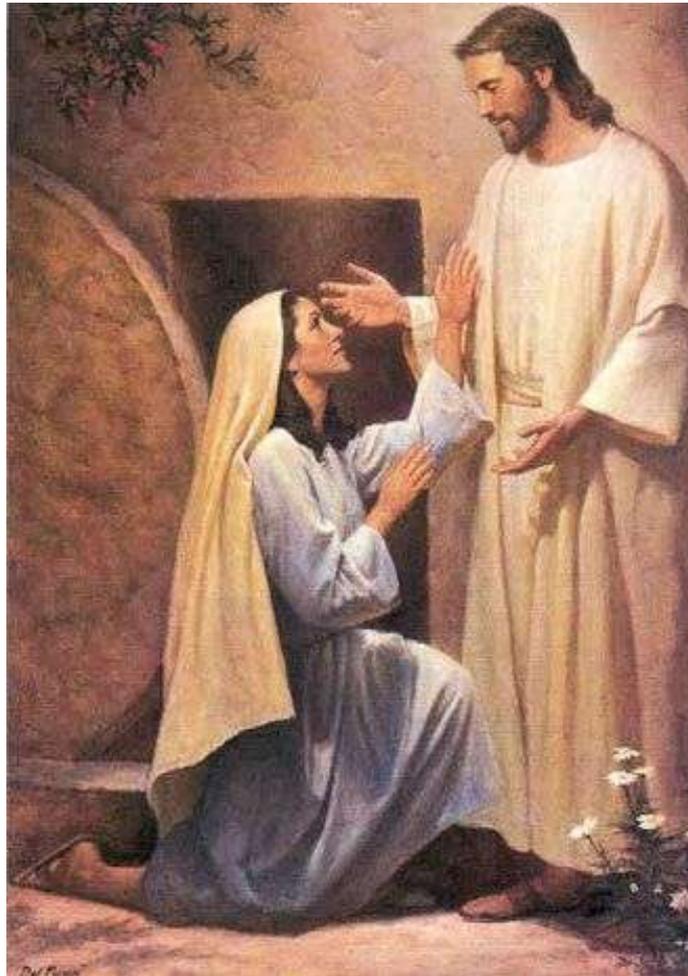
June and July 2024



GRIDIRON

The Magazine of the Parish Church of
Saint Laurence Upminster

£1



Jesus said to her, 'Mary.'
Mary Magdalene - 22nd July

Service Times

The service schedule may change at short notice. Please refer to Porchtalk or contact the Parish Office for up-to-date information.

Sundays

Holy Communion	08.00
Sung Parish Mass	09.30
Sunday Schools	09.30
Evensong	18.30
<i>(see Parish Diary for details)</i>	

Weekdays

Tuesday	Morning Prayer	09.10
Wednesday	Morning Prayer	08.45
	Mass	11.00
	Evening Prayer	16.15
Thursday	Morning Prayer	09.10

Footsteps

This Service for pre-school children and grown-ups normally takes place monthly on a Monday at 09.30 in the Lady Chapel. The next service is on **24th June**.



Additional services on Saints' Days are shown in the Diary in the back pages.

Baptisms and Wedding Banns

These are administered during public services.
Please contact the Parish Office to make arrangements.

Confessions

By appointment with the clergy.

Please inform the Parish Office or Revd Susannah of anyone who is ill or in need of a pastoral visit.

See back pages for useful telephone contact numbers

www.upminsterparish.co.uk

Parish Office ☎ 01708 220696

parish.office@upminsterparish.co.uk

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From Revd Catherine

Old-fashioned? New-fangled? Post-modernistic? Or just de-ranged?

When I was young, attitudes in society were on the move. Things were changing, we thought, for the better.

My grandparents had been brought up in the era of the 'stiff upper lip,' and told firmly to 'button it back in,' if they even remotely looked as if they might be about 'to wibble' - to express an emotion in public, or even, within the confines of family walls. And walls they were, back in the day.

Then, following the Second World War, came an explosion in research and developmental thought in the sphere of social psychology. Suffering from collective shell shock, in the realisation of the extent and ghastly realities of the Holocaust, academics strove to understand how personality developed and was influenced by social factors. Epiphany moments abounded, and it came to be acknowledged that big boys, too, needed to cry.

'New-fangled ideas,' as I can hear Grandma calling them, gradually became accepted as healthy norms: emotional intelligence became 'a thing' and disrespect could be freely expressed in colourful terms, by the likes of Bridget Jones, for a man who chose to ignore (or exploit) new cultural developments in the fields of love and emotions.

Then, came the internet. The internet rapidly sped us through from old-fashioned identity politics to post-modern identity formation through a process known as 'bricolage': teenagers were no longer constrained by individual factors in deciding how they wished to present themselves in society but could choose from a vast array of factors, 'pick-and-mix' style, as if choosing sweets from a plethora on display, on the counters of a Woolworth's store. You were no longer fighting for the rights of women, or the working class alone (for example) but could construct yourself choosing any number of identities usually with additional characteristics thrown in, for your preferred styles of music and dress.

It was different, but parents could still understand it, could still see where the influences working on their children were coming from. Could enjoy listening

to Indie music and refrain from commenting on its blend of folk, soul or beat poet influences. Could buy their offspring dungarees and wellies in the summer, while pointing at the newspaper picture of a dead Leah Betts, frayed but still clinging onto the fridge by two magnets.

Then, came social media. Now, we do not know, we cannot see, the influences coming to bear upon our children; the 'societies' they engage with. They are 'out of range' to us. My own children, in their late twenties, say they're glad they came through formation when they did; on the cusp of the change, the turn to the 'de-ranged.'

Today, a lad of fourteen was stabbed, killed, on his way to school, nine miles from St Laurence.

When my kids were growing up, a friend had signs in her driveway: 'Warning: Free-range Children!' I wonder where her grandkids play.

So, now, I'm going to do two things and I'm going to ask you to do one or both, too. I'm going to pray. I'm going to pray – and write a letter, because this is beyond the boundaries of identity or party politics. It is, quite simply, de-ranged.

St Laurence Church Building Improvements Project

The Building Improvements Team is a small group who have worked very hard over the recent years to raise funds for this project. Details of the project can be seen at the back of church. The team members are: Debbie Stewart, Christine Clifford, Sarah Keen, Revd Susannah and Chris Mowat. If you have any ideas for fundraising or would like to join the team, please do see one of the existing members. You can make donations to this project in a variety of ways: use the Building Improvements-labelled wall safe by the church door; speak to one of the team; or, if you prefer, scan this QR code:



**You can advertise in Gridiron from as little as
£11 per issue. Please contact Maureen Gourley
01708 640747 mlgourley@talktalk.net**



From the Editors

Dear Readers

The image on the front cover depicts the moment when Mary Magdalene recognised the risen Lord in the garden of Gethsemane. Mary became a disciple when she came to Jesus, weighed down with the baggage of life. She was so troubled that seven demons came out of her. With so many demons her life must have been pretty dire. If you like, she had hit rock bottom. Yet, through that despair she could see a glimmer of light, a flicker of hope: Jesus. The gospels tell us that Mary came and was healed, believed and was set free. She soon became a devoted servant, a much loved disciple and lived a life of giving, and then, at that second moment of despair, she heard his voice once again. Thinking of Mary's story a hymn came to mind: 'I heard the voice of Jesus say'. May each and everyone hear that voice. Amen.

Joanne Chapman, Editor

From the Parish Registers

BAPTISM

We welcome into the family of the church and pray for:

5th May Joseph Peter George Crocker
Ada Violet Mann



August and September Magazine Deadline

Items for inclusion in the August and September edition of *Gridiron* should reach the editorial team by **Friday 5th July**. We would prefer to receive items by e-mail at gridiron@upminsterparish.co.uk. Paper copy is acceptable but should be submitted to us as early as possible. The **August and September** Magazine will be on sale from **Sunday 28th July**.

Diane Bonny 1933-2024



Diane Bonny, a resident of Upminster for nearly 50 years, and a hugely committed member of St Laurence Church, passed away peacefully on the 4th April 2024, with her family around her.

Along with her husband Keith, who died in September 2016, Diane had a strong Christian faith from her childhood to her final moment. She loved St Laurence Church and its community and liked to contribute in every way she could, including singing in the choir, arranging the flowers, and running a popular Lent discussion group.

Diane qualified as a teacher in Oxford in 1966, and taught for many years at local schools. She loved to meet her ex-students in the Upminster shops, and to hear about their careers and lives!

Diane moved from Upminster to a modern apartment complex in High Wycombe in 2020, and continued to support St Laurence Church from there. She always read *Gridiron* with interest, and participated in the Lent Group online. Members of the Lent Group also enjoyed a visit to her in her new home, and felt she had made an excellent move. She will be missed by many.



Building Improvements Group

by Debbie Stewart

An enjoyable evening of delicious food and pleasant company was had by all who attended our **St George's Day Meal** at Top Meadow Golf Club on 23rd April. The option this time of either a two- or three-course meal proved to be popular.



Despite a few last-minute cancellations there were still over 50 in our party and we raised £302.50 towards our building project (plus a further £35 of donations, including £10 from another restaurant diner who wanted to give us her support saying, 'Every church deserves to have its own loo!').

Thanks go to Rob Brabner who kindly took these photos for us:



At the time of writing we are looking forward to our **Quiz Evening** on 11th May which Tony Bloomfield has kindly offered to run for us. We are also planning our **Mediterranean Evening** on 22nd June and hope that you will be able to join us for a fun evening of food and drink from around that area plus music, entertainment and a little quiz to test our grey cells! Dress code? Holiday wear - as bright/loud as possible! (See advert elsewhere in *Gridiron* for more details).

Building Improvements Team (Debbie Stewart, Christine Clifford, Sarah Keen, Revd Susannah & Chris Mowat)

What's In A Name?

by Rob Brabner

A number of the city churches have names that are a bit of a puzzle and I thought it might be interesting to provide an explanation. There are, of course, plenty of the City Churches that have straightforward dedications, ie. St Olave, Hart Street, but others are not so obvious.

St Andrew Undershaft, St Mary Axe, off Leadenhall Street

Takes its name from the maypole which once stood higher than the church tower on May Day and was taken down permanently after riots in 1517 and was later destroyed as a 'pagan idol'. These days the church stands within the the shadow of the 'Gherkin'.



St Andrew by the Wardrobe, Queen Victoria Street

Named after the nearby King's Wardrobe, where the monarch's clothing and other stores were housed from the mid-C14 until the Great Fire in 1666. Rather appropriately, up to a few years ago, the church gave room in the church's gallery to a charity that provided suitable clothing for the unemployed to enable them to attend job interviews!

St Giles' Cripplegate, Barbican

Cripplegatemay refer to 'cripples' (not a term we would use today) or it may derive from the Anglo-Saxon word 'crepel', meaning a covered passage which could have linked the City wall with a nearby barbican or watch tower.

St James Garlickhythe, Upper Thames Street

Dedicated to St James the Apostle, who died in Spain where his bones were apparently discovered 800 years later at Compostela. Pilgrims to the site traditionally carried scallop shells, which became the saint's symbol, and the church has various scallop shell symbols displayed around the interior. Incidentally, pilgrims undertaking the Compostela Pilgrimage who start from London do so from St James and the church has a rubber stamp to endorse the pilgrim's certificate.

Garlickhythe refers to the nearby wharf where garlic was brought into the City from Spain.

St Katharine Cree, Leadenhall Street

The church was originally built in the grounds of Holy Trinity Priory in c. 1280 to provide a lay church which would not interfere with the devotions of the canons in the Augustinian monastery. 'Cree' is a medieval corruption of 'Christ Church' - a reference to the priory. St Katharine's was fortunate to escape serious damage in both the Great Fire of 1666 and in WW2.

Visiting City Churches

Many of the City Churches are available to visit. Do check the individual web sites before visiting for opening times and services, and also concerts. Alternatively, visit the Friends of the City Churches website (www.london-city-churches.org.uk). The Friends are based at St Mary Abchurch, Abchurch Lane.

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A Message from Spain

by George Stack

The Most Reverend George Stack was installed as Archbishop of Cardiff (RC) in 2011, and retired in 2022. He was ordained priest in 1972, has served in various places including Wood Green and Kentish Town. He served as Administrator of Westminster Cathedral and as a Bishop in the Archdiocese of Westminster.

St Teresa of Avila (1515 - 1582, aged 67). She was a Carmelite Nun, the first of four women to have been named doctor of the church. Her ascetic doctrine and Carmelite reforms shaped the Roman Catholic contemplative life, and her writings on the Christian soul's journey to God are considered masterpieces.

St John of the Cross (1542 - 1591, aged 49). John of the Cross is considered a great saint, a reformer, a mystic and one of the great Spanish poets. He inspired many men and women to pursue a holy life to God and exploring the mysterious heights and depths of divine love.

With its music, culture and extraordinary history, I've long been fascinated by Spain. The fortress town of Avila in Castile is quite spectacular. It was there that the great St Teresa of Avila persuaded St John of the Cross to become her spiritual director. Together they followed the mystical path called the 'Ascent to Nothingness'. This teaches that God is all, and a life which is already overcrowded cannot receive the fullness of God's gift. So the challenge of this teaching is to empty ourselves of those things we think give identity, security and meaning to our lives. In that emptiness, we'll discover the things of God. St John of the Cross described this as nada, nothing. Let nothing come between yourself and the ground of your being - God Himself.

The greatness of John's mystical path lies in his objective, heroic, analytical and rational approach to the subject. He avoids the extreme emotions which promise heaven or threaten hell. He invites Teresa and those who follow him to realise that nothing is lost and all is gained in opening the depth of our being to the presence and the love of God.

So, a prayer of St Teresa:
Let nothing disturb thee
Let nothing dismay thee
All things pass
God never changes
Patience attains
All that it strives for

He who has God
Lacks for nothing
God alone suffices
Amen

The above was first broadcast on BBC Radio 4's 'Thought for the Day' on Thursday 13th March 2014. Text published in 2016 by Watkins, an imprint of Watkins Media Ltd.

The Cuckoo

by Michael Blencowe of the Sussex Wildlife Trust



Is it me or are rock bands today getting less and less offensive? I sometimes find myself harking back to simpler, happier times when young punks were lining up to shock us. Nowadays, when I feel the need to be outraged, I turn to a bird whose scandalous behaviour still embodies the filth and the fury of The Sex Pistols in their prime.

The cuckoo creates avian anarchy in the UK every summer. If you delight in watching the honest, hard-working attempts of other birds to build a home and raise a family, the cuckoo sticks two feathers up to you. Its non-conformist lifestyle is a 'monstrous outrage on maternal affection', 'a blight on creation'.

The male cuckoo doesn't hide his contempt for society. Each spring he announces his arrival by shamelessly shouting out his name. It's one bird call in Britain which everyone recognises. Two simple chords (just like all the best punk songs). Cuckoos also utter a callous cackle that would make any panto villain proud. It's almost as if they can't stop the evil within from bubbling out: 'Mwah-ha-ha-ha'.

But save your boos and hisses for the female cuckoo. She coldly targets a couple of unsuspecting love-birds, patiently stakes out their nest and then strikes. After snatching one of their eggs in her beak she fires her own replacement egg into the nest and scarpers. It's over in ten seconds. The parents return to the same number of same-coloured eggs; they suspect nothing. This perfect crime can be re-enacted in a further twenty nests.

With baby cuckoos there's no nature or nurture argument. They're simply born bad. Upon hatching, the evil infant's first instinct is to eject all other eggs from the nest. Once alone, this bully incessantly screams 'feed me, feed me' at its bewildered surrogate parents who are so busy finding food they don't have the time to stop and say, 'Hey, wait a minute.....'. The imposter grows bigger...and bigger...eventually outgrowing the nest until it resembles a coconut in an egg-cup.

As you read this, our adult cuckoos will already be on a carefree cruise back to Africa. Yet despite the trail of chaos and outrage they leave in their wake, our



cuckoos have recently started doing something that has really upset us all - they've stopped coming back. That distant two-chord call is becoming more and more distant each year. Cuckoo numbers are dropping, possibly due to a lack of food in England, in Africa and on the migration routes in between. Could it be possible that this wonderful bird with its songs and bad behaviour may, like punk rock, be consigned to a lost era of our history? Now that really would be an outrage.

Just one swap... Just my drop!



It's easy to feel overwhelmed by the scale of problems in creation. Sometimes, we all feel, 'But what can I do? I'm just one person, my changes would be so small!' In Uganda, they have a saying when the scale of a problem seems too large for just one person to contribute to change. They say: Drop by drop, fills the pot!

At St Laurence, rather than feeling there's nothing we can do, we'd like to encourage one another to contribute our 'drops' into the pot of caring for creation. We've come up with ways to make our everyday choices a little greener: some ideas for simple swaps around the home.

Simple Swap No. 4 - Floor Cloths: Flash (or similar) disposable floor cloths are a continuing cost both financially and environmentally.

If you have a floor mop 'system', swap to a reusable and washable cloth instead. Repurposed old towels and flannels work well for this, cost nothing and reuse otherwise unwanted items.

Microfibre/E-Cloths are made from plastic fibres and can release microplastics. Repurposed towels/T-shirts etc make excellent cleaning cloths. To make sure you don't mix up your kitchen/bathroom cloths, mark them with coloured thread or ribbons - pink for the sink, blue for the loo!

Simple Swap No. 5 - Plastic Toilet Brushes lose their plastic bristles which releases plastic waste into the waterways.

Swap to a natural wooden and coconut fibre bristle loo brush. No need to change your brush holder. Rinse and allow the brush to dry before replacing in holder.

Easter Preparations A huge thank you to everyone who put such time, energy and effort into cleaning and decorating the church for Easter. These are just a few photos of their efforts and the resulting garden scene, flowers and tidiness of the church.



Children's Good Friday Three Hours Activities



Induction into the Choir at St Laurence

Nigel Lockwood - Acting Director of Music (and of course a very proud Grandad to Ezra!!)

Over the years the Choir at StLaurence has been blessed with congregational families providing choristers generation after generation.

Sunday, 14th April saw the next generation of the Lockwoods being inducted by Susannah into the ranks of our singers.

Ezra follows in the footsteps of his Dad and Aunt (David and Helen) and not forgetting his Nan, Linda, a current soprano.

The induction happened after Ezra had been a probationer for just over a year, and starting his Royal School of Church Music 'Voice for Life' training.



Where to hear a cuckoo?

Clive & Penny Edwards



Michael Blencowe's wonderful piece in this magazine laments the fall in cuckoo populations. There is some hope for the cuckoo.

Knepp is a 3,500 acre rewilding project near Horsham in Sussex. Rewilding started there 20 years ago and since then many endangered species such as turtle doves, nightingales and Purple Emperor butterflies have found sanctuary on the estate. Cuckoos also visit the site and can be heard in the Spring. In fact, when we visited last year, the cuckoo was so vociferous it became almost commonplace that day. Seeing stork flying overhead is surreal and wonderful.

It is a glorious place to visit. Free roaming cattle, deer, horses and pigs help generate habitat complexity and biodiversity.

Visitors are required to keep to the public footpaths and familiarise themselves with essential information before they visit: <https://knepp.co.uk/visit-knepp/walks-at-knepp/>

It is a truly 'happy place' and one we would highly recommend for a walk and reconnection with nature.

If you would like to know more detail, the book 'Wilding' by Isabella Tree is a fascinating insight into the Knepp project. It is available in paperback.*

'To hear a cuckoo, step into our back garden at 19 Fleet Close' Keith & Debbie Stewart.

*The online bookshops Bookshop.org and Hive.co.uk both support independent, local bookshops with every sale made.



Open Farm Sunday - 9th June

Open Farm Sunday, organised by the global sustainable farming charity LEAF (Linking Environment And Farming), is back for its 18th year and offers the public a chance to see how farmers can produce food sustainably, while also caring for the environment and wildlife. The event has been praised as being a 'great family day out'.

Some farms opening on Open Farm Sunday are also LEAF Marque certified. This means that they practise regenerative farming, nurture healthy soil, protect water, support nature conservation and enhance wildlife habitats.

On those farms, people can find out more about the LEAF Marque, which they may have already seen on fruit, vegetables and other products in the supermarkets. *More details at: www.farmsunday.org*

Centenary Celebrations

2nd Upminster (St Laurence) Scouts

The year 2024 marks the 100th Anniversary of the foundation of the 2nd Upminster (St Laurence) Scout Group. As part of our celebrations, we will be holding a celebration of our 100 years on Sunday 10th November (following Remembrance Day services) and we are keen to hear from past members and leaders who have memorabilia, pictures or stories that could help to paint a picture of Scouting in Upminster. If you have any information that you are able to share or are a past member or leader and would like to attend, please contact us via our website www.2ndupminsterscouts.org.uk (or please contact St Laurence Parish Office if you do not have internet access but would like to be put in touch with the Scout Group).

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The RSPCA celebrates 200 years

It was 200 years ago this month, on 16th June 1824, that a London vicar, Arthur Broome, and his friends decided to found the Society for the Prevention of Cruelty to Animals (SPCA). It was the first national animal protection society in the world. Wilberforce, who was also known for campaigning to end slavery in the British colonies, now turned his attention also to the welfare of animals.

At the time, compassion for animals was regarded as strange. But the SPCA began to change all that, by working tirelessly to promote kindness and to prevent cruelty to animals.

By 1840 the Society's work was held in such high regard that Queen Victoria gave her permission for the SPCA to be called the Royal Society for the Prevention of Cruelty to Animals. By then there were five full-time inspectors, who were paid a guinea a week.

Nowadays, the Society has many staff in England and Wales, including 323 inspectors and many volunteers. It is a charity and receives no government funding. It looks after ALL animals, including farm animals, wildlife, pets, and research animals.

A Moment In Time

*A Poem for Harry by Sophie
from the cat re-homing hub at: cathub.co.uk*



Looking through my window, they often come, then go. A pained expression on her face, of their stories she relays.

These feline friends I observe, with fear on their face, as they arrive at the Cat Hub, unbeknowningly now safe.

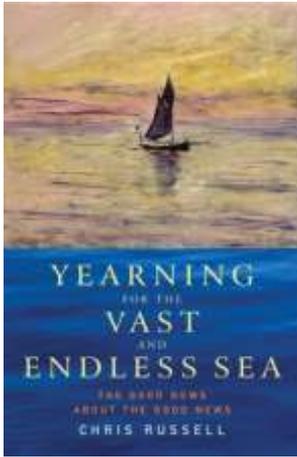
A few weeks pass and they relax, settled in their temporary home. Until that fateful day, when she answers her phone.

'Oh yes!' she says, 'He is still available.' No wait, is she speaking of me! She gazes over in my direction.

But her eyes move left and are not for me, but Fluffy. He's young, he's playful, cute and colourful. He's now reserved.

Looking through my window, they often come and go.

'Your time will come too, Harry', she says. I'm counting down the days.



Books to read this summer...

Yearning for the Vast and Endless Sea – the Good News about the Good News by Chris Russell, Canterbury Press, £16.99

Evangelism can create suspicion or imply tribalism, or can be seen as a desperate response to falling numbers.

But what if we recovered an authentic understanding of evangelism as good news that enables people to know that they are drenched in the love and grace of God? And how do we do that?

This is a book for everyone who wants to share the gospel but is wary of how to do so. Its title is taken from Saint-Exupéry, 'If you want to build a ship, don't drum up the people to gather wood, and give orders. Instead, teach them to yearn for the vast and endless sea.'

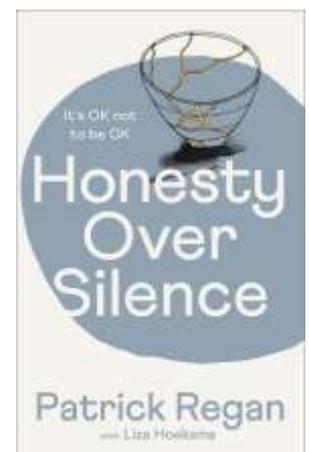
Drawing on writers like Bonhoeffer, Newbigin and Pope Francis' landmark *Evangelii Gaudium*, Chris Russell aims to set the ideal of evangelism in a deeper and richer theological context. He asks how the Church and individual Christians can communicate the love of God in language and action, and explores how the Good News is received.

Honesty Over Silence – it's OK not to be OK by Patrick Regan, SPCK, £9.99

This book opens the conversation on spirituality and mental health in a way that shows you that you are not alone.

'Honesty Over Silence' tackles topics that many find difficult, such as trusting God when life is painful, dealing with anxiety and depression, learning to look after ourselves, developing our character, and living with thankful hearts even in tough seasons.

It examines our strength in letting go of our need to be in control, as well as looking at how we can stop comparing ourselves to others, and instead live authentically and honestly as we grow into the people God has created us to be.





St Laurence Church, Upminster

Mediterranean Evening

with food and drink on a Mediterranean theme

SATURDAY 22ND JUNE

7PM

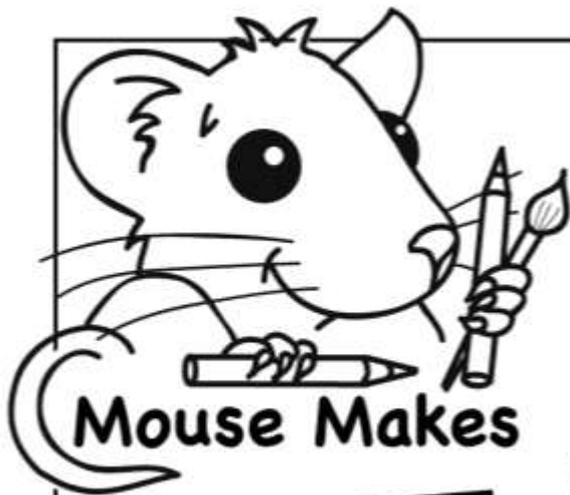
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or 01708 220696

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Building Improvements
Project*



Mouse Makes

Change each letter in this bible verse to the letter before it in the alphabet.

TFF XIBU LJOE PG
 MPWF UIF GBUIFS
 IBT HJWFO UP VT
 UIBU XF TIPVME
 CF DBMMFE
 DIJMESFO PG HPE
 POF KPIO UISFF: POF

Solomon's father defeated a giant and became a King. Who was he?

 1 Samuel 48-50

Whose daughter was healed by Jesus?

 Mark 5:21

A G A D A U G H T E R E G
 V A S E Z E C H A R I A H
 J M O S E S A J A C O B O
 A Z L I B O F A T H E R P
 I J O S E P H J A N O A H
 R O M A D A V I D G E H N
 U B O A E I D A S O N A O
 S V N C E E Z E A D A M A

WHO IS MY FATHER?

Who was created by God and became the first father?

 Genesis 2:20

Who had a son when he was very old?

 Genesis 21:5

Shem Ham and Japheth's father built a huge boat, who was he?

 Genesis 6:10-14

Who gave his son Joseph a robe of many colours?

 Genesis 37:2-3



This Roman puzzle square reads the same from the top, bottom and sides and translates:
"Arepo the sower guides the wheel with skill."

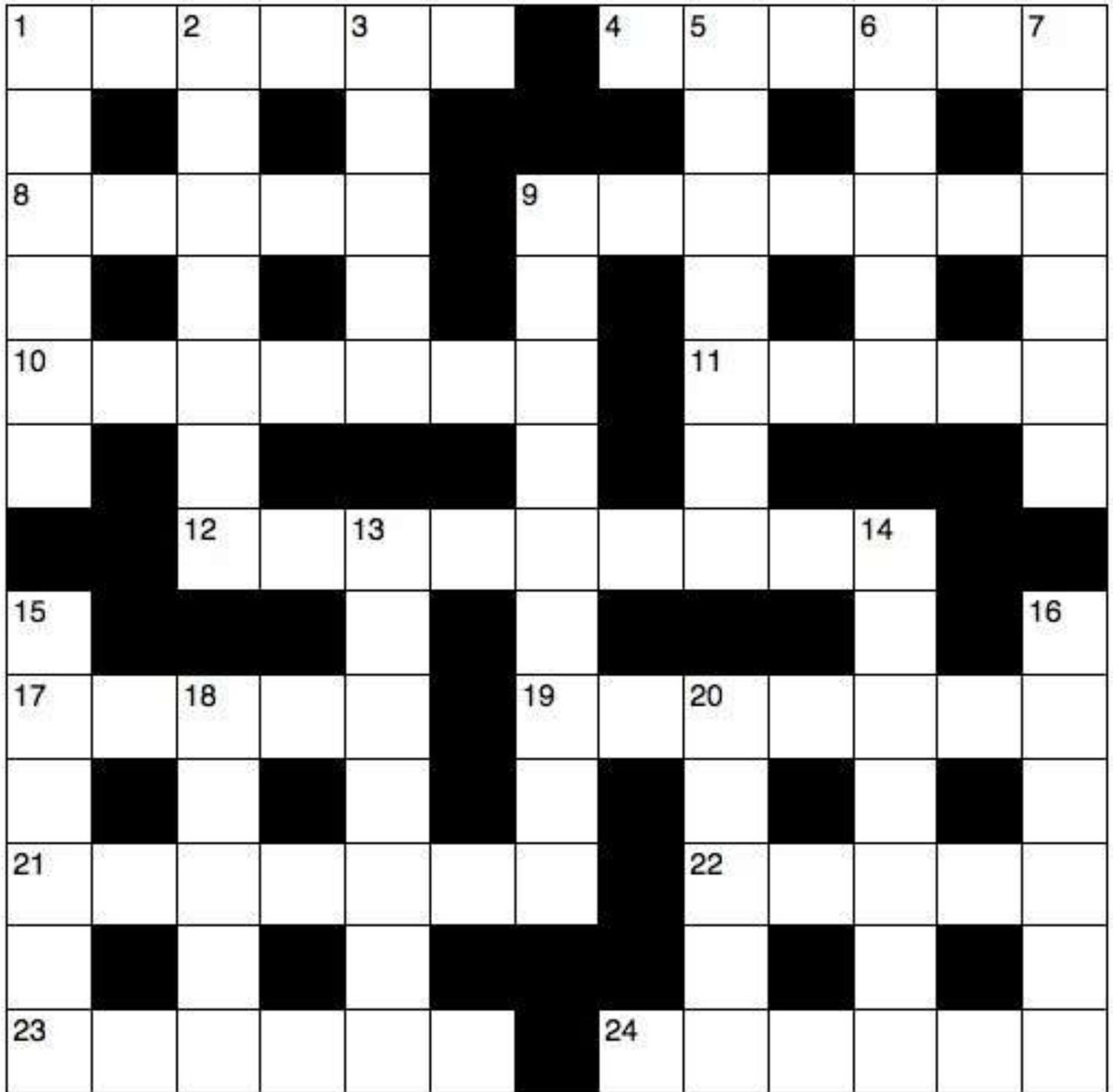
ROTAS
 OPERA
 TENET
 AREPO
 SATOR

If you rearrange the letters it can spell **PATER NOSTER** which means **"Our Father"**.

A
 P
 A
 T
 E
 R
 I
 N
 O
 S
 T
 E
 R
 O

Look up the Bible verses to find the fathers then look for them and the words below in the word search.

FATHER • GOD
 SON • DAUGHTER
 JOSEPH • ISAAC
 MOSES • JOB
 SOLOMON
 ZECHARIAH
 ZEBEDEE



ACROSS

- 1 Military tactic used by Joshua to attack and destroy the city of Ai (Joshua 8:2) (6)
- 4 Place of learning (6)
- 8 'When Moses' hands grew _____, they took a stone and put it under him and he sat on it' (Exodus 17:12) (5)
- 9 Unpleasant auguries of the end of the age, as forecast by Jesus (Matthew 24:7) (7)

- 10 Stronghold to which girls in King Xerxes' harem (including Esther) were taken (Esther 2:8) (7)
- 11 Where Saul went to consult a medium before fighting the Philistines (1 Samuel 28:7) (5)
- 12 Propitiation (Hebrews 2:17) (9)
- 17 Turn away (Jeremiah 11:15) (5)
- 19 So clear (anag.) (7)
- 21 'I have just got _____ , so I can't come': one excuse to be absent from the great banquet (Luke 14:20) (7)
- 22 Long weapon with a pointed head used by horsemen (Job 39:23) (5)
- 23 Musical beat (6)
- 24 What the Israelites were told to use to daub blood on their door-frames at the first Passover (Exodus 12:22) (6)

DOWN

- 1 Fasten (Exodus 28:37) (6)
- 2 Art bite (anag.) (7)
- 3 'The people of the city were divided; some _____ with the Jews, others with the apostles' (Acts 14:4) (5)
- 5 Contend (Jeremiah 12:5) (7)
- 6 Possessed (Job 1:3) (5)
- 7 Sheen (Lamentations 4:1) (6)
- 9 'You love evil rather than good, _____ rather than speaking the truth' (Psalm 52:3) (9)
- 13 Large flightless bird (Job 39:13) (7)
- 14 They were worth several hundred pounds each (Matthew 25:15) (7)
- 15 'A _____ went out to sow his seed' (Matthew 13:3) (6)
- 16 How Jesus described Jairus's daughter when he went into the room where she lay (Mark 5:39) (6)
- 18 The part of the day when the women went to the tomb on the first Easter morning (John 20:1) (5)
- 20 Narrow passageway between buildings (Luke 14:21) (5)

Answers to the April/May Crossword

ACROSS: 8 Transgressors; 9 Out; 10 Ephesians; 11 Throb; 13 Ramadan; 16 Nearest; 19 Neath; 22 Childless; 24 Ant; 25 Excommunicate.
DOWN: 1 Utmost; 2 Easter; 3 Assemble; 4 Archer; 5 Isis; 6 To hand; 7 As a son; 12 Hoe; 14 Monastic; 15 Apt; 16 Nuclei; 17 A piece; 18 Tied up; 20 Ararat; 21 Hatred; 23 Dome.

Charity of the Month



June: Young Lives vs Cancer

Young Lives vs Cancer is a charity that helps children, young people and their families find the strength to face whatever cancer throws at them. They understand that everyone is different and work hard to make sure each family has what they need.

Services and care include...

- Day-to-day support, information, guidance and clinical care when a child is diagnosed with cancer and undergoes treatment.
- Financial grants for struggling parents or for young people who can't afford to get to hospital.
- Free 'Homes from Home', which are sited close to the hospitals, let families stay together.
- Emotional and educational support for teens and young people, helping them keep in touch with friends and organising school work.
- Preparing children and parents for death and providing bereavement support afterwards.

If they think families are not being heard, they speak up on their behalf by raising awareness of children and young people's experiences and championing their voices to politicians and decision-makers across the UK.

July: Christian Aid

Christian Aid is a global movement of people, churches and local organisations working together to eradicate poverty. Everyone is equal in the sight of God, and yet, we live in a world where poverty still persists.



That truth has inspired people to stand together in solidarity with the most marginalised people around the world. Not just people professing a Christian faith, but people of all faiths and those of no faith, too.

Poverty is an outrage against humanity. It robs people of their dignity and lets injustice thrive. Christian Aid seeks to eradicate extreme poverty by tackling its root causes, standing up for dignity, equality and justice and creating lasting change.

Parish Diary for June

See inside front cover for regular Sunday service times

Sat	1 st	<i>Justin, martyr, c165</i>
Sun	2 nd	1st Sunday after Trinity, 6.30pm Evensong (on Zoom)
Mon	3 rd	<i>Martyrs of Uganda, 1885-7, 1977</i>
Tues	4 th	<i>Petroc, abbot, 6th cent.</i>
Wed	5 th	<i>Boniface (Wynfrith), bishop, martyr, 754</i> 7.30pm Halls Committee Meeting, Parish Office
Thurs	6 th	<i>Ini Kapuria, founder of the Melanesian Brotherhood, 1945</i> 8pm Choir Practice
Fri	7 th	10.30am Coffee Morning
Sat	8 th	<i>Thomas Ken, bishop, nonjuror, hymn writer, 1711</i>
Sun	9 th	2nd Sunday after Trinity, 9.30am Parish Mass with Baptisms and Admissions to First Holy Communion, 6.30pm Evensong (on Zoom)
Tues	11 th	<i>Barnabus the Apostle, 1.45pm Group visit to church</i>
Thurs	13 th	1.45pm Group visit to church, 8pm Choir Practice
Fri	14 th	<i>Richard Baxter, puritan diving, 1691</i> 10.30am Coffee Morning
Sat	15 th	<i>Evelyn Underhill, spiritual writer, 1941</i>
Sun	16 th	3rd Sunday after Trinity, 9.30am Parade Service Mass, 6.30pm Evensong (on Zoom)
Mon	17 th	<i>Samuel and Henrietta Barnes, social reformers, 1913 and 1936</i>
Tues	18 th	<i>Bernard Mizeki, martyr, 1896</i>
Wed	19 th	<i>Sundar Singh, sadhu (holy man), evangelist, teacher of the faith, 1929</i>
Thurs	20 th	8.00pm Choir Practice
Fri	21 st	10.30am Coffee Morning
Sat	22 nd	<i>Alban, first martyr of Britain, c250</i> 6pm Mediterranean Evening, Main Hall
Sun	23 rd	4th Sunday after Trinity, 6.30pm Evensong (on Zoom)
Mon	24 th	Birth of John the Baptist 9.30am Footsteps, 8pm CM&FG Meeting, Parish Office
Thurs	27 th	<i>Cyril, bishop, teacher of the faith, 444, 8pm Choir Practice</i>
Fri	28 th	<i>Irenaeus, bishop, teacher of the faith, c200, 10.30am Coffee Morning</i>
Sat	29 th	Peter and Paul, Apostles
Sun	30 th	5th Sunday after Trinity, 6.30pm Evensong (on Zoom)

Parish Diary for July

See inside front cover for regular Sunday service times

Mon	1 st	<i>Henry, John, and Henry Venn, priests, evangelical divines, 1797, 1813, 1873</i>
Wed	3 rd	Thomas the Apostle
Thurs	4 th	8pm Choir Practice
Fri	5 th	10.30am Coffee Morning
Sat	6 th	<i>Thomas More, scholar, and John Fisher, bishop, martyrs, 1535</i>
Sun	7 th	6th Sunday after Trinity, 6.30pm Evensong (on Zoom)
Thurs	11 th	<i>Benedict, abbot, c550, 8pm Choir Practice</i>
Fri	12 th	10.30am Coffee Morning
Sun	14 th	7th Sunday after Trinity, 6.30pm Evensong (on Zoom)
Mon	15 th	<i>Swithun, bishop, c862, Bonaventure, friar, bishop, teacher of the faith, 1274, 7.30pm PCC Meeting, Parish Office</i>
Tues	16 th	<i>Osmund, bishop, 1099</i>
Thurs	18 th	<i>Elizabeth Ferard, deaconess, founder of the Community of St Andrew, 1883, 8pm Choir Practice</i>
Fri	19 th	<i>Gregory, bishop, and his sister Macrina, deaconess, teachers of the faith, c394 and c379, 10.30am Coffee Morning</i>
Sat	20 th	<i>Margaret of Antioch, martyr, 4th cent., Bartolomé, de las Casas, Apostle to the Indies, 1566</i>
Sun	21 st	8th Sunday after Trinity, 6.30pm Evensong (on Zoom)
Mon	22 nd	Mary Magdalene
Tues	23 rd	<i>Bridget, abbess, 1373</i>
Thurs	25 th	James the Apostle, 8pm Choir Practice
Fri	26 th	<i>Anne and Joachim, parents of the Blessed Virgin Mary</i> 10.30am Coffee Morning
Sat	27 th	<i>Brooke Foss Westcott, bishop, teacher of the faith, 1901</i>
Sun	28 th	9th Sunday after Trinity, 6.30pm Evensong (on Zoom)
Mon	29 th	<i>Mary, Martha and Lazarus, companions of Our Lord</i>
Tues	30 th	<i>William Wilberforce, social reformer, Olaudah Equiano and Thomas Clarkson anti-slavery campaigners, 1833, 1797 and 1846</i>
Wed	31 st	<i>Ignatius of Layola, founder of the Society of Jesus, 1556</i>

Details of dates, times and venues of all meetings and events need to be recorded in the Parish Diary (Parish Office 01708 220696)



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