

# PORCHTALK



15<sup>th</sup> March 2020 *Third Sunday of Lent*

**Welcome to Saint Laurence.** Adventurers (groups for children and young people) meet during the 9.30 am Mass in term-time. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church. You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

<b>Today</b>	Holy Communion	8.00 am
15 <sup>th</sup> March	Sung Parish Mass	9.30 am
<i>Third Sunday of Lent</i>	Meeting of Parishioners, Main Hall	11.00 am
	APCM, Main Hall	11.10 am
	Taizé Prayer	6.30 pm
<b>Monday</b>	Lent Group	2.00 pm
16 <sup>th</sup> March		
<b>Tuesday</b>	Mass	10.30 am
17 <sup>th</sup> March	Lent Group	2.00 pm
<i>Patrick, bishop, missionary</i>		
<b>Wednesday</b>	Staff Meeting, Parish Office	9.10 am
18 <sup>th</sup> March	Mass	11.00 am
	Guides visit to Church	7.30 pm
	Lent Group	7.45 pm
<b>Thursday</b>	Lent Group	10.15 am
19 <sup>th</sup> March	Lent Lunch, Minor Hall	12.15 pm
	Choir Practice	7.45 pm
<b>Friday</b>	Coffee Morning, Main Hall	10.30 am
20 <sup>th</sup> March	Stations of the Cross, St Joseph's RC Church	7.30 pm
<b>Saturday</b>	Mothering Sunday Posy Preparation	9.45 am
21 <sup>st</sup> March		
<b>Next Sunday</b>	Holy Communion	8.00 am
22 <sup>nd</sup> March	Sung Parish Mass and Parade Service	9.30 am
<i>Fourth Sunday of Lent/Mothering Sunday</i>	Said Compline	6.30 pm

**8 am Mass readings next Sunday:** 1 Samuel 16:1-13; John 9:1-41. **Compline reading next Sunday:** James 5  
**Morning and Evening Prayer:** 8.45 am Tuesday to Thursday, 4.30 pm Wednesday

**Coffee:** Doreen, Alison and Mark

*Please let Revd Susannah or Fr Roy know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.*

## Notices

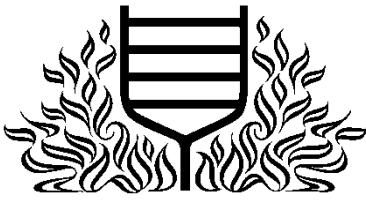
**Hygiene precautions in church** - please note the following steps that we are taking in light of the coronavirus situation:

- We ask everyone to be conscious of Government Guidelines regarding hand washing. This is for your own protection and for the protection of others.
- Hand sanitizer is available on the hymn book trolley before and after services.
- We are not sharing the Peace via handshakes, hugging etc.
- We will not be laying on hands when blessing.
- Communion will be administered in one kind - the host (bread) only, into your hands, with only the presiding priest receiving from the chalice used during the eucharistic prayer. The Church's teaching is that Christ is fully present in both the bread and wine, so receiving in one kind only is not receiving something lesser.
- The Holy Water stoop at the main door has been removed.
- Those serving coffee, Lent lunches or any other church refreshments are asked to use the dishwasher, please, rather than washing crockery by hand.
- All those carrying out duties in or on behalf of the church must take particular care to wash hands frequently or, where washing is not possible, to use hand gel, in the course of their duties. Please bring your own gel if possible.
- Those taking Communion to people at home or conducting services in residential homes will continue to observe good hygiene and, as normally, will not visit if at all unwell.

Many thanks for your co-operation in these matters. If you have any questions, please speak to one of the clergy.

**We are also** making a list of contact details in case we need to cancel or significantly change a service or event. Please can you add yourself to this list which will be at the back of church before and after services.

*Please consult notice boards under the tower and in the porch for other notices and further information*



# AT THE MASS

15<sup>th</sup> March 2020  
*Third Sunday of Lent*

**Introit** 584

**Setting** A New People's Mass - *Dom Gregory Murray*

## **Collect of the Day**

Almighty God,  
whose most dear Son went not up to joy but first he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the cross,  
may find it none other than the way of life and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## **Exodus 17:1-7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

This is the word of the Lord.

**All Thanks be to God.**

## Responsorial Psalm 95

Colin Mawby



*O come let us wor-ship and bow down and kneel be-fore our Ma - ker.*

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O come, let us sing to the lord; let us heartily rejoice in the rock of our salvation. Let us come into his presence with thanksgiving and be glad in him with psalms.

For the Lord is a great God and a great king above all gods. In his hand are the depths of the earth and the heights of the mountains are his also. The sea is his, for he made it, and his hands have moulded the dry land.

### **Romans 5:1-11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

**All Thanks be to God.**

### **Lent Prose**

*Hear us, O Lord, have mercy upon us : for we have sinned against thee.*

God, we implore thee, in thy glory seated : bow down and hearken to thy weeping children : pity and pardon all our grievous trespasses.

The Lord be with you  
**All and also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.  
**All Glory to you, O Lord.**

### **John 4:5-42**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he

comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water-jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him.

Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

**Offertory hymn** 669

**Anthem** Hide not thou thy face – *Richard Farrant*

**Communion  
hymn** 451

**Final hymn** 652

**Organ voluntary** Fugue in D major – *Ludwig van Beethoven*

## Notices Continued

**Mothering Sunday Daffodil** Posies will be made up on Saturday 21<sup>st</sup> March from 9.45am. If you can help please speak with Cheryl Hale. Donations of greenery can be left in the church tower the day before, thank you.

**The Children's Society Box Opening and Fun Afternoon** is to be held on the afternoon of Saturday 2<sup>nd</sup> May from 1.30pm to 4pm. We will be having a Guess the Weight of the Tortoise competition, Fortune Cookie tombola, handmade cakes and cards, and much more. All Children Society boxes can be brought along for emptying. Please do come along and join us for what promises to be a fun afternoon. If you are able to support us by donating chocolate in some form, bar or box, or a small item for our Fortune Cookie Tombola, we would be very grateful. Please give to any committee member, or call Penny on 01708 640335.

**Smalls for All** is a charity which provides underwear for females in deprived areas of Africa. Lack of underwear leaves females of all ages at risk of abuse including rape. Havering Inner Wheel collects knickers and bras of all sizes and sends them to where they are needed. If you have any such items (they do not have to be new), please put them in a bag and deposit it in the box at the back of church.

**Thank you for your sponsorship:** Porchtalk has been sponsored from April 2019 to March 2020 in memory of Gerald, Samuel and Barbara Giles, from their daughters and sisters Hazel Harman and Mary Breeding.

**Lent Charity: (CHICKS) Country Holidays for Inner City Kids:** CHICKS is a national children's charity providing free respite breaks to children from 8 to 15 years. Since its formation in 1992 they have provided over 16,000 children with a much-needed respite break.

Each week from February to December a group of up to 16 children stay at the charity's Daleside Retreat in Derbyshire. The children are accompanied by three fully-trained members staff and up to six adult volunteers. The week is specifically tailored to fit the needs of each group making every break unique. Each one has elements of adventure, relaxation, creativity and imagination and these elements are designed to engage the children's interests, offering them new experiences and ways of viewing the world. Children are offered challenges within an encouraging and supportive environment, but are always given choice.

While a week of respite may seem short it can have a long-lasting impact. Referrers frequently report that children have increased confidence and self-esteem, are more willing to try new activities and have learnt new social skills.

## FOR YOUR PRAYERS

**The prayer lists are updated on the first day of each month. If you would like to renew or add a name to the list, please fill in a form at the back of church and leave it in the Prayer Box.** *Those on the list for Special Concern will be held in our prayers every Sunday and will be mentioned by name either at 8.00 am or 9.30 am. Please remember all in your prayers throughout the week.*

### **Special concern:**

(8.00 am) Jim Turner, Edgar Iffland, Michael McSweeney, Lorna Wells, Jean Clements, Poppy, Thomas, Katie Louise Tape, Ellen Stone, Maurice Purver, Alan, John Beeton, Terry Bryan, Pearl Clifton, Kathleen Jones, Jessica Jackson.

(9.30 am) Yvonne Rattley, Pat Silverlock, Agnes Trievner, Pam, Hayden Keeling, Stewart Ranson, Alan Evens, Justine Milner, Cherry, Patricia Gillman, Edie Jackson.

**Those receiving Home Communion this week:** Pauline Wheeler and other residents of Freshfields Home, Phyllis Knight, Residents of Derham House Nursing Home.

**The departed:** Williamina Doris Bowles, Betty Redwin, Albert Clements, Vera Ladd.

**Anniversaries:** Beryl Lillington, Betty Skinner, Harry Pasquale, Hilda Halestrap, Alf Todd, Albert Parish, Geoffrey Piper, Margaret Reading, Freda Soko, Hilda King, Evelyn Metson, Stan Matthews, Janet Vigars, Norman Vigars, Jean Bond.

### **Please remember those who mourn.**

*If you would like a name added to the Anniversary list please speak to the Parish Office.*

**Please also pray for** the APCM meeting today.

## CONTACTS

**Rector** The Revd Susannah Brasier

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**Associate Priest** Fr Roy Murray

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**Pastoral Assistant** Deborah Masterson

01708 760485 deborah.masterson@upminsterparish.co.uk

### **Churchwarden**

Christine Foot via Parish Office 01708 220696 parish.office@upminsterparish.co.uk

**Director of Music** Richard Brasier brasier\_96@hotmail.com

**Parish Office** Joanne Chapman 01708 220696 parish.office@upminsterparish.co.uk

Tuesdays 10.30am-12.30pm, Wednesdays 9.10-11am, Thursdays 9.10am-12noon

**Hall Bookings** Carole Billings 01708 749670 carole.billings1@btinternet.com

**Planned Giving** Steve Roome (01708 220696 Parish Office)

**Website** www.upminsterparish.co.uk

**Postal Address** St Laurence Church, Corbets Tey Road, Upminster, Essex, RM14 2BB

**Daily Prayers, Psalms and Readings** are included in the *Time for God* Prayer Diary which you can receive on request. You may also wish to use the *Time for God* Daily Office. If you would like to receive the Prayer Diary, or would like further information, please contact the Parish Office with your contact details (email address or postal address). If you would like to update any of the 'People' information on the Prayer Diary, please speak to Nick Butler on nickbutlerupm@gmail.com or 07792123630.