

The Church of Saint Laurence, Upminster

# PORCHTALK



7<sup>th</sup> July 2024 *Sixth Sunday after Trinity*

## Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

<b>Today</b>	Holy Communion	8.00 am
7 <sup>th</sup> July	Sung Parish Mass	9.30 am
6 <sup>th</sup> Sunday after Trinity	Evensong on Zoom	6.30 pm
<b>Wednesday</b>	Morning Prayer, Lady Chapel	8.45 am
10 <sup>th</sup> July	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
<b>Thursday</b>	Choir Practice	8.00 pm
11 <sup>th</sup> July		
<b>Friday</b>	Coffee Morning, Main Hall	10.30 am
12 <sup>th</sup> July		
<b>Saturday</b>	Organ Teaching	9.30 am
13 <sup>th</sup> July		
<b>Next Sunday</b>	Holy Communion	8.00 am
14 <sup>th</sup> July	Sung Parish Mass	9.30 am
7 <sup>th</sup> Sunday after Trinity	First Communion Session, Parish Office	11.00 am
	Evensong on Zoom	6.30 pm

**Evensong readings this Sunday:** Jeremiah 20:1-11a; Romans 14:1-17

**Mass readings next Sunday:** Amos 7:7-15; Ephesians 1:3-14; Mark 6:14-29

**Evensong readings next Sunday:** Job 4:1, 5:6-end; Romans 15:14-29

**Saturday Pathsweepers:** 13<sup>th</sup> - Mowat & Perchard. **Coffee:** 14<sup>th</sup> – Becky, Simon & Pauline

*Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.*

## NOTICES

**Visiting Priest:** Today we welcome the Ven. Chris Burke, Archdeacon of Barking to both 8am and 9.30am Masses.

**This morning** Margaret Goddard is celebrating a very special birthday. You are all welcome to join her in the Main Hall after 9.30am Mass for cake and wine.

**Would you like to be Confirmed?** - Confirmation is the rite where Christians affirm the promises made at their baptism and the Bishop prays that they may receive the strengthening power of God's Holy Spirit to help them to continue on their faith journey. It is also the point at which people are admitted to Holy Communion if they have not been admitted previously.

We plan to run Confirmation preparation during September and October for any teenagers or adults who wish to be confirmed this year. The course would consist of four sessions before the Confirmation (dates and times to be discussed with those who are interested) and one afterwards. The course is also open to those who might want to be confirmed but aren't sure, and to anyone who would appreciate an opportunity to explore some of the foundational aspects of Christian faith - whether as a 'refresher' or for the first time.

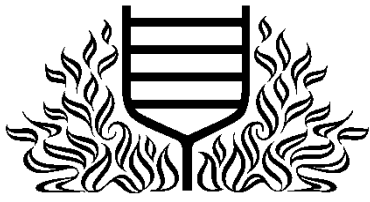
The Confirmation service itself would either be at St John's, Stratford at 6pm on Sunday 10<sup>th</sup> November, or at a location in Havering on the afternoon/evening of Sunday 13<sup>th</sup> October - I hope that the latter is possible as it would be closer, but it depends on numbers interested from St Laurence and other churches.

Please do speak to me, ideally by Sunday 21<sup>st</sup> July, if you would like to join the course and/or if you have any questions about Confirmation or related matters.  
Susannah

**Joanne is on leave** from 7<sup>th</sup> - 14<sup>th</sup> July. The Parish Office will be closed but any scheduled meetings will take place as usual.

**Another brick in the wall!** Our hugely enjoyable **Mediterranean Evening** on 22<sup>nd</sup> June raised almost **£1300** for the Building Improvement Project. If you didn't come, you missed a treat! Many thanks to everybody who worked so hard to make this happen and to all who supported us in any way, whether it be by attending, buying raffle tickets or making donations. Raffle winners were: Gill & Steve Roome (Hamper); Akosua Boachie (Tapas plates); Yvonne Osmond (Cointreau); Chris Mowat (Gin) and Penny Edwards (Bougainvillea). We welcome your ideas for possible future events and even more so if you are able to join our small but enthusiastic team to help these come to fruition. We cannot do this alone - we need your help if we are going to run more events like this in the future.

*Please consult notice boards under the tower and in the porch for other notices and further information*



# AT THE MASS

7<sup>th</sup> July 2024

*Sixth Sunday after Trinity*

**Introit** 713 Lord of all hopefulness

**Setting** The Addington Service - Shephard

## **Collect of the Day**

Merciful God,  
you have prepared for those who love you  
such good things as pass our understanding:  
pour into our hearts such love toward you  
that we, loving you in all things and above all things,  
may obtain your promises,  
which exceed all that we can desire;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

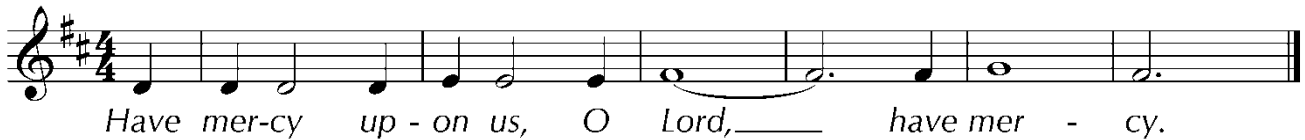
## **Ezekiel 2:1-5**

The heavens were opened, and I saw visions of God. When I saw this, I fell on my face, and I heard the voice of someone speaking.

He said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, 'Thus says the Lord God.' Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

## Responsorial Psalm 123

Keith Duke



© 2004 Copyright Kevin Mayhew Ltd. Reproduced by permission from *New Psalms for Common Worship*

To you I lift up my eyes, to you that are enthroned in the heavens. As the eyes of servants look to the hand of their master, or the eyes of a maid to the hand of her mistress, so our eyes wait upon the Lord our God, until he have mercy upon us.

Have mercy upon us, O Lord, have mercy upon us, for we have had more than enough of contempt. Our soul has had more than enough of the scorn of the arrogant, and of the contempt of the proud.

## 2 Corinthians 12:2-10

I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows— was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given to me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, 'My grace is sufficient for you, for power is made perfect in weakness.' So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

**Alleluia**

Taizé

## Mark 6:1-13

Jesus came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, 'Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?' And they took offence at him. Then Jesus

said to them, 'Prophets are not without honour, except in their home town, and among their own kin, and in their own house.' And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, 'Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.' So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

<b>Offertory hymn</b>	466 The love of God comes close
<b>Anthem</b>	My eyes for beauty pine – (1928) Text: Robert Bridges. Music: Herbert Howells
<b>Communion hymn</b>	464 Sweet sacrament divine
<b>Final hymn</b>	704 Let all the world in every corner sing
<b>Organ Voluntary</b>	Toccata on 'University' – Herbert Sumsion

## FOR YOUR PRAYERS

*Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.*

**Sunday:** Linly Lo-Yee, Anthony Paternosta, Revd Catherine Towner, Jan Black, Fr Tom Keighley, Mary Ann Madden, Rosalind Manley, Michael McSweeney, Aloma Moore, Charles Osmond, Simon Pols, Brian Shaw, James Tape, Rosemary Watkins, Sylvia Wilson, Victoria Wright.

**Wednesday:** Denise Comer, Baby Charles, Bob Bossey, Florence Collins, Doreen, Michael Folkes, Mary Greig, Shirley Gunary, William Holden.

**Additional Prayers:** People awaiting exam results. All those receiving Home Communion.

**Recently departed:** Jane Bell.

**Anniversaries of the departed:** Geraldine Griffiths, Muriel Baker, Jeremy Comer, Robert Gay, Rita Langler, Penny Mulholland, David Marshall, Terry Gallagher, David Rose, Winifred Murrell.

## NOTICES CONTINUED

**Advance notice:** Please note that there will be no 8am Holy Communion on Sunday 25<sup>th</sup> August.

**Date for your diary:** Patronal Cream Tea on Sunday 11<sup>th</sup> August at 4pm in the Main Hall. Tickets £5 adult and £2 under 12. Contact Joan Prudden 01708 223744.

**Well, summer has finally arrived,** but the Building Improvement Group's fundraising thoughts have already turned to autumn! Our Autumn Fayre is coming up on Saturday 12<sup>th</sup> October (put the date in your diary!) and we are hoping to make it an even bigger success than last year. So, we are calling all makers and bakers! If you are crocheting, knitting, sewing, jam making or preserving over the summer, please spare a thought for our stalls! All donations of hand-crafted goodies will be gratefully received. If you have any other thoughts or ideas for the Fayre, please do speak to one of the team. Thank you, and Happy Summer!

**Kintsugi Hope Course** - As we heard from the Revd Mark Davison when he preached here, Upminster Baptist Church will be running this course from September. It is designed for anyone who is struggling with life or supporting someone in that position. Please see the poster at the back of church and contact Upminster Baptist Church if you would like to know more or wish to participate.

*Please consult notice boards under the tower and in the porch for other notices and further information*

## CHARITY OF THE MONTH JULY: CHRISTIAN AID

Christian Aid is a global movement of people, churches and local organisations working together to eradicate poverty. Everyone is equal in the sight of God, and yet, we live in a world where poverty still persists.



That truth has inspired people to stand together in solidarity with the most marginalised people around the world. Not just people professing a Christian faith, but people of all faiths and those of no faith, too.

Poverty is an outrage against humanity. It robs people of their dignity and lets injustice thrive. Christian Aid seeks to eradicate extreme poverty by tackling its root causes, standing up for dignity, equality and justice and creating lasting change.

## CARD PAYMENT DONATIONS

We are always pleased to welcome both visitors and regular attendees to share our worship in this beautiful Grade 1 listed building. Please feel free to use our safe and secure card payment machine for confidential donations, located by the main door exit. Contributions help us maintain the substantial upkeep of this building for the benefit of the local community and our broader work as a church in general. Donations help to ensure that the church can continue to benefit future generations and the building can remain open to all as a haven of God's peace. Whatever you feel disposed to give will be thankfully received and faithfully applied.

## EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on [easyfundraising.org.uk](http://easyfundraising.org.uk) - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

## THANK YOU FOR YOUR SPONSORSHIP.....

Thank you to Charles and Linda for sponsoring the church flowers to mark their first wedding anniversary.

## JUST ONE SWAP...



**Simple Swap No.5** - Plastic Toilet Brushes lose their plastic bristles which releases plastic waste into the waterways.

Swap to a natural wooden and coconut fibre bristle loo brush. No need to change your brush holder. Rinse and allow the brush to dry before replacing in holder.

## CONTACTS

**Rector** The Revd Susannah Brasier

01708 220174 susannah.brasier@upminsterparish.co.uk

**Assistant Curate** The Revd Catherine Towner

01708 225374 catherine.towner@upminsterparish.co.uk

**Assistant Curate (on Placement)** The Revd Neil Barrett

neilbstlukes@gmail.com

**Pastoral Assistant** Deborah Masterson

01708 609816 deborah.masterson@upminsterparish.co.uk

**Churchwardens** Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

**Parish Safeguarding Officer** Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

**Acting Director of Music** Nigel Lockwood

parish.office@upminsterparish.co.uk

**Parish Office** Joanne Chapman

01708 220696/07592 946992 parish.office@upminsterparish.co.uk

Closed this week.

**Hall Bookings** Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

**Planned Giving** treasurer@upminsterparish.co.uk

**Website** www.upminsterparish.co.uk

**Address** St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

**Welcome to the Parish Church of Upminster.** If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.  
Please email her if you would like to receive her emails.**