

The Magazine of the Parish Church of Saint Laurence Upminster

£1



| Service times  |       |   |                |       |  |
|--|-------|---|----------------|-------|--|
| Sundays  |       | Weekdays  |                |       |  |
| Holy Communion   | 08.00 | Monday to   | Morning Prayer | 08.45 |  |
| Sung Parish Mass   | 09.30 | Thursday<br>inclusive   | Evening Prayer | 17.00 |  |
| Sunday Schools   | 09.30 | Tuesday   | Mass           | 10.30 |  |
| Evensong<br>(see Parish Diary<br>for details)  | 18.30 | Wednesday   | Mass           | 11.00 |  |
| Footsteps  |       | Celtic Worship  |                |       |  |
| This Service for pre-school<br>children and grown-ups<br>normally takes place<br>monthly on a Monday at 09.30<br>in church in the Lady Chapel.<br>The next service is on <b>25</b> <sup>th</sup><br><b>February.</b> |       | A group meets 7.30-8.15 pm on a<br>Monday evening, once a month in<br>the Lady Chapel, for Celtic<br>worship (Celtic prayers, music,<br>hymns and, from time to time, Communion).<br>Services on <b>4<sup>th</sup> February</b> and <b>4<sup>th</sup> March</b> . |                |       |  |
| Additional services on Saints' Days are shown in the Diary in the back pages.  |       |   |                |       |  |
| BaptismsThese are administered during public services.Please contact the Parish Office to make arrangements.   |       |   | gements.       |       |  |

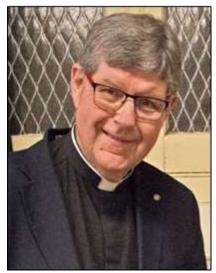
- Wedding Banns Please contact the Parish Office to make arrangements.
- **Confessions** By appointment with the clergy.

Please inform the Parish Office or the Rector of anyone who is ill or in need of a pastoral visit. See back pages for useful telephone contact numbers

www.upminsterparish.co.uk

Parish Office 201708 220696

Parish.office@upminsterparish.co.uk



# From Fr Roy

The publication of this edition of 'The Gridiron' coincides with the final days of Christmas and Epiphany. This season ends properly forty days after Christmas on the 2nd of February with the Presentation of Christ in the Temple, a day often called Candlemas. The Jewish Law required that on the fortieth day a newborn boy must be presented in the Temple. At the same time his mother would undergo the ritual of

purification. This year we will keep this festival a day later on Sunday the 3rd of February.

At Candlemas Christians are recalling the day that Jesus, the Light of the World, entered his temple for the first time. His light came into his temple and we remember this by lighting candles in our Church: his modern-day temple.

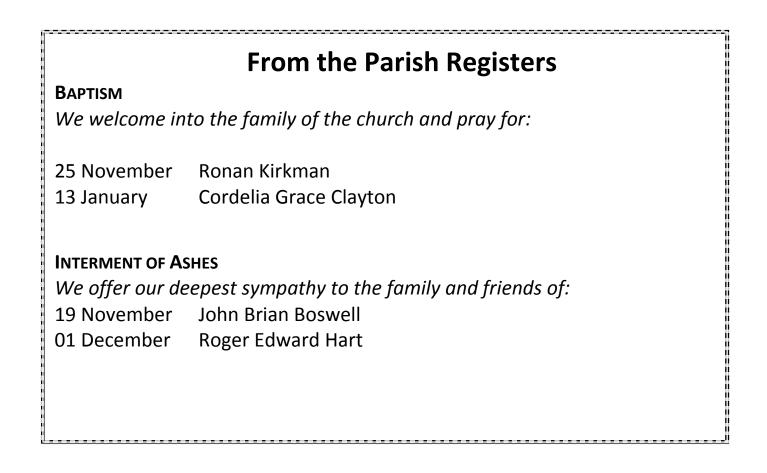
Sometimes Candlemas is followed almost immediately by Ash Wednesday, but this year the vagaries of the lunar cycle mean that we have a longer than normal break between the end of Christmas/Epiphany and the beginning of Lent. Lent begins on Ash Wednesday which this year falls on 6th March.

The observance of Lent was first undertaken by those preparing to be baptised at the Easter liturgy. Similarly, those who had been excommunicated were encouraged to prepare for readmission to the Church's Sacraments through a period of penance. In time the church began to realise that there was benefit for all Christians in observing Lent through prayer and fasting. It is possible that the duration of Lent is based on Jesus' experience of fasting in the wilderness, but we should not imagine that in Lent we are in some way re-enacting this time.

The major theme of Lent, therefore, is a proper and rigorous preparation for the observance of Jesus' death and the celebration of his resurrection at Easter. The popular idea of giving up something for Lent has its origins in the stark simplicity of the Lenten Worship. In part this gives an experiential expression to the idea of penitence. The simplicity of Lent provides a striking contrast with the joyful celebrations which will come at Easter. Our liturgical 'giving up' includes the omission of the *Gloria in Excelsis* at the Eucharist and the careful selection of hymns to avoid the use of a certain word which begins with 'A'. There are no flowers in Church, and no baptisms take place in Lent. All of these joyfully return as our fast ends at Easter.

Lent begins with Ash Wednesday and the service on that day seeks to set the scene for the season through quietness, reflection and penitence. Our penitence is marked physically through the imposition of ashes on the forehead: an action accompanied by words which remind us that we are all but dust and to dust we shall return.

So this year as February gives way to March and as Christmas fades from our thoughts, our minds must turn from the incarnation to the crucifixion and the resurrection. I pray that together we may keep a holy Lent as we prepare to walk the way of the cross.



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# From the Editors

Dear Readers,

Happily, this edition of *Gridiron* features many of the St Laurence congregation in personal celebration and also in preparation for the celebration of the birth of Jesus. The first live reproduction of the outdoor Christmas nativity was made by St. Francis of Assisi in 1223. It was a way of communicating the true meaning of Christmas and the idea proved so popular that it soon spread throughout the Christian world. Our own children at St Laurence performed the Nativity brilliantly, as the photographs portray. Thank you to everyone who contributed articles for this edition of *Gridiron* which are valued by us all. From the celebration of Christmas this edition takes us to the period of Lent, a period of reflection, which commences with Ash Wednesday on 6<sup>th</sup> March.

Jill Wallis, Editor



Thank you for your generosity. During Advent hundreds of gifts were donated at the Crib Services on Christmas Eve, which were delivered to Little Havens Children's Hospice, Basildon Women's Aid and Home Start Havering. The £941.09 raised was divided equally between Save the Children Syria Appeal and St Laurence Church. The total amount donated to Crisis, the St Laurence Charity of the Month was £1700.18. And last but not least, the 'Souper Thursdays' held during Advent raised the sum of £613 for The Church Building Improvements Fund.

**Items for inclusion in the April and May edition** of *Gridiron* should reach the editorial team by 8<sup>th</sup> March. We would prefer to receive items by e-mail at gridiron@upminsterparish.co.uk. Paper copy is acceptable but should be submitted to us as early as possible. The April and May Magazine will be on sale from 31<sup>st</sup> March.





Congratulations to Revd Susannah and Richard, St Laurence's Director of Music, who are the proud parents of a beautiful baby son, Edward Christopher Brasier, born on 30<sup>th</sup> November 2018. All at St Laurence look forward to sharing Susannah and Richard's joy and the blessings that baby Edward brings.



#### **Festival of Preaching at St Laurence Church**



Photograph by Hannah Wiggins

It was a great pleasure to return to St Laurence on November 18<sup>th</sup> as part of my training as a curate. As the photograph shows, I wasn't alone: all the curates in Essex attended this event. We began by sharing the Eucharist and I know, from my colleagues' comments, that the 'High Church' service with attendant candles and incense was, to some, an unfamiliar, but to all a spiritually uplifting, experience.

Bishop Stephen preached the sermon and afterwards coffee was served. We then returned to church where Bishop Stephen shared how he had developed the sermon and his thoughts on what did, and perhaps did not, make for an effective sermon. We then had the opportunity to ask questions.

Bishop Stephen noted that the spoken word still has the power to hold people's attention, despite the claim that attention spans have got shorter. After all, comedians fill huge arenas and keep their audience's total attention with nothing more than words. If we engage with our congregations well, perhaps we could do the same. Please don't worry though, I don't think any of us thought we now had permission to preach for hours!

After lunch we formed small groups covering a variety of topics. We ended the day with a short period sharing thoughts and then some curates stayed to attend

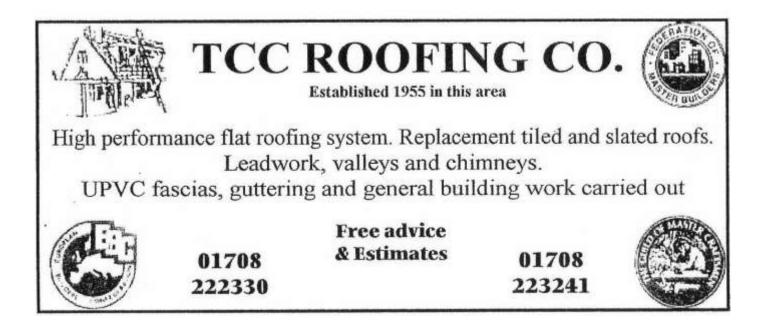
Taizé Evening Worship. Everyone was very grateful for the warm welcome and hospitality they received at St Laurence Church. I was particularly grateful though, to be able to see so many friends again.

# The St Laurence Table Top Sale



Melvyn Gallagher is photographed at the Table Top sale held at St Laurence Church Hall in November. Melvvn is pictured here selling model cars and vintage vehicles in aid of St Laurence Church. The church has major а project to enhance the church building to replace the 1930s Sacristy with а new church extension. to

include facilities which can be used by all people attending the church. Melvyn is a member of the St Laurence Church Parochial Council and is a long-term resident of Upminster.



# The Progressive Supper

The Progressive Supper is so called because parishioners attending this evening of fine dining progress from one home to another to sample one course of a three-course dinner. In theory, no participant should meet up with others they have met up with at earlier courses, but this depends on the numbers taking part and the skill of the organiser!



On one occasion, a pair of diners arrived at the home of parishioners who were not actually taking part in the event! You can imagine the scene! Complete confusion until the prospective diners explained why they had called!

All guests enjoy the evening. This is compulsory! In the past we have had over 30 diners and this is what we are aiming for again at the next progressive supper later in the year.

All profits from the event are sent to Crisis, so we are wined, dined and entertained whilst helping those who are less fortunate than ourselves.

Please come along next year. Where else are you able to get an evening out for around £10? You will enjoy it!!

You can advertise in Gridiron from as little as £6.60 per issue. Please contact Maureen Gourley 01708 640747 mlgourley@talktalk.net

# A 70<sup>th</sup> Birthday Celebration



Chris Mowat celebrated his 70<sup>th</sup> birthday with members of St Laurence congregation. Jean once again made a very delicious cake which cleverly featured Chris's interests: there were tiny gardening gloves and embellishments of musical notation representing Chris's membership of the Royal School of Church Music Residentiary Choir and his singing in the St Laurence Church Choir. Chris's wife Nancy also celebrated her 70<sup>th</sup> birthday a few weeks earlier and the couple enjoyed a variety of celebrations including a surprise party for Nancy and a trip to Vienna.

# Lent 2019

Ash Wednesday falls on 6<sup>th</sup> March. There will be a said Mass at 11.00am and a sung Mass at 8pm, both with the opportunity to receive imposition of Ashes (the sign of the Cross made in ash on one's forehead) for those who wish.

We will have **Stations of the Cross** (a devotion using the pictures around the church which depict Jesus' journey to the cross) at 7.30pm on Fridays during Lent, beginning on March 8<sup>th</sup> at St Joseph's Church, Upminster.

**Lent Lunches** will be held each Thursday from 7<sup>th</sup> March until 11<sup>th</sup> April from 12.15 to 1.30pm in the Minor Hall.

For the Lent Charities this year we will be supporting Little Havens Hospice and St Francis Hospice.

# **Admission to First Communion**



On the 2<sup>nd</sup> December, David, Amelia, Thomas, Richard, Simon and Ellie were admitted to Holy Communion, where the children received a certificate and prayer book. Deborah led the sessions of preparation assisted by Fr Roy, Penny and Gill (pictured below). Deborah also made a celebratory cake which was shared and enjoyed by all! The children and their parents would like to thank all those mentioned above for supporting the children on their Christian journey.



#### Upminster Furnishes a Hospital – Essex Times August 14<sup>th</sup> 1914

ROMFORD TIMES

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A meeting was held at St Laurence Church Hall, Upminster, on Monday evening to consider what steps can be taken by the inhabitants to provide for the sick and wounded soldiers and sailors from the war.

R J.S. Brookfield presided, supported by the Rev H.H. Holden, Dr James Dunlop and Messrs. Henry Joslin, D.L., J.P., Arthur E. Williams, C. Reilly and A.S. Gibbs.

The Chairman said that at a preliminary meeting it had been decided to form a curative hospital. The Rector had kindly offered the Church Hall for the purpose. A

committee was appointed as follows: Chairman and medical officer, Dr. Brookfield; Chaplain, the Rev. H.H. Holden; secretary and treasurer, Mrs. A.S. Gibbs; collector of subscriptions, Mrs A. Williams; organiser of committee, Miss Reilly; head commissariat and housekeeper, Mrs Brookfield.

Mr Joslin said it was a great pleasure to see such a splendid audience of Upminster men and women. He rejoiced to know that the men and women of Upminster intended to bear their share of the burden which the fearful war would assuredly bring upon them. Everyone seemed to be willing to see their object through not it had been started. (Applause.) He said unhesitatingly that the war had been forced upon them. It was England's duty to expose and bring judgement upon those who had forced us into this fearful struggle. It was a struggle now for very existence – they must cease to exist as a nation unless the enemy was thoroughly crushed. He was sorry to say it. However, he felt they were going into the fight with absolutely clean hands. (Hear, hear.) There was not a country in the world which had such a regard for the care of the sick and needy as England. (Hear, hear.) He had great pleasure in supporting Dr Brookfield in the movement he had so splendidly inaugurated. (Loud applause.) The Rev. H.H. Holden said the cost of each bed per week would be £1. As a commencement they were asking for twelve beds. The cost would be covered by 96 persons subscribing 2s.6d. each. (Hear, hear.) One bed had already been given, leaving eleven to be arranged for. He thought that 88 half-crowns could be subscribed without much difficulty, especially when they thought of the lads who were going to fight for them. (Applause.)

Miss Reilly said Cranham had offered to do the washing every other week. (Applause.) The services of an experienced cook one day a week were available, and they offered to make 40 shirts, besides help in various other ways. (Applause.) Since the meeting 10 beds, completely furnished, have been provided. Two other contributors have given beds, and the bedding for these is also forthcoming.

The above article was submitted by Lance Jackson.



#### **St Laurence Flower Arrangers**



Rita Pike (bottom left) and Cheryl and Eleanor Hale are pictured in St Laurence Church, preparing the flowers for the Christmas services. Rita has been an Upminster resident for over 40 years; her late husband, David, was also associated with St Laurence. Rita, a mother of three, is now retired, keeping very active and helping with church events and activities.

Eleanor (right), Cheryl's daughter, was brought up in the Upminster and Cranham area, and works for Transport for London, based in Paddington. Along with helping her mum with flower arranging, she enjoys keeping fit, hockey and dancing, and regularly visits her Royal Marine boyfriend stationed in Scotland. She is pictured in St Laurence Church where she is helping her mother and other flower arrangers setting up the Christmas flowers display.







# **Church Building Fund Raising**







Whilst on a weekend away in Westleton, Suffolk, back in October, Keith and I took a stroll around the village on the Sunday morning and noticed that the church roof was in the process of being re-thatched. The Morning Service had just ended and we got chatting to one of the parishioners. Always on the lookout for fundraising ideas for our own Church Buildings Improvement Project, we asked him how they had raised the funds for this extremely costly work. "By various means," he replied, "including laying on soup and pudding lunches in the village hall, which proved to be very popular."

This got us thinking. Knowing that the simple Lent Lunches of soup, bread and fruit in aid of our Lent Charity had been well-supported in the past, adapting this format to include a hot pudding should be relatively straightforward. So we decided to hold "Souper Thursday" lunches on the three Thursdays during Advent, offering a choice of home-made soups and home-made puddings.

It was a daunting but rewarding challenge; Debbie got to work soup-making and before long our freezer was packed with a variety of home-made soups.

A very big 'thank you' to all who came along and supported the "Souper Thursdays" - it looked as though you were enjoying yourselves. Even more thanks must go to our small band of helpers: Carole Billings aka "The Cavalry" for helping on all three days and making a variety of puds; Margaret Goddard for the croutons; Joan Prudden for the leek & potato soup; Cheryl Piper for helping and providing various cakes; and Joyce and Hugh Winn for the delicious baked rice pudding and for tackling the inevitable mountain of washing-up on day three. You all really are "Souper-Troupers"!

As we write, these lunches have raised a total of **£613** for the Church Buildings Improvement Project. There's still a very long way to go so we challenge <u>all</u> of you to come up with your own fundraising idea(s), however big or small and to see it through. It is up to us all to do what we can to provide Upminster with a church building fit for the needs of today's world.

#### Adventurers' Window

This Christmas the Adventurers' window was beautifully decorated with the Nativity scene and a Christmas tree. Rosalind Hore painted the camel for the Children's Corner and is pictured below in her studio.





# **Christingle: The Light of Hope**

The Children's Society Committee (St Laurence Branch)



This is a very special year for Christingle, as it marks 50 years since The Children's Society held the first Christingle service in this country at Lincoln Cathedral on 7 December 1968. However, Christingles themselves actually date back even earlier, and began in the Moravian Church in Germany in 1947.

At a children's service, Bishop Johannes de Watteville looked for a simple way to explain the happiness that had come to people through Jesus. He decided to give the children a symbol to do this. This was a lighted candle wrapped in a red ribbon. At the end of the service, whilst the children held their candles, the bishop said the prayer, 'Lord Jesus, kindle a flame in these children's hearts that theirs like thine become.'

In 1968, John Pensom of The Children's Society, known as 'Mr Christingle', brought Christingle to this country and introduced it to the Church of England. Children decorated an orange with a red ribbon, dried fruits, sweets and a candle to create a new visual representation of Christ, the light of the world, celebrated by the lighting of the Christingle candles. The event is now celebrated in hundreds of churches, cathedrals, schools and communities up and down the country.



For 50 years now, Christingle has played a vital role in supporting vulnerable young people. And since Christingle first began, the money raised from donations at services has helped over one million children get the one-to-one care and support that they so urgently need. This year, our Christingle service at St Laurence Church was extremely well attended. The thought-provoking address given by Deborah Masterson, Pastoral Assistant, illustrated the needs and challenges faced by many young people in our society. The tremendous sum of £810.66 was raised; some donations were given using a contactless machine. This is being trialled by The Children's Society and the Upminster Committee is one of the first to demonstrate the effectiveness of this form of fundraising. This

money will enable the support to continue throughout the UK, including the local projects in Chelmsford and Stratford.

St Laurence has supported The Children's Society for over 100 years; thank you to everyone who continues to support the work which is addressing the ever changing needs of our children and young people. For more information please do look at the website *www.childrenssociety.org.uk*.

# A Child for All Time



#### by Rosalind Hore

A new painting by Rosalind was hung at the front of St. Laurence Church for Christmas. At the top of the painting is the universe in dark void. The Holy Spirit in the shape of a dove enters the void to bring Jesus to the world. Jesus appears as a young child carrying a small cross and a crown of thorns from which a rosebud grows as a symbol of resurrection. Jesus stands upon the world as he is given for all mankind. Below, the flames of the Holy Spirit frame the bread and wine offered to all who believe in him. So the child is for all who have gone before, for us, and for all who are to come; for all time.



**Lent Lunches** of soup, bread and fruit will be held each Thursday from 8<sup>th</sup> March to 11<sup>th</sup> April from 12.30pm to 1.30pm in the Minor Hall. There is no charge but we would appreciate a donation towards our chosen charity. If you are able to help, please sign your name on the list at the back of the church or contact the Parish Office. Thank you.

# **Performance of The Nativity**



# Summary of PCC Meeting held on 21<sup>st</sup> November 2018

#### **Church Building Improvements Project:**

Planning permission is due to expire in September 2019 and cannot be automatically

extended. It was considered that a new application should be deferred until we have sufficient funds. We are still in need of someone to co-ordinate the Summer Fete. Help is also needed with applying to grant-making bodies.

**Fees and Salaries:** Increases in fees to be charged in 2019 were approved. Increases for salaried staff in line with the November CPI were agreed.

**Lent Charity:** Little Havens Hospice and St Francis Hospice were agreed as joint charities.

**Electoral Roll:** This stands at 184. Next year a complete new roll has to be prepared and everybody must reapply.

**Other matters** discussed included dates for future meetings, Christmas events, work needed at 6 Gaynes Park Road, problems with mats at church entrance, and an update on the new website.

**2019 APCM:** The date is 10<sup>th</sup> March.





# St Laurence Church Building Improvements Update February 2019

In September 2018 we held a Tabletop sale and with support we were able to raise over £400. We anticipate holding another Table Top sale this Spring. Please do look out for more information about this event and think about purchasing a table at a very reasonable cost to raise money for yourself and the church at the same time!

Carole Billings organised another excellent quiz in December raising well over £100. Also in December, Keith and Debbie Stewart came up with the idea of 'Soup and a Pud' on the Thursdays in Advent. This proved to be very popular and through their hard work they raised over £600.

On behalf of the Fundraising committee I would like to publicly extend our sincere thanks and appreciation for all the hard work Keith, Debbie and Carole put into their fundraising activities.

On Saturday 9<sup>th</sup> February we are holding our next event in the Church Hall. This is an Evening of Magic, run by the Ilford Magic Society and it looks to be a very enjoyable social event. I hope that you will already have seen the posters and publicity about this evening and have purchased your ticket, but if not please do so very soon. Tickets are £12.50 per person and we are planning on having ten tables of ten guests. The first 40 minutes of the show will be 'close-up magic' performed by individual magicians at your table. We will then stop for a Ploughman's supper before the second half, which involves a stage show. Doors will open at 6.45pm, with the show starting at 7.30pm and we anticipate it will finish around 10.30pm. Please contact the Parish Office to purchase tickets.

Finally, may I remind you that the committee is joining with the Choir Association to hold a joint event on Saturday 15<sup>th</sup> June which will combine the BBQ with a range of stalls, rather than running a separate summer Fete. We are keen to hear from everyone who might be willing to get involved in this event so please put your names on the forms at the back of the church.

Thank you for your continued support.

Andrew Lillington

# Should I Go Back To Church?

It's not unusual for people to fall out of the habit of going to church. Sometimes we may find ourselves asking "What's the point?" How we answer that depends on what it means to be "the Church." Some claim that you don't need to go to church to be a Christian, that what matters is living a good and upright life. The lives of the saints, however, show us that what makes a Christian is not our success in leading wholesome lives, but the humble realization that we can't live without regular doses of God's love made real in the sacraments - especially in Holy Communion, the meal Jesus commanded his Church to share in his presence. In other words, the Church exists not for the self-righteous, but for those who know their need of grace.

Jesus says that he came to call not the righteous, but sinners, to be his followers (Matthew 9:13), so perhaps the "unchristian" behaviour of our fellow churchgoers should not surprise us. People fail. On the other hand, all of us will be able to think of at least a few Christians who radiate goodness and humility. They encourage us and teach us what it means to be holy, and while they'd be the last to accept this, they show the rest of us how to be saints.

In any generation the Church never worships by itself, but with the whole company of holy people, living and departed. But our attitude to worship may be the problem. While we can feel uplifted and generous, sometimes worship leaves us feeling dejected and dispirited: "That didn't do anything for me, Vicar!" We need to remind ourselves that worship is not primarily God's gift to us, but our gift to God. This is why most acts of worship begin by asking for forgiveness. If an act of worship disappoints us, we may well have arrived expecting the wrong things.

The wisdom of centuries has taught us that our worship and prayers must be regular. It is unfashionable to say it, but this includes a sense of obligation and self-discipline. For most of us, this will mean praying every day and receiving Holy Communion at least once a week. The most important principle, however, is to set a simple and realistic target and to stick with it. The church on earth will never be perfect. But this sense of our weakness is also our sign of hope, for it reminds us to put our whole trust in God who perfected his strength in our weakness and who sent his Son to us while we were yet sinners.







#### Tea and Talks at the Old Chapel

#### February – April 2019

#### WEDS 13 FEBRUARY, 10.30am – TURNER AND CONSTABLE, CHRIS WHITE

Join Chris White as he explores artists John Constable and Joseph Turner and their paintings.

#### WEDS 13 MARCH, 10.30am – ARCHAEOLOGY AT THE MILL AND MORE, PAUL SAINSBURY

The site of Upminster Windmill once comprised 16 buildings including a Mill House, Workers Cottages, a steam mill etc. Find out more about the excavations of the buildings that were demolished in the 1960s.

#### WEDS 10 APRIL, 10.30am - MY JOURNEY THROUGH GENEALOGY (FAMILY HISTORY TO YOU & ME) CRANHAM, KEITH FINCH

Listen to Keith's personal journey through his family history, including some of the pitfalls but also some of the surprising finds along what has been a very long journey.

Tea and Talks take place at the Old Chapel on the 2<sup>nd</sup> Wednesday of the month.

Admission for Friends of the Old Chapel is free, otherwise £2 per person including refreshments.

No booking required is required.

www.theoldchapelupminster.co.uk

The Old Chapel Sacred Heart of Mary Girls School Saint Mary Lane Upminster RM14 2QR

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# Crossword

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#### Across

- 1 Salary (Isaiah 19:10) (4)
- Question Jesus asked of those healed of leprosy, 'Were not all ten ?'
  (Luke 17:17) (8)
- 9 Wide, elevated level area of land (Joshua 13:9) (7)
- 10 'So you also must be , because the Son of Man will come... when you do not expect him' (Matthew 24:44) (5)

- 11 '[He] said to the man, "Stretch out your hand." He — , and his hand was completely restored' (Luke 6:10) (3,2)
- 12 'Who has gathered up the wind in the of his hand?' (Proverbs 30:4) (6)
- 14 Not born again (13)
- 17 'Again and again he the same sacrifices, which can never take away sins' (Hebrews 10:11) (6)
- 19 Mails (anag.) (5)
- 22 'He — here; he has risen' (Matthew 28:6) (2,3)
- 23 Defeated (Judges 20:43) (7)
- 24 Soldiers' quarters (Acts 21:34) (8)
- 25 'Pillars of marble' were how the Beloved described those of her Lover (Song of Songs 5:15) (4)

#### Down

- 1 Totally destroyed (Genesis 7:23) (5,3)
- 2 What the Philippian jailer was told to do with his prisoners Paul and Silas (Acts 16:23) (5)
- 4 Object of ridicule (Job 12:4) (8-5)
- 5 In most years, the month in which Easter falls (5)
- 6 For example, Caesarea, Joppa, Tyre, Sidon (7)
- 7 '[Jesus] was in the desert for forty , being tempted by Satan' (Mark 1:13) (4)
- 8 'Hallelujah! Salvation and glory and power to our God' (Revelation 19:1) (6)
- 13 Mend dots (anag.) (8)
- 15 Purifier (Malachi 3:3) (7)
- 16 Attacked (1 Samuel 27:8) (6)
- 18 The good Samaritan to the innkeeper: 'When I return, I will reimburse you for any expense you may have' (Luke 10:35) (5)
- 20 How Matthew described the crowds who followed Jesus (Matthew 4:25) (5)
- 21 For example, one of 25 Across (Judges 19:29) (4)

#### Answers will be published in the next issue of Gridiron

#### Answers to the December / January crossword are:

**ACROSS:** 1, Hide. 3, Disgrace. 9, Sonship. 10, Oaths. 11, Tutti. 12, Ignore. 14, Foreknowledge. 17, Ashram. 19, Men or. 22, Aroma. 23, Nineveh. 24, Amethyst. 25, Trod. **DOWN:** 1, His staff. 2, Do not. 4, Imprisonments. 5, Groan. 6, Altered. 7, Easy. 8, Shrink. 13, Searched. 15, Restore. 16, Lament. 18, Reach. 20, Never. 21, Jada.

# **Charity of the Month**

#### February: Mission Aviation Fellowship



Witnessing to the ends of the earth.

The village of Kuebunyane sits deep in a remote valley of Lesotho, a tiny African nation surrounded by tall, jagged mountains. To reach Kuebunyane, you have to travel several days on foot or by horseback. Because of the difficult terrain, the people are all but cut off from the outside world. A medical emergency might mean certain death. And the name of Jesus? Virtually unknown. But even in this most isolated place, God has made a way for the Basotho people—the people living in this region—to hear the Gospel.

Thanks to MAF airplanes, pastors known as the Lesotho Flying Pastors, are reaching Kuebunyane and other villages like it, sharing and preaching God's Word to the villagers.

#### March / April Lenten Charities: Little Havens Hospice and St Francis Hospice



Little Havens Hospice is set in beautiful meadowland in Thundersley, in Essex. Whether caring for a child or young person for years, months or even hours we can make a real difference to their life. We focus on the

individual needs of the children we care for, 'Making every day count', for those with life-limiting or life-threatening illnesses and their families. If a family has a child or young person who has a life-limiting or life-threatening condition, Little Havens Hospice can help. We're here to make the journey as comfortable as possible, by offering planned respite stays, managing symptoms, for example controlling pain and adjusting medications and caring for children at the end of their lives. We care for children and young people up to the age of 19, and their families, from Essex and the surrounding London Boroughs.

**St Francis Hospice:** It's been 34 years since Saint Francis Hospice first opened its doors. Its existence is thanks to a local group of passionate people who supported the ideas and approach of the hospice movement. The theory of prioritising the things that really matter in life and placing humanity



above institutional procedure still lie at the heart of the work they do today.

# Parish Diary for February

# See inside front cover for regular Sunday service times

#### January

| Mon     | 28 <sup>th</sup> | Thomas Aquinas, priest, philosopher, teacher of the faith, 1274   |
|---------|------------------|---|
| -       | aoth             | 9.30am Footsteps, 6.30pm Cubs visit to Church   |
| Tues    | 29 <sup>th</sup> | 11.15 Service at The Oaks Home, 8pm Choir Association Meeting, Parish Office  |
| Wed     | 30 <sup>th</sup> | Charles, king and martyr, 1649  |
| Thurs   | 31 <sup>st</sup> | John Bosco, priest, founder of the Salesian Teaching Order, 1888  |
| Februar | 'V               |   |
| Fri     | 1 <sup>st</sup>  | Brigid, abbess, c525  |
| Sun     | 3 <sup>rd</sup>  | The Presentation of Christ in the Temple, 9.30am Sung Parish Mass,  |
|         |                  | 6.30pm Choral Evensong and Procession   |
| Mon     | 4 <sup>th</sup>  | Gilbert, founder of the Gilbertine Order, 1189,   |
|         |                  | 1.45pm School Visit to Church, 7.30pm Celtic Worship  |
| Wed     | 6 <sup>th</sup>  | Martyrs of Japan, 1597, Accession of Queen Elizabeth II, 1952,  |
|         |                  | 1.45pm School Visit to Church   |
| Thurs   | 7 <sup>th</sup>  | 1.05pm Lunchtime Concert, 7.30pm Choir Association AGM, Derham Hall   |
| Sat     | 9 <sup>th</sup>  | 6.45pm Magic Night, Main Hall   |
| Sun     | 10 <sup>th</sup> | 4 <sup>th</sup> Sunday before Lent, 9.30am Sung Parish Mass, 6.30pm Said  |
|         |                  | Evensong  |
| Mon     | 11 <sup>th</sup> | 7.30pm PCC Meeting, Parish Office   |
| Thurs   | 14 <sup>th</sup> | Cyril and Methodius, missionaries, 869 and 885, Valentine, martyr at<br>Rome, c269                                      |
| Fri     | 15 <sup>th</sup> | Sigfrid, bishop, 1045, Thomas Bray, priest, founder of SPCK and SPG, 1730   |
| Sun     | 17 <sup>th</sup> | 3 <sup>rd</sup> Sunday before Lent, 9.30am Sung Parish Mass, 6.30pm Taizé Service                                       |
| Thurs   | 21 <sup>st</sup> | 11am Service at Little Gaynes Home, 1.05pm Lunchtime Concert  |
| Sat     | 23 <sup>rd</sup> | Polycarp, bishop, martyr, c155  |
| Sun     | 24 <sup>th</sup> | 2 <sup>nd</sup> Sunday before Lent, 9.30am Sung Parish Mass, 6.30pm Said  |
|         |                  | Evensong  |
| Mon     | 25 <sup>th</sup> | 9.30am Footsteps  |
| Tues    | 26 <sup>th</sup> | 11.15am Service at the Oaks Home, 7.30pm Adventurers' Meeting, Parish   |
|         |                  | Office  |
| Wed     | 27 <sup>th</sup> | George Herbert, priest, poet, 1633  |
| Detail  |                  | tes, times and venues of <u>all</u> meetings and events need to be ded in the Parish Diary (Parish Office 01708 220696) |

|        |                  | Parish Diary for March  |
|--------|------------------|---|
|        | See              | inside front cover for regular Sunday service times   |
| Fri    | 1 <sup>st</sup>  | David, bishop, patron of Wales, c601  |
| Sat    | 2 <sup>nd</sup>  | Chad, bishop, missionary, 672   |
| Sun    | 3 <sup>rd</sup>  | <b>The Sunday next before Lent, 9.30 am Sung Parish Mass,</b> 11.15am PCC Accounts Meeting, Parish Office, 12.30pm Quinquagesima Lunch, Main Hall, <b>6.30pm Solemn Evensong and Procession</b> |
| Mon    | 4 <sup>th</sup>  | 7.30pm Celtic Worship, 8.15pm Church Building Improvements<br>Committee Meeting, Parish Office  |
| Wed    | 6 <sup>th</sup>  | <b>Ash Wednesday,</b> 11am Mass with Imposition of Ashes, 8pm Sung Mass with Imposition of Ashes  |
| Thurs  | 7 <sup>th</sup>  | Perpetua, Felicity and companions, martyrs, 203<br>1.05pm Lunchtime Concert   |
| Fri    | 8 <sup>th</sup>  | Edward King, bishop, 1910, Felix, bishop, 647, Geoffrey Studdert Kennedy,<br>priest, poet, 1929,<br>7.30pm Stations of the Cross, St Joseph's Church  |
| Sun    | 10 <sup>th</sup> | 1 <sup>st</sup> Sunday of Lent, 9.30am Sung Parish Mass, 10.50am Meeting of   |
| San    | 10               | Parishioners, 11.15am APCM, Main Hall, 6.30pm Said Compline   |
| Thurs  | 14 <sup>th</sup> | 12.15pm Lent Lunch, Minor Hall  |
| Fri    | 15 <sup>th</sup> | 7.30pm, Stations of the Cross, St Laurence Church   |
| Sun    | 17 <sup>th</sup> | 2 <sup>nd</sup> Sunday of Lent, 9.30am Sung Parish Mass, 6.30pm Said Compline   |
| Mon    | 18 <sup>th</sup> | Cyril, bishop, teacher of the faith, 386  |
| Tues   | 19 <sup>th</sup> | Joseph of Nazareth  |
| Wed    | 20 <sup>th</sup> | Cuthbert, bishop, missionary, 687, Parish Office closed   |
| Thurs  | 21 <sup>st</sup> | Thomas Cranmer, archbishop, Reformation martyr, 1556,   |
|        |                  | 11am Service at Little Gaynes Home, 12.15pm Lent Lunch, Minor Hall,   |
|        |                  | 1.05pm Lunchtime Concert  |
| Fri    | 22 <sup>nd</sup> | 7.30pm Stations of the Cross, St Joseph's Church  |
| Sun    | 24 <sup>th</sup> | 3 <sup>rd</sup> Sunday of Lent, 9.30am Sung Parish Mass, 6.30pm Said Compline   |
| Mon    | 25 <sup>th</sup> | Annunciation of Our Lord, to the Blessed Virgin Mary,   |
|        |                  | 9.30am Footsteps, 7.45pm Mission & Ministry Meeting, Parish Office  |
| Tues   | 26 <sup>th</sup> | Harriett Mansell, founder of the Community of St John the Baptist, 1883,  |
|        | a ath            | 11.15am Service at The Oaks Home  |
| Thurs  | 28 <sup>th</sup> | 12.15pm Lent Lunch, Minor Hall  |
| Fri    | 29 <sup>th</sup> | 7.30pm Stations of the Cross, St Laurence Church  |
| Sun    | 31 <sup>st</sup> | 4 <sup>th</sup> Sunday of Lent (Mothering Sunday), 9.30am Sung Parish Mass,   |
|        |                  | 6.30pm Said Compline  |
| Detail |                  | tes, times and venues of <u>all</u> meetings and events need to be  |
|        | recor            | ded in the Parish Diary (Parish Office 01708 220696)  |



# Get in touch with ....

#### St Laurence Church Corbets Tey Road Upminster, Essex RM14 2BB

**Rector:** The Reverend Susannah Brasier Revd Susannah is currently on maternity leave. In emergencies and in the need of a priest please contact Fr Roy or the Churchwarden.

| Associate Priest:   | Father Roy Murray                          | 01708 225374 |
|---------------------|--|--------------|
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| Pastoral Assistant: | Deborah Masterson                          | 01708 760485 |
|                     | deborah.masterson@upminsterparish.co.uk    |              |
| Parish Office:      | Joanne Chapman                             | 01708 220696 |
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| Churchwardens:      | Christine Foot (contact via Parish Office) | 01708 220696 |
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| Hon Secretary PCC:  | Beryl Speed                                | 01708 228793 |
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