

PORCHTALK



14th September 2025 *Holy Cross Day*

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
14 th September	Sung Parish Mass	9.30 am
<i>Holy Cross Day</i>	Evensong on Zoom	6.30 pm
Monday	Organ Teaching	11.00 am
15 th September	Enquirers' Course, Parish Office	1.00 pm
	Organ Teaching	4.30 pm
Tuesday	Organ Teaching	9.15 am
16 th September		
Wednesday	Organ Teaching	7.00 pm
17 th September		
Thursday	Choir Practice	8.00 pm
18 th September		
Friday	Organ Teaching	9.00 am
19 th September	Coffee Morning, Main Hall	10.30 am
	Organ Teaching	2.15 pm
Next Sunday	Holy Communion	8.00 am
21 st September	Sung Parish Mass	9.30 am
<i>Matthew, Apostle and Evangelist</i>	Evensong on Zoom	6.30 pm
<i>Evensong readings this Sunday:</i> Isaiah 63:1-16; 1 Corinthians 1:18-25 <i>Mass readings next Sunday:</i> Proverbs 3:13-18; 2 Corinthians 4:1-6; Matthew 9:9-13 <i>Evensong readings next Sunday:</i> Ecclesiastes 5:4-12; Matthew 19:16-end		
<i>Saturday Pathsweepers:</i> 20 th – Thomson & Mowat. <i>Coffee:</i> 21 st – Alison, Mark & Margaret		
<p><i>Please let Revd Susannah know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.</i></p>		

NOTICES

Saturday 13th September was Ride and Stride Day. Thank you to everyone who took part and for all your sponsorships. There is still time to sponsor our team - contact Rob on 01708 457578.

Please note that there is no Mass this Wednesday, 17th September

If you can bring green foliage and fresh produce or help decorate church at Harvest please contact one of the churchwardens.

Season of Creation/Eco-Church: Please see the poster at the back of church about events being run by the Diocese to help us to think about our relationship with creation. Anyone is welcome to attend and ideas/initiatives that can be brought back to the parish would be welcome. The Diocese is also organising some roadshows looking at aspects of the Eco-Church awards (we are currently working towards our Bronze Award but are not there yet). Our nearest event is on September 24th from 7 to 9pm at St Martin's Church, 33 Goresbrook Road, Dagenham, RM9 6UX. If you would like to attend on behalf of St Laurence, please let Susannah know.

The next Building Faith Service will be on Sunday 5th October from 8am to 8.45am in the Main Hall. This is an informal early morning service for primary school aged children with their parents/carers with refreshments, prayer, bible story and building block activity.

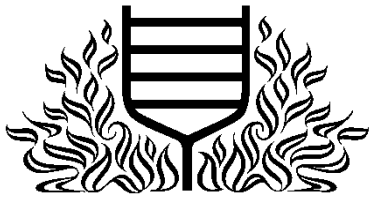
On Sunday 5th October we will celebrate our Dedication Festival - the founding of the church here in Upminster. Our preacher at the 9.30 Mass that day will be the Revd Canon Dr Sarah Hills, Vicar of Holy Island - in recognition of the fact that it was from Holy Island, in Northumberland, that St Cedd travelled in the seventh century to found churches (minsters) in Essex - including a minster on a hill in this place. Please do come along if you can to welcome Sarah and listen to her words.



Friday Coffee - save the date!

We will be holding our popular **Cards, Cakes & Coffee Morning on Friday 17th October** in the Main Hall in aid of our Building Improvements Project. Once again, Gill Roome will be running her "Raffle with a difference" which will be drawn during coffee after the 9.30am service on the following Sunday 19th October. Cards and delicious home-made cakes will also be on sale then too! *Please note the dates were previously advertised in Porchtalk as Friday 24th October & Sunday 26th October but have been changed due to building work in the Main Hall on those dates.*

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS

14th September 2025

Holy Cross Day

Introit

157 When I survey

Setting

The Addington Service - Shephard

Collect of the Day

Almighty God,
who in the passion of your blessed Son
made an instrument of painful death
to be for us the means of life and peace:
grant us so to glory in the cross of Christ
that we may gladly suffer for his sake;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Numbers 21:4-9

The Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Andrew Moore



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Taizé

John 3:13-17

Jesus said to Nicodemus:

‘No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.’

Offertory hymn	147 My song is love unknown
Anthem	Here is the Place (Gather Us In) (1982) Text & Music: Marty Haugen
Communion hymn	427 Behold the lamb
Final hymn	671 I will sing the wondrous story
Organ Voluntary	Trumpet Voluntary - John Bennett

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Pam Chapman, Keith Sharp, Mary Ann Madden, Rosalind Manley, Charles Osmond, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson, Maria.

Additional Prayers: All those receiving Home Communion. Carly Lucas, who will be ordained to the diaconate at Chelmsford Cathedral at 2pm today.

Anniversaries of the departed: Valentine Brabner, Jake Robertson, Doreen Elsam, Edward Cox, Peter Cook, Richard McKane, Don Stewart, Rose Wilson, Joan Ward.

**CHARITY OF THE MONTH SEPTEMBER:
ROYAL NATIONAL LIFEBOAT INSTITUTION (RNLI)**

Donation envelopes are on the notice board at the back of church.

Royal National Lifeboat Institution
West Quay Road, Poole, Dorset BH15 1HZ
Registered charity number 209603



DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Joanne (Parish Administrator).

Please check your gift items
are in date, thank you.

Harvest appeal



Help support your food bank this Harvest

In the three weeks leading up to Harvest, the food bank will provide over 500 food parcels for local individuals and families facing hardship.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

Jam

Cereals

Biscuits

Milk (UHT)

Pasta 500g

Tinned veg / fruit

Tinned meat / fish

Fruit juice (long-life)

Instant mashed potato

Rice Pudding / Custard

Harold Hill Foodbank
haroldhill.foodbank.org.uk



CONTACTS

Rector The Revd Susannah Brasier

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Pastoral Assistant Deborah Masterson

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Churchwardens Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

Director of Music Nigel Lockwood

07899 876247 nigel.lockwood@upminsterparish.co.uk

Parish Office Joanne Chapman

01708 220696 / 07592 946992 parish.office@upminsterparish.co.uk

Open: Tue. 3.30-6pm, Wed. 9-11am (Staff Meeting), Thur. 9-11.30am.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**