



3rd August 2025 *Seventh Sunday after Trinity*

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
3 rd August	Sung Parish Mass	9.30 am
7 th Sunday after Trinity	Evensong on Zoom	6.30 pm
Monday	Organ Teaching	10.30 am
4 th August		
Wednesday	Morning Prayer, Lady Chapel	8.45 am
6 th August	Staff Meeting, Parish Office	9.00 am
Transfiguration of Our Lord	Said Mass, Lady Chapel	11.00 am
Friday	Coffee Morning, Main Hall	10.30 am
8 th August	Organ Teaching	2.15 pm
Next Sunday	Holy Communion	8.00 am
10 th August	Sung Parish Mass	9.30 am
Patronal Festival	Patronal Festival Cream Tea, Main Hall	4.00 pm
Evensong readings this Sunday: Genesis 50:4-end; 1 Corinthians 14:1-19		
Mass readings next Sunday: Tobit 4:5-11; 2 Corinthians 9:6-10; Matthew 6:19-24		
Saturday Pathsweepers: 9 th – Masterson and Perchard. Coffee: 10 th – Beryl, Maureen and Walter		
<i>Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.</i>		

NOTICES

Today, Revd Mark Smeed, Curate from the Hornchurch Ministry Team will preside at both morning services **and next Sunday** a priest from the Hornchurch Ministry Team will preside at the 8am Mass.

All are invited to celebrate James Riley's 30th birthday next Sunday with cake in the Main Hall after the 9.30am Mass.

Sunday Coffee: More people are needed to keep Sunday coffee running. It's only for an hour or so once approximately every seven or eight weeks. Please tell Joan Prudden or Deborah Masterson if you can go on the rota, thank you.

Patronal Festival next Sunday, 10th August at 4pm in the Main Hall. Today is the last chance to book if you would like to attend. See Sarah Keen or email stlaurencefundraising@gmail.com. Cost is £5 per person and £2 for under 12s.

Carole's Quiz is on sale in aid of the building improvements project. Please see a sideperson or Carole after the service to purchase a copy.

The Parish Office will be closed for most of August due to Joanne being on leave this week followed directly by jury service. We hope to be able to open as normal again on Tuesday 26th August. Any scheduled meetings will take place as usual during this time and further information will be given when it becomes available.

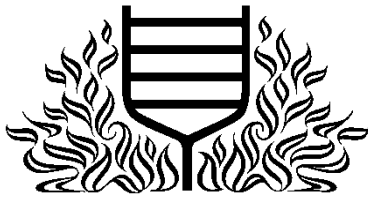
The next Building Faith service will be on Sunday 7th September in the Main Hall. This is an informal 8am service for primary school aged children and their parents or carers with refreshments, prayer, bible story and building blocks activity.

Enquirers' Course: This will take place on Monday afternoons from 15th September to 20th October inclusive, from 1 - 2.15pm in the Parish Office. Anyone who would like an opportunity to reflect on the foundations of Christian faith would be very welcome. Please contact Susannah if you are intending to come.

Volunteers Wanted! St Laurence Church will be supporting the Ride & Stride event on Saturday 13th September to raise funds for the work of the Friends of Essex Churches Trust. We are seeking volunteers to join our walking team and will be visiting churches on a route from Rainham to Upminster. 50% of the money we raise goes direct to St Laurence's Fabric Fund for repairs necessary in our Grade I listed church. For more information about the Friends of Essex Churches Trust please visit their website: www.foect. If you are interested in joining the St Laurence walkers please speak to Rob Brabner on 01708 457578 or email: robertbrabner@icloud.com

A message for 18-30 year olds from a young adult at Upminster Methodist Church: Hi, my name is Emily and I am 22, I regularly attend church but there are few young adults. I would love to try and create a social group for Christian young adults to meet up and share in fellowship and encouragement, to support each other as we navigate life! I'm just trying to find out if there is any interest for this in Upminster or surrounding areas. If you are 18-30 or know any friends who are also Christian and in this age bracket, please pass the message on. If this is something you would potentially be interested in please get in contact, email: ekinder1401@gmail.com

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS

3rd August 2025

Seventh Sunday after Trinity

Introit

595 Be thou my vision

Setting

A New People's Mass - Murray

Collect of the Day

Lord of all power and might,
the author and giver of all good things:
graft in our hearts the love of your name,
increase in us true religion,
nourish us with all goodness,
and of your great mercy keep us in the same;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Ecclesiastes 1:2, 12-14, 2:18-23

Vanity of vanities, says the Teacher, vanity of vanities! All is vanity. I, the Teacher, when king over Israel in Jerusalem, applied my mind to seek and to search out by wisdom all that is done under heaven; it is an unhappy business that God has given to human beings to be busy with. I saw all the deeds that are done under the sun; and see, all is vanity and a chasing after wind.

I hated all my toil in which I had toiled under the sun, seeing that I must leave it to those who come after me- and who knows whether they will be wise or foolish? Yet they will be master of all for which I toiled and used my wisdom under the sun. This also is vanity. So I turned and gave my heart up to despair concerning all the toil of my labours under the sun, because sometimes one who has toiled with wisdom and knowledge and skill must leave all to be enjoyed by another who did not toil for it. This also is vanity and a great evil. What do mortals get from all the toil and strain with which they toil under the sun? For all their days are full of pain,

and their work is a vexation; even at night their minds do not rest. This also is vanity.

Responsorial Psalm 49

v. 16 God shall ran - som my soul from the grasp of death.



For no one can indeed ransom another or pay to God the price of deliverance. To ransom a soul is too costly; there is no price one could pay for it, so that they might live for ever, and never see the grave.

For we see that the wise die also; with the foolish and ignorant they perish and leave their riches to others.

Their tomb is their home for ever, their dwelling through all generations, though they call their lands after their own names. Those who have honour, but lack understanding, are like the beasts that perish.

Colossians 3:1-11

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory. Put to death, therefore, whatever in you is earthly: fornication, impurity, passion, evil desire, and greed (which is idolatry). On account of these the wrath of God is coming on those who are disobedient. These are the ways you also once followed, when you were living that life. But now you must get rid of all such things - anger, wrath, malice, slander, and abusive language from your mouth. Do not lie to one another, seeing that you have stripped off the old self with its practices and have clothed yourselves with the new self, which is being renewed in knowledge according to the image of its creator. In that renewal there is no longer Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and free; but Christ is all and in all!

Luke 12:13-21

Someone in the crowd said to Jesus, 'Teacher, tell my brother to divide the family inheritance with me.' But he said to him, 'Friend, who set me to be a judge or arbitrator over you?' And he said to the crowd, 'Take care! Be on your guard against all kinds of greed; for one's life does not consist in the abundance of possessions.' Then he told them a parable: 'The land of a rich man produced abundantly. And he thought to himself, "What should I do, for I have no place to store my crops?" Then he said, "I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, 'Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.'" But God said to him, "You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?" So it is with those who store up treasures for themselves but are not rich towards God.'

Offertory hymn 454 Love is his word

Communion hymn 787 Take my life

Final hymn 631 Fight the good fight

Organ Voluntary Allegro con brio (Sonata IV) – Felix Mendelssohn

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Gillian Clayton, Pam Chapman, Keith Sharp, Alan Butcher, Joan, Janet Hammond, Mary Ann Madden, Rosalind Manley, Charles Osmond, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson.

Wednesday: Denise Comer, Baby Charles, Bob Bossey, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens.

Additional Prayers: All those receiving Home Communion.

Recently departed: David.

Anniversaries of the departed: Ted Worton, John Hendra, Edwin Wallen, Paul Wilson, Chris Francombe, George Gill, Ivy Dowding, Bill Wesley.

CHARITY OF THE MONTH - AUGUST: MEDECINS SANS FRONTIERES/DOCTORS WITHOUT BORDERS

Donation envelopes are available at the back of church.

MSF is an international humanitarian organisation providing medical care in more than 70 countries. Since 1971, they have been treating people caught in complex crises and chronic healthcare emergencies around the world. From their paediatric nurses to their off-road drivers, they are experts at working in fast-moving and highly-insecure environments. So, whether it's launching a rapid response or delivering community care, they go wherever they are needed most.



In 2023, they admitted more than 1.3 million people to their hospitals and held more than 16.4 million consultations, including at mobile clinics and in refugee camps.

Their vital work often hits the headlines when there's an emergency such as an earthquake, war or disease outbreak. However, their teams are also running long-term medical programmes for vulnerable groups cut off from care, or speaking out about unseen suffering and the policies that cause it. Around the world, 365 days a year, they are there even when the cameras are not.

DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Joanne (Parish Administrator).

A message from Revd Nicky Teverson: Eight years ago I spent six months at St Laurence and during this time I set up a charity to build an orphanage in Njombe, Tanzania. The challenges the board of trustees and I have overcome have been immense - corruption, covid and bureaucratic red-tape - the whole process has demanded tenacity, prayer, resilience and determination. Now after six years of construction and two waiting for the official licence, we are able to open our doors to provide a loving and caring home for children who have nothing. To this end, three Sisters, trained in childcare, from the convent where the home is built will care for the children. We have gardens planted with vegetables and fruit and some cows will be arriving soon. The children will arrive in the next few weeks and we continue to raise funds to provide food, clothes and education for them. We will soon be reaching out to people to 'sponsor a child'. Please let us know if you are interested in sponsoring at njteverson@gmail.com. Thank you to everyone who has helped in so many ways for this vision to come to fruition and please continue to hold The House of Luhuvilo in your prayers. The House of Luhuvilo is a charity set up to provide safety and life-giving futures for orphans (charity number 1175276). The home is built in the hills of Sayuni in Njombe, Tanzania.

CONTACTS

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Churchwardens Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

Director of Music Nigel Lockwood

07899 876247 metcautdesign@gmail.com

Parish Office Joanne Chapman

Closed this week.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**