

The Church of Saint Laurence, Upminster

# PORCHTALK



9<sup>th</sup> March 2025 *First Sunday of Lent*

## Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

<b>Today</b>	Holy Communion	8.00 am
9 <sup>th</sup> March	Sung Parish Mass	9.30 am
<i>1<sup>st</sup> Sunday of Lent</i>	Compline on Zoom	6.30 pm
<b>Monday</b>	Organ Teaching	11.00 am
10 <sup>th</sup> March	Organ Teaching	5.15 pm
<b>Tuesday</b>	Group Visit to Church	10.30 am
11 <sup>th</sup> March	Adventurers' Leaders Meeting, Parish Office	2.30 pm
<b>Wednesday</b>	Morning Prayer, Lady Chapel	8.45 am
12 <sup>th</sup> March	Staff Meeting, Parish Office	9.00 am
<i>Ember Day</i>	Said Mass, Lady Chapel	11.00 am
	Lent Group, Parish Office	11.45 am
	Evening Prayer, Lady Chapel	4.15 pm
<b>Thursday</b>	Choir Practice	8.00 pm
13 <sup>th</sup> March		
<b>Friday</b>	Coffee Morning, Main Hall	10.30 am
14 <sup>th</sup> March	Stations of the Cross, St Laurence Church	7.30 pm
<b>Saturday</b>	Memorial Service and Interment of Ashes for Kerry and Rita Langler	11.00 am
15 <sup>th</sup> March		
<b>Next Sunday</b>	Holy Communion	8.00 am
16 <sup>th</sup> March	Sung Parish Mass with Parade Service	9.30 am
<i>2<sup>nd</sup> Sunday of Lent</i>	Compline on Zoom	6.30 pm

**Compline reading this Sunday:** Luke 18:9-14

**Mass readings next Sunday:** Deuteronomy 26:1-11; Romans 10:8b-13; Luke 4:1-13

**Compline reading next Sunday:** Luke 14:27-33

**Coffee:** 16<sup>th</sup> – Beryl, Maureen and Walter

*Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.*

## NOTICES

**New Electoral Roll** - This year, instead of the annual revision of the Electoral Roll, a completely new Roll must be prepared. This means that everyone who wishes to have their name included on the new Roll must re-apply. The application period is open until next Sunday, 16<sup>th</sup> March. If you need a form or if you have any questions, please speak to our Electoral Roll Officer, Keith Stewart on 01708 227928 or email [parish.office@upminsterparish.co.uk](mailto:parish.office@upminsterparish.co.uk).

**Annual Parochial Church Meeting:** This will take place on Sunday 27<sup>th</sup> April in Church after the 9.30am Mass. All are invited to attend and everyone on the electoral roll is able to vote.

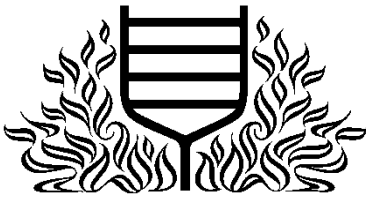
If you would be interested in standing to be a member of the Parochial Church Council (PCC) or as a Deanery Synod representative, please speak to Susannah, Jean Keen, Cheryl Hale or any other member of the current PCC. Whilst these roles require a level of commitment, they can also be flexible. It is important for the overall health of the church that we have a good number of people involved and representing a variety of viewpoints from the congregation.

**Carole Billings** is running another quiz to raise money for the Church Building Improvements Project. Please see a sidesperson or Carole to get your quiz sheet.

**Rosalind Hore** will be selling booklets of her paintings after the 9.30am service today about the suffering in Gaza over the last year. This is to raise money for 'Medical Aid for Palestinians'. MAP is a UK-based charity working for the health and dignity of Palestinians living under occupation and as refugees. Their official website is [www.map.org.uk](http://www.map.org.uk). Medical aid is one of the greatest needs in this devastated part of Palestine.

**Olivia Boachie** will be going to Ghana with the University of Warwick's 'Warwick in Africa' programme this summer, to volunteer as a Maths teacher in under-resourced schools. Olivia is seeking to raise funds to support the programme. If you would like to contribute, please visit [www.justgiving.com/page/olivia-boachie-1](http://www.justgiving.com/page/olivia-boachie-1) - or cash donations can be given to Akosua Boachie. Thank you.

**There will be a Repair Café** on Thursday 13<sup>th</sup> March from 3.30pm - 5.30pm at North Romford Community Centre, Clockhouse Lane, Romford RM5 3QJ. Repair Cafés are free meeting places where expert volunteers, tools and materials are available to help you repair all manner of things.



# AT THE MASS

9<sup>th</sup> March 2025

*First Sunday of Lent*

**Introit** 123 From ashes to the living font

**Setting** St Anne's Mass - MacMillan

## **Collect of the Day**

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## **Deuteronomy 26:1-11**

Moses spoke to the people, saying:

“When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, ‘Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.’ When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: ‘A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God

of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

### Responsorial Psalm 91

Simon Lesley



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Because you have made the Lord your refuge and the Most High your stronghold, there shall no evil happen to you, neither shall any plague come near your tent.

For he shall give his angels charge over you, to keep you in all your ways. They shall bear you in their hands, lest you dash your foot against a stone.

You shall tread upon the lion and adder; the young lion and the serpent you shall trample underfoot because they have set their love upon me, therefore will I deliver them; I will lift them up, because they know my name.

### Romans 10:8b-13

What does scripture say?

'The word is near you,  
on your lips and in your heart'

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, 'No one who believes in him will be put to shame.' For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, 'Everyone who calls on the name of the Lord shall be saved.'

## **Lent Prose**

*Hear us, O Lord, have mercy upon us : for we have sinned against thee.*

O thou chief Corner-stone, Right Hand of the Father : Way of Salvation, Gate of Life Celestial : cleanse thou our sinful souls from all defilement.

### **Luke 4:1-13**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." '

When the devil had finished every test, he departed from him until an opportune time.

**Offertory hymn**            121 Forty days and forty nights

**Anthem**                    Thou knowest, Lord - Text: Book of Common Prayer. Music: Henry Purcell

- Communion hymn**      116 Be thou my guardian and my guide
- Final hymn**              646 God is working his purpose out
- Organ Voluntary**      Herr, Ich Habe Missgehandelt - F.W. Marburg

### FOR YOUR PRAYERS

*Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.*

**Sunday:** Terry Evens, Delyse Maggs, Neil Parsons, Janet Prestwood, Alan Butcher, Denise Comer, Baby Charles, Bob Bossey, Doreen, Michael Folkes, Mary Greig, Fr Tom Keighley, Stanley Oliver, Alan Jones, Sandra Clarke.

**Wednesday:** Mary Ann Madden, Rosalind Manley, Charles Osmond, Simon Pols, Brian Shaw, James Tape, Rosemary Watkins, Glynis Whiting, Sylvia Wilson, Camilla Jackson, Revd Catherine Towner.

**Additional Prayers:** All those receiving Home Communion.  
Paul, recently baptised.

**Anniversaries of the departed:** Elizabeth Osmond, Josiah Beale, Frank Littlewood, Beryl Lillington, Betty Skinner, Harry Pasquale, Hilda Halestrap, Alf Todd, Albert Parish, Geoffrey Piper, Margaret Reading.

### CHARITY OF THE MONTH MARCH: WATERAID

Donation envelopes are available at the back of church.

Wateraid, 6th floor, 20 Canada Square,  
London, E14 5NN.

Registration number: 288701



**THANK YOU FOR YOUR SPONSORSHIP.....**

Palm crosses and altar candles have been sponsored for March 'In memory of my parents' wedding anniversary.'

## DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

## EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on [easyfundraising.org.uk](http://easyfundraising.org.uk) - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

## NOTICES CONTINUED

**Jane Lindsey** has been really lucky in gaining a place into this year's London Marathon on Sunday 27<sup>th</sup> April. She will be supporting two causes; our Building Improvements Project and, also, Millwall Lions Food Hub where she has volunteered in the past. Please take some time to read about Jane and her journey on the donation pages below and if you can, donate. No amount is too small. Please see separate donation pages: (Church) [www.gofundme.com/f/janes-london-marathon](http://www.gofundme.com/f/janes-london-marathon) or (Millwall) [www.gofundme.com/f/jane-v-london-marathon](http://www.gofundme.com/f/jane-v-london-marathon). Cash donations can also be given to Jane Lindsey. Thank you.

*Please consult notice boards under the tower and in the porch for other notices and further information*

## CONTACTS

**Rector** The Revd Susannah Brasier

01708 220174 susannah.brasier@upminsterparish.co.uk

**Assistant Curate** The Revd Neil Barrett (*currently on sabbatical leave*)

revd.neilbarrett@gmail.com

**Pastoral Assistant** Deborah Masterson

01708 609816 deborah.masterson@upminsterparish.co.uk

**Churchwardens** Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

**Parish Safeguarding Officer** Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

**Director of Music** Nigel Lockwood

07899 876247 metcautdesign@googlemail.com

**Parish Office** Joanne Chapman

01708 220696 / 07592 946992 parish.office@upminsterparish.co.uk

Open: Tue. 3.30-6pm, Wed. 9-11am (Staff Meeting), Thur. 9-11.30am.

**Hall Bookings** Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

**Planned Giving** treasurer@upminsterparish.co.uk

**Website** www.upminsterparish.co.uk

**Address** St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

**Welcome to the Parish Church of Upminster.** If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.  
Please email her if you would like to receive her emails.**