



22nd June 2025 *First Sunday after Trinity*

Welcome to Saint Laurence.

Adventurers (groups for children and young people) will not meet in this morning's Parade Mass. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today 22 nd June <i>1st Sunday after Trinity</i>	Holy Communion Sung Parish Mass, Parade Service with Baptism Welcome Evensong on Zoom	8.00 am 9.30 am 6.30 pm
Tuesday 24 th June	Organ Teaching CM&FG Meeting, Parish Office	9.00 am 8.00 pm
Wednesday 25 th June <i>Ember Day</i>	Morning Prayer, Lady Chapel Staff Meeting, Parish Office Said Mass, Lady Chapel Interment of Ashes – Rosemary Watkins	8.45 am 9.00 am 11.00 am 2.00 pm
Thursday 26 th June	Organ Teaching Choir Practice	2.00 pm 8.00 pm
Friday 27 th June	Coffee Morning, Main Hall Organ Teaching	10.30 am 2.15 pm
Saturday 28 th June	Organ Teaching	9.30 am
Next Sunday 29 th June <i>Peter and Paul, apostles</i>	Holy Communion Sung Parish Mass Evensong on Zoom	8.00 am 9.30 am 6.30 pm

Evensong readings this Sunday: Genesis 24:1-27; Mark 5:21-end

Mass readings next Sunday: Zechariah 4:1-6a, 10b-14; Acts 12:1-11; Matthew 16:13-19

Evensong readings next Sunday: Ezekiel 34:11-16; John 21:15-22

Saturday Pathsweepers: 28th – Thomson and Masterson. **Coffee:** 29th – Becky, Simon and Pauline

Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

NOTICES

During the 9.30am Mass today we welcome Florence following her recent baptism.

Thank you from Revd Neil - Neil is very grateful for all the good wishes and cards he has received and for the kind gift from St Laurence. If you would like to come to his licensing at Christ Church, Warley at 4pm on Sunday 13th July, please let Susannah know.

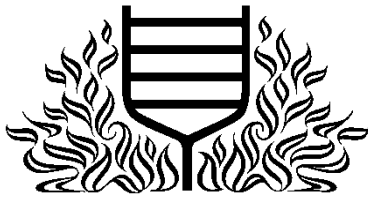
Juliet, our Authorised Local Preacher, will be away from St Laurence on placement in Hutton Parish from 21st June until mid-August.

Would you like to know more about Christianity? I am thinking about running an Enquirers' Course in the autumn - an opportunity to explore some of the core elements of Christian belief through discussion and videos. This would be open to anyone who would like to know more about Christian faith, and could form part of Baptism/Confirmation preparation for those who may be interested in that. Dates and times for the course can be arranged once I know who would be interested. To register interest or to find out more, please speak to me - Revd Susannah.

Ordination of Carly Lucas: Carly, who was on placement at St Laurence last year, will be ordained to the diaconate at Chelmsford Cathedral on Sunday 14th September at 2pm. Please let Susannah know if you would like to attend.

If you would like to visit Westminster Abbey please ask Joanne in the Parish Office for the Parish Pass. The pass admits up to 4 people free of charge.

A talk about the Holden Rectors - Local historian Tony Benton will be giving a talk about 'The Holden Family: Rectors of Upminster' to the Friends of the Old Chapel at Roope Hall (Trinity URC) on Wednesday 9th July at 10.30am. All welcome.



AT THE MASS

22nd June 2025

First Sunday after Trinity

**8am Mass only. For the Parade Service at 9.30am
please use the separate booklet.**

Collect of the Day

O God,
the strength of all those who put their trust in you,
mercifully accept our prayers
and, because through the weakness of our mortal nature
we can do no good thing without you,
grant us the help of your grace,
that in the keeping of your commandments
we may please you both in will and deed;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Galatians 3:23-29

Before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ; There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Luke 8:26-39

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not

live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Neil Parsons, Gillian Clayton, Pam Chapman, Keith Sharp, Alan Butcher, Joan, Mary Ann Madden, Rosalind Manley, Charles Osmond, Simon Pols, Brian Shaw, James Tape, Glynis Whiting, Sylvia Wilson, Camilla Jackson.

Wednesday: Denise Comer, Baby Charles, Bob Bossey, Doreen, Michael Folkes, Mary Greig, Fr Tom Keighley, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens.

Additional Prayers: All those receiving Home Communion.

Recently departed: Iris Lilian Jiggins, Rodney Chamberlain, Delyse Maggs.

Anniversaries of the departed: John Peach (Priest), Arthur Helkin, Edna Helkin, Kathleen Hall, June Lewer, Joyce Skipper (Priest), Douglas Comer, Hilda Pomfrett, Arthur Birkett, Thomas Tresadern, Ronald Husted, Connie Wallace, Denis Breeding, Maureen Fielden, Madelina Fantucchio, Albert Osmond, Marjorie Harvey, Ken Edwards, Ricky Hester, Len Plumstead, Pat Twine.

CHARITY OF THE MONTH JUNE: FRIENDS OF THE EARTH

Donation envelopes are available at the back of church.

Friends Of The Earth Ltd 1st Floor, The Printworks,
139 Clapham Road, London, SW9 0HP.
Registered number 1012357



DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

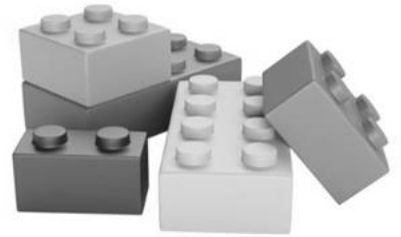
Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.



SAINT LAURENCE
THE PARISH CHURCH OF UPMINSTER



BUILDING FAITH

**A new, informal early morning service
for primary school aged children
with their parents/carers**

**Refreshments, prayer, Bible story
and building blocks activity**

First Sundays (4th May, 1st June, 6th July)

8am-8.45am

Main Hall, St Laurence Church

**For more information please contact the Parish Office:
parish.office@upminsterparish.co.uk
01708 220696**



THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Joanne (Parish Administrator).

CONTACTS

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Director of Music Nigel Lockwood

07899 876247 metcautdesign@gmail.com

Parish Office Joanne Chapman

01708 220696 / 07592 946992 parish.office@upminsterparish.co.uk

Open: Tue. 3.30-6pm, Wed. 9-11am (Staff Meeting), Thur. 9-11.30am.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**