

August and  
September 2026



# GRIDIRON

The Magazine of the Parish Church of  
Saint Laurence Upminster

£1



*Cover created by Francesca Ross (from Parish Pump)*

## Service Times

***The service schedule may change at short notice. Please refer to Porchtalk or contact the Parish Office for up-to-date information.***

### Sundays

Holy Communion 08.00  
Sung Parish Mass 09.30  
Sunday Schools 09.30  
Evensong 18.30

*(see Parish Diary  
for details)*

### Weekdays

Wednesday Morning Prayer 08.45  
Mass 11.00  
Evening Prayer 16.15

### Footsteps

This Service for pre-school children and grown-ups normally takes place monthly on a Monday at 09.30 in the Lady Chapel. The next service is on **28<sup>th</sup> September**. There is no service in August.



***Additional services on Saints' Days are shown in the Diary in the back pages.***

### Baptisms and Wedding Banns

These are administered during public services.  
Please contact the Parish Office to make arrangements.

### Confessions

By appointment with the clergy.

**Please inform the Parish Office or Revd Susannah  
of anyone who is ill or in need of a pastoral visit.**

***See back pages for useful telephone contact numbers***

**[www.upminsterparish.co.uk](http://www.upminsterparish.co.uk)**

**Parish Office ☎01708 220696**

**[parish.office@upminsterparish.co.uk](mailto:parish.office@upminsterparish.co.uk)**

The views expressed by individuals in Gridiron Magazine are not necessarily the views of St Laurence Church, Upminster. External advertising in this magazine does not imply an endorsement or promotion of the advertisement, nor its content, products or services. Errors and omissions, whilst regrettable, may occur. Please advise the editor in writing and appropriate action will be taken.



## From the Rector

Is summer changing? This is the question which is being asked widely at the time of writing. We have been through two significant heatwaves and are on the verge of another, and perhaps by the time you read this in August there will have been more very warm weather. Even for those who delight in lots of sunshine, many things become a struggle after several days of the thermometer being well above 30 degrees. It is becoming more and more clear, not just to scientists and academics but to ordinary people,

that global warming and climate change are ever more pressing issues.

It is easy either to ignore the issue – hide in a dark room with a fan and wait for the heatwave to be over – or to feel utterly powerless. But as with many of life's most pressing issues, the Christian response needs to be somewhere in the middle. This is a change that we should not ignore. It is not merely a political issue or a difference of opinion, but it is a change in the natural world to which we are called to be attentive, especially as followers of Christ who are called to be attentive to the wellbeing of all creation. Of course, it should concern and worry us at one level – if not for our own future, then for that of younger generations and those yet to come – but rather than letting the concern paralyse us, hopefully it can motivate us to see what we can do. We may well feel that our own contribution is too small to be useful – but of course every change, even a small one, is a step in the right direction.

We have been sharing a number of eco-tips in Porchtalk for some time - some are very simple to implement, and others are more challenging. The PCC has agreed a 15-year plan to try and reduce energy consumption and carbon emissions in the church and halls and to take other steps towards greater environmental awareness. Unfortunately, the 'Care of Creation' group set up under Revd Catherine's leadership when she was our curate had to disband as members took on other responsibilities, but if anyone feels they would particularly like to contribute to such initiatives going forward, please do have a word with me. Some time ago, the Church of England introduced as its fifth 'Mark of Mission', "To strive to safeguard the integrity of creation and sustain and renew the life of the earth." I hope this is something that we recognise as

important at St Laurence, and I am grateful to all who are striving on various levels to ensure that we do.

With my prayers and best wishes

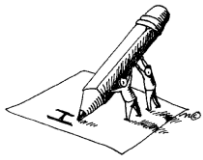
Susannah

## **Fiona Macaulay**



On Sunday 5<sup>th</sup> July, Reverend Susannah introduced Fiona Macaulay. The children of the congregation had made her a welcome card.

Fiona is our new curate, who joins us initially as a Licensed Lay Worker prior to her ordination as a Deacon on 13th September.



## From the Editors

Dear Readers

As I write this the weather has been incredibly hot and I hope that you all managed to keep cool during this time. It seems strange that when this edition of the magazine goes to print it will be the end of summer and the beginning of the autumn!

As usual the magazine is packed with events that have gone on within the church and we are grateful for all the volunteers who organise events etc. They often work behind the scenes, and we would like to thank them all for their hard work and dedication to keeping St Laurence thriving.

*Arlette Wiggins, Editor*

## From the Parish Registers

### BAPTISM

*We welcome into the family of the church and pray for:*

21<sup>st</sup> June                      Sienna Rose Benie  
Donna and Henry Harding

Alan Butcher, a member of St Laurence since childhood, and our Sacristan for many years, died peacefully on 7<sup>th</sup> July, just before this edition of *Gridiron* was going to print.

He will be greatly missed, but we trust that he now rests in the love of God, whom he served so faithfully through the church and elsewhere – and we are thankful for all that he contributed to the liturgy and the life of St Laurence with such dedication.

A fuller tribute will follow in the next edition of the magazine.

## October and November Magazine Deadline

Items for inclusion in the **October and November** edition of *Gridiron* should reach the editorial team by **Friday 5<sup>th</sup> September**. We would prefer to receive items by e-mail at [gridiron@upminsterparish.co.uk](mailto:gridiron@upminsterparish.co.uk). Paper copy is acceptable but should be submitted to us as early as possible. The **October and November** Magazine will be on sale from **Sunday 28<sup>th</sup> September**.



# Quiz Night!

*by Tony Bloomfield*

The last Saturday in May saw people having to choose between our Quiz Night or staying in to watch the Champions League Final - as opposed to the prior two years when the Eurovision Song Contest was the alternative on offer!

Despite the attractions of football we had a turn-out of 8 teams, all primed to tackle my annual feast of trivia, education and bad taste in music. The title of the quiz this year was Minstrels, Mr. Men and the Meaning of Life, giving a clue as to what was to come.

I like to mix serious hardcore quiz questions with trivia, low-brow and the sort of general knowledge that you don't know you know until you know it (if you get my point). This year's amusing highlights showed that our quizzers were very clued up on current affairs, bingo slang, and with a major improvement on classical music on previous years. I particularly enjoyed noting that a table of people of a 'certain age' had no clue as to a popular Boney M song, which made me wonder what on earth they were doing back in the 1970s. It was also interesting that the only question nobody got right was what gift was traditional for a 15th Wedding Anniversary (it was crystal) - probably because it was too long ago for most of us? And interestingly many tables did not know the flight code for RyanAir. Not sure if that means we are all staycationers or prefer the premium flying experience?

I also like to put in a question that tests whether or not we have been paying attention to church life - and only 2 out of the 8 tables knew when we celebrated St Laurence Day - some even had the month wrong. One to go and do your homework on!

As well as questions and music, we had some pictures and Mr Men to identify - but I think the highlight was a tray of well-known chocolate bars without their wrappers that teams had to identify without tasting! Some have changed since I remember them, but the teams did remarkably well - up to 18 out of 20 for one team - but I think the best moment was after the answers when some team members got the chance to finally see whether or not number 19 was really a Crunchie!



It was a fun evening, and we raised £667 for the Building Improvement Project.

# Summary of PCC Meeting held on 11th May 2026

As this was the first meeting following the APCM, co-options and appointments were decided. Deborah Masterson was co-opted. Michael Masterson was appointed as Vice Chairman, Tony Bloomfield as Treasurer and Beryl Speed as Secretary. Nigel Lockwood became the extra PCC member required on the Standing Committee. Cheryl Hale, Jean Keen and Michelle Mitchell were appointed as Sidespersons.

The purchase of a replacement folding/stapling machine for use in the Parish Office was discussed and agreed.

Charity of the Month suggestions were considered with The Fishermen's Mission being chosen for September and The Toybox Charity for October. The remainder of 2026 was already filled but it was decided to support The Gurkha Welfare Trust in January 2027.

Good progress is being made with the 15-year plan. It is hoped to give more attention to other Care of Creation matters when the opportunity arises.

There have been no candidates for the Associate Priest position. If no one is appointed soon, a decision will have to be made on what to do with 6 Gaynes Park Road.

All the paperwork for the Building Improvements Project has been received apart from the structural engineer's report which is still awaited. Tony Bloomfield is also awaiting a report on the bells project. Fundraising continues.

Other matters which were reported on, discussed or agreed included:

- Hive heating controls
- Legacy income
- Success of Building Faith services
- Possibility of having a Summer Read
- Confirmations
- Financial report and allocation of funds
- Repairs to path
- Minor Hall flooring
- Heating issues in halls
- Microsoft Non-Profit Programme
- Problems with lectern mic
- Safeguarding

- Churches Together
- Deanery Synod
- Progress made on Scout/Guide storage units
- St Laurence House
- Leading Your Church into Growth

## **6th August The Transfiguration - a glimpse of Jesus' future glory**

*from Parish Pump*

It was a time when Jesus' ministry was popular, when people were seeking Him out. But on this day, He made time to take Peter, James and John, His closest disciples, up a high mountain. In the fourth century, Cyrillic of Jerusalem identified it as Mount Tabor (and there is a great church up there today), but others believe it more likely to have been one of the three spurs of Mount Hermon, which rises to about 9,000 feet, and overlooks Caesarea Philippi.

High up on the mountain, Jesus was suddenly transfigured before His friends. His face began to shine as the sun; His garments became white and dazzling. Elijah and Moses, of all people, suddenly appeared, and talked with Him. A bright cloud overshadowed the disciples.

Peter immediately suggested building three tabernacles on that holy place, one for Jesus, one for Moses, and one for Elijah. But God's 'tabernacling', God's dwelling with mankind, does not any longer depend upon building a shrine. It depends on the presence of Jesus, instead. And so, a cloud covered them, and a Voice spoke out of the cloud, saying that Jesus was His beloved Son, whom the disciple should 'hear'. God's dwelling with mankind depends upon our listening to Jesus.

Then, just as suddenly, it is all over. What did it mean? Why Moses and Elijah? Well, these two men represent the Law and the Prophets of the Old Covenant, or Old Testament. But now they are handing on the baton, if you like: for both the Law and the Prophets found their true and final fulfilment in Jesus, the Messiah.

The Eastern Churches have long held the Transfiguration as a feast as important as Christmas, Epiphany, Ascension and Pentecost. But it took a long time for the West to observe the Transfiguration. The feast starts appearing from the 11th and 12th centuries, and the Prayer Book included it among the calendar dates, but there was no liturgical provision for it until the 19th century.



# BF Mulley & Son



incorporating Horace Fry

Chapel of Rest | Home Arrangements | Distance No Object  
World Wide Repatriation | Ample Client Parking | Memorials  
Family Owned Funeral Home | 24 Hour Funeral Service



254 St. Mary's Lane,  
Upminster RM14 3DH  
Tel. 01708 220330



28 High Street,  
Hornchurch RM12 4UN  
Tel. 01708 442145

e: [funerals@bfmulleyson.com](mailto:funerals@bfmulleyson.com) | [www.bfmulleyson.com](http://www.bfmulleyson.com)

## Nightingale *by Michael Blencowe of the Sussex Wildlife Trust*

My bottom desk drawer is a graveyard, the final resting place for the obsolete. A broken calculator, foreign coins, buttons and a Maxell C90 cassette given to me a few years ago. I had no means of playing it until I recently discovered my clunky cassette deck hiding in the garage. An accompanying note says the tape contains “the song of a Nightingale in the churchyard of St John sub Castro, Lewes, spring 1985”. It was recorded by a lady called Barbara from an upstairs window in neighbouring Lancaster Street.



After some dusting, re-wiring, buzzing and hissing the sweet sound that swirled from my speakers transported me back over three decades to a time when Reagan negotiated with Thatcher, Paul Hardcastle's na-na-na-naNineteen topped the charts and a Nightingale sang in St John sub Castro.

To be frank, Nightingales aren't much to look at. Small brown birds; a Robin without the redbreast. But when they open their beak there's a Susan Boyle-like transformation. These drab birds become the world's most celebrated vocalists.

For centuries, poets have praised their performance. Homer, Shakespeare, Coleridge, Wordsworth, Clare, Keats, Dylan and Cohen. Shelley claimed, "A poet is a Nightingale who sits in darkness, and sings to cheer its own solitude with sweet sounds". Trust young Percy Bysshe to believe the bird was wallowing in its own self-pity.



The Nightingale's song is actually both an aggressive war-cry and a sweet, structured sonnet. A hymn to the silence in the hope of enticing a passing female. The Nightingale's optimistic warbles have inspired everyone from the late Vera Lynn to Roxy Music.

A BBC recording of a bird singing in Oxted in 1942 inadvertently captured the roar of Lancasters, Wellingtons, Stirlings and Halifaxes passing overhead laden with bombs destined for Germany. The contrast between innocence and beauty, terror and destruction make it the most powerful sound I have ever heard.

Nightingales will sing by day but are most famous for never letting up when the sun sets, their beautiful phrasing carrying loud and clear over the muffled grunts and hoots of other nocturnal animals. Once the Nightingale has hooked a partner his nocturnal performances will stop, so there's a narrow window to hear them.

Our Nightingales spend the winter south of the Sahara in a wide belt between Senegal and Kenya, usually returning in late April. Due to habitat destruction the UK population of this amazing bird –so entwined in our cultural heritage – is in a steep decline.

The sound of a Nightingale singing in the centre of Lewes may have been relegated to the bottom drawer of history but we are blessed to still have this bird performing in our Sussex woodlands.

We must never let their song of hope be silenced forever.

## **The Archdeacon's Visitation Service 2026**

On Wednesday 24th June members of all the churches in Havering Deanery gathered at All Saints', Ardleigh Green for the Visitation Service where outgoing Churchwardens are thanked and incoming Churchwardens are sworn in by the Archdeacon. Chris and Nancy Mowat thus became our new Churchwardens.

Unfortunately it was an extremely warm evening so nobody was keen to have their picture taken, hence the lack of photos! As has been explained, Chris and Nancy have kindly offered to be Churchwardens for a period of one year in order to avoid us having had to be in a situation without any Churchwardens.

It would be much appreciated if everyone could give thought to taking over from them next year; please do speak to Susannah, Chris, Nancy or any former Churchwardens if you would like to know more.



## Outgoing Churchwardens



On Sunday 21<sup>st</sup> June, Jean and Cheryl, our outgoing churchwardens were presented with orchids to thank them for their service.

## Special Birthday!



Peter Masterson celebrated his 80<sup>th</sup> birthday with us on Sunday 21<sup>st</sup> June with a cake made by Deborah and iced by Jean Keen.



## David Goddard



On Sunday 28<sup>th</sup> June David Goddard was received into the Church of England. David said 'I've always been surrounded by active church going people. My father was in training to be a Catholic priest, until he was taken out of the seminary in World War 1, and put on the Somme. Thankfully he survived, and didn't go back to the seminary, so I am here today.

An early memory of a Christian act concerns my father, each Sunday my dad used to walk me to mass and one Sunday in winter, we were walking along Kensington High Street and we saw in a shop door way an elderly man, shivering. My dad took off his new

overcoat and wrapped it around him! Now, being a teenager and a know it all, I thought my dad was old and soft. My mother had saved up for a year, for that coat, and boy was she angry! All my dad would say was 'well he needed it more than me.'

I was never mature enough to tell dad what I thought of him and his deed. By the time I realised that, he was no longer with us. I have regretted not doing so every year since. I hope one day to be able to tell him. Perhaps a little of his love and kindness will rub off on me.

In recent times, since coming to St Laurence, I have had a better understanding of it all. I have felt at home here, a mix I think of your welcome and a continuous Christian presence in this place. I have felt drawn to the church and to the people.

Thank you to everyone for making me feel at home and part of the family.'





# RAF Hornchurch Heritage Centre - Worth a Visit

*by Rob Brabner*



One of the local attractions, so close to us is the RAF Hornchurch Heritage Centre, just past the St George's NHS Hub in Sutton's Lane, with easy access by bus or car.

Originally known as Suttons House, it was a two staff cottage for the Suttons Institute, but by September 1939 was part of the RAF Hornchurch complex. After

the end of the Second World War, from 1948, it became incorporated into St George's Hospital, and around 2013 ceased as a mental health facility.

The original airfield goes way back to WW1 when it was known as Suttons Farm and the days of Royal Flying Corp. Indeed, William Leefe Robinson, who flew from Suttons Farm, became an acclaimed national hero when he shot down the first Zeppelin and two more Hornchurch based pilots very soon after also downed Zeppelin's to great acclaim.

The museum is packed with memories of those involved with the airfield and, inevitably, there is far more information on the activities of WW2 and the personnel that served both as Squadron Leaders, pilots, aircraft engineers and civilian staff. The service of the women is not forgotten as well as the bomb damage in the local area. One of the many photos on display shows the bomb damage in St Mary's Lane and other local sites.

Also remembered is the American pilot Raimund Sanders Draper who, sadly, sacrificed his life by avoiding crashing into the local school. His plane had been hit and he needed to make an emergency landing.

The museum includes a representation of the original oak fire place along with many original artefacts and RAF officer uniforms.





The Room of Remembrance includes two stained glass windows from the Chapel of Rest, formerly the Suttons Institution, latterly to become St George's Hospital.

Other rooms commemorate the 'local Heroes and WAAF Room' where one of the WAAs met her future husband to be, A certain Max Bygraves also served at Hornchurch at the time.

The central room is 'The Battle of Britain Room' and displays the part that Hornchurch, as a key player, played in the defence of the Thames and London. When the Americans later joined the allies the USAAF room commemorates their service at Hornchurch. Also, in the garden area of the museum there is a Anderson Shelter to inspect.

It is incredible to think how important the part of Hornchurch and the other local airfields at North Weald, Rochford, Debden, and Stapleford Tawney, played. Further away airfields were situated at Kenley, Northolt, Uxbridge, Gravesend, Manston, Biggin Hill and Croydon.

Also, sobering to remember, just eighty years or so ago, it shows the bomb damage inflicted on Hornchurch airfield and the surrounding area with devastating casualties to the civilian population as well as the serving personnel.

Check out the opening times of the museum on the RAF Hornchurch Heritage Centre website. It is well worth a visit - and if you have grandchildren, this could well be an eyeopener.

## **Kings Cuts Tree Services**

*[www.kingscutstreeservices.co.uk](http://www.kingscutstreeservices.co.uk)*

*formerly SJ Tree Services*



- Pruning & Felling • Hedge Trimming
- Stump Grinding • Qualified Staff
- Crown Reduction • Fully Insured

**0800 311 8733 or 07931 935 425**

**Lawrence Crescent, Dagenham, RM10 7HJ**

## **...And What Gifts Has God Given You?**

*by Cathy Le Fauvre*

I'm fascinated by television programmes like Britain's Got Talent and Fame Academy. It's great when an unknown suddenly emerges - and someone last week was working in a shop or as a cab driver suddenly becomes a chart-topper or a headliner in the West End.

I'm also amazed at the number of people who attend auditions really believing they have enough talent to be a superstar - even if the judges think otherwise. We all have gifts but we can't all be in the spotlight. The majority of us will just go about our lives quietly, hopefully using the talents and gifts that we have.

But not all of us have a great belief in our abilities, and some of us have yet to discover our gifts. We may think our contribution to life is pretty unimportant especially compared to some of the great things we think others are doing.

But God has plans and purposes for each one of us, and we all have something to contribute - that's important to Him - even if we don't know it yet.

In the New Testament, in the first letter to the Corinthians, St Paul writes that "God's various gifts are handed out everywhere; but they all originate in God's Spirit.' No gift is more important than another. Our inner selves are like our bodies. All the parts have different purposes and all are important in their own right.

God calls us all to be part of His work on earth. Each of us will have a path to follow and God will equip us accordingly.

Lord, You know us. With Your help may we discover and embrace the gifts You have given us, and then help us to explore ways in which we can use them to help improve our world and the lives of others. Amen

Cathy Le Feuvre is a freelance writer, journalist, broadcaster and communications consultant specialising in public relations for religious organisations, churches and faith groups. She spent seven years as Head of Media for the Salvation Army (UK).

*Note : the above article was published in Prayer for the Day Volume II by Watkins Media Ltd in 2016 by arrangement with the BBC - originally broadcast on Friday 11th July 2008.*

## **Charity of the Month August – Marillac Neurological Care Centre**



Marillac Neurological Care Centre (the MNCC) is a not-for-profit independent charity providing specialist care and rehabilitation pathways for adults with complex or progressive neurological conditions (brain injury, trauma, infection, stroke) and spinal cord injuries.

It is set within 4 acres of landscaped gardens in Brentwood, Essex. The building and grounds accommodate 52 beds including 3 units with bungalows. The building also boasts a large fully equipped physiotherapy gym, Occupational Therapy skills kitchen, sensory room and access to high/low tech neuro technology aids/equipment.

In 1920 the Daughters of Charity bought Warley House, opening the 'Marillac Sanatorium' as a specialist tuberculosis hospital in 1921. By 1957 there was a need for a facility to care for the needs of the young and chronically sick. In response, the Daughters moved 200 yards down the road to the building they are in now – the former East Essex Regiment's Officer's Mess.

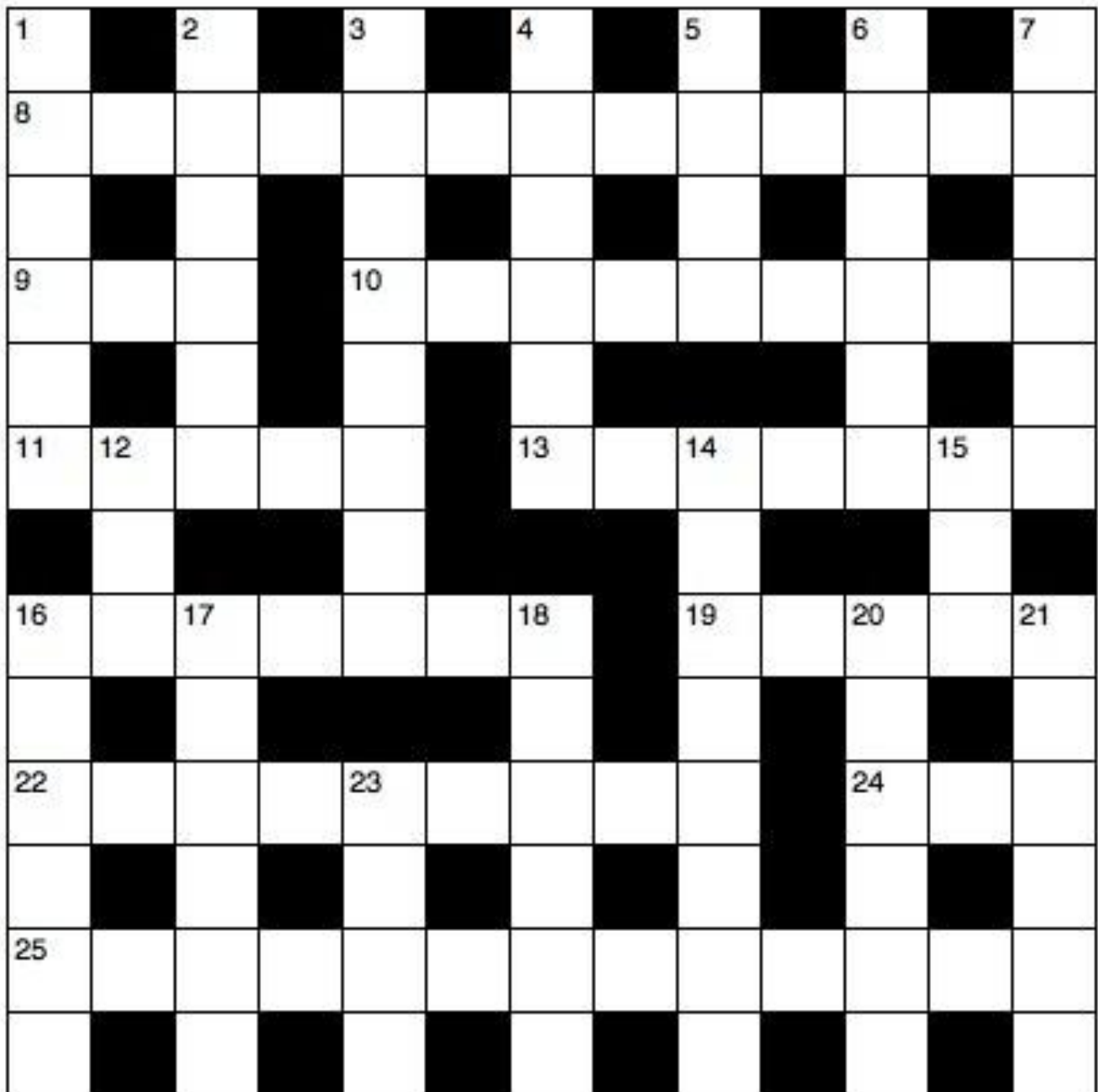
## **Charity of the Month September – The Fishermen's Mission**

The Fishermen's Mission provides practical welfare, spiritual care, and friendship to active and former fishermen, along with their families.

In 1881, a terrible storm shocks the Eyemouth Community as nearly 200 fishermen lose their lives close to shore. Moved to action, Ebenezer Mather learned more about the conditions of his local fishing community and created the Mission to Deep Sea Fishermen – a lifeline for people whose work carried enormous risk but also immense dignity.

Almost 150 years after Ebenezer Mather founded our charity, the same compassion and urgency guides them to support fishermen across the country.





### Across

- 8 One of the titles given to the Messiah in Isaiah's prediction (Isaiah 9:6) (6,2,5)
- 9 International Nepal Fellowship (1,1,1)
- 10 Single(1Corinthians7:27)(9)
- 11 Aleksandr Solzhenitsyn's seminal book about Soviet prison camps, The — Archipelago (5)
- 13 Treachery(2Kings11:14)(7)
- 16 Of India(anag.)(2,3,2)
- 19 'God has put us apostles on display at the end of the procession,like men condemned to die in the — ' (1 Corinthians 4:9) (5)

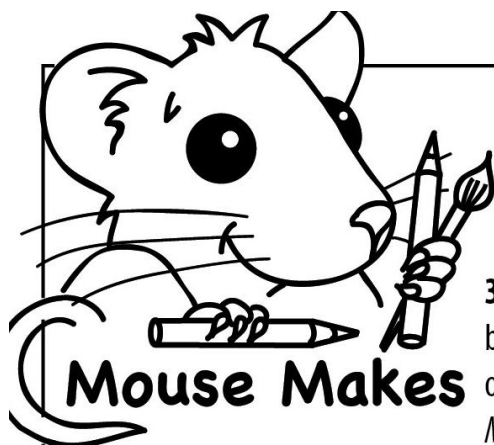


- 22 Follower of a theological system characterized by a strong belief in predestination (9)
- 24 'Put these old rags and worn-out clothes under your arms to— the ropes' (Jeremiah 38:12) (3)
- 25 They brought together all the elders of the Israelites in Egypt (Exodus 4:29) (5,3,5)

### Down

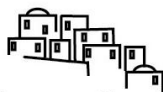
- 1 The season when kings 'go off to war' (2 Samuel 11:1) (6)
- 2 Simon Peter's response to Jesus by the Sea of Galilee: 'Go away from me, Lord; I am a — man' (Luke 5:8) (6)
- 3 Beaten with whips (1 Kings 12:11) (8)
- 4 'You shall not — adultery' (Exodus 20:14) (6)
- 5 Encourage (Hebrews 10:24) (4)
- 6 Service of morning prayer in the Church of England (6)
- 7 'Take and eat this in remembrance that Christ died for you, and — — him in your heart by faith with thanksgiving' (4,2)
- 12 Run(anag.)(3)
- 14 Member of 17th-century party that denied the right of autonomy to the Church (8)
- 15 'We will triumph with our tongues; we—our lips'(Psalm 12:4) (3)
- 16 Earnings(1Corinthians 16:2)(6)
- 17 'I rejoice greatly in the Lord that— —you have renewed your concern for me' (Philippians 4:10) (2,4)
- 18 How Paul described Philemon (Philemon 1)(6)
- 20 Multiple territories under the rule of a single state(Daniel 11:4)(6)
- 21 'You have been unfaithful; you have married foreign women,—to Israel's guilt' (Ezra 10:10) (6)
- 23 This month(abbrev.)(4)

**JUNE AND JULY ANSWERS: ACROSS:** 1, Wickedness. 7, Harpist. 8, Teach. 10, Side. 11, Impostor. 13, Encamp. 15, Saddle. 17, Ignorant. 18, Tent. 21, Grass. 22, Olivier. 23, Wrongdoers. **DOWN:** 1, World. 2, Crib. 3, Entomb. 4, National. 5, Started. 6, Whispering. 9, Harvesters. 12, Imprison. 14, Centaur. 16, Unload. 19, Evils, 20, Give.



1. To which city did God send Jonah?

*Jonah 1:1-2*



2. Where did Paul travel to after seeing a vision?

*Acts 16:9-10*

MOAB

3. Which sea did Jesus walk beside before he went up on the mountain?

*Matthew 15:29*

5. Which town did Naomi and Ruth travel to after leaving Moab?

*Ruth 1:22*



6. Where did Paul and Barnabas go after being persecuted in Antioch?

*Acts 13:51*

4 across

After Paul was stoned, where did he travel to with Barnabas?

*Acts 14:19-20*

LYSTRA

4 down

Where was Saul travelling to when Jesus appeared to him?

*Acts 9:3*



EGYPT



JERUSLEM

7 across

Where did the Church in Jerusalem send Barnabas?

*Acts 11:22*

JOURNEYS

JUDEA

7 down

Where did Noah's ark come to rest after its journey?

*Genesis 8:4*

9. To which city did Philip travel to proclaim Christ?

*Acts 8:5*

10. To which river did people travel out to to be baptised?

*Mark 1:5*



11. After a five day journey where did Paul arrive?

*Acts 20:6*

GALILEE

12. Which sea did Moses walk through to get away from the Egyptians?

*Exodus 15:4*

8. To where did Mary and Joseph flee to get away from Herod?

*Matthew 2:13*



13. Where did Paul travel to after he left Athens?

*Acts 18:1*

# Parish Diary for August

**See inside front cover for regular Sunday service times**

|       |                  |                                                                                                                                                   |
|-------|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Sun   | 2 <sup>nd</sup>  | <b>9<sup>th</sup> Sunday after Trinity, 6.30pm Evensong on Zoom</b>                                                                               |
| Tues  | 4 <sup>th</sup>  | <i>Jean-Baptiste Vianney, curé d'Ars, spiritual guide, 1859</i>                                                                                   |
| Wed   | 5 <sup>th</sup>  | <i>Oswald, king, martyr, 642</i>                                                                                                                  |
| Thurs | 6 <sup>th</sup>  | <i>Transfiguration of Our Lord</i>                                                                                                                |
| Fri   | 7 <sup>th</sup>  | <i>John Mason Neale, priest, hymn writer, 1866, 10.30am Coffee Morning</i>                                                                        |
| Sat   | 8 <sup>th</sup>  | <i>Dominic, priest, founder of the Order of Preachers, 1221</i>                                                                                   |
| Sun   | 9 <sup>th</sup>  | <b>Patronal Festival, 4.00pm Cream Tea (please book), No Evensong</b>                                                                             |
| Mon   | 10 <sup>th</sup> | <i>Laurence, deacon, martyr, 258</i>                                                                                                              |
| Tues  | 11 <sup>th</sup> | <i>Clare of Assissi, founder of the Poor Clares, 1253, John Henry Newman, priest, 1890</i>                                                        |
| Thurs | 13 <sup>th</sup> | <i>Jeremy Taylor, bishop, teacher of the faith, 1667, Florence Nightingale, nurse, social reformer, 1910, Octavia Hill, social reformer, 1912</i> |
| Fri   | 14 <sup>th</sup> | <i>Maximilian Kolbe, friar, 1941, 10.30am Coffee Morning</i>                                                                                      |
| Sat   | 15 <sup>th</sup> | <i>The Blessed Virgin Mary</i>                                                                                                                    |
| Sun   | 16 <sup>th</sup> | <b>Blessed Virgin Mary, 6.30pm Evensong on Zoom</b>                                                                                               |
| Thurs | 20 <sup>th</sup> | <i>Bernard, abbot, teacher of the faith, 1153, William and Catherine Booth, founders of the Salvation Army, 1912 and 1890</i>                     |
| Fri   | 21 <sup>st</sup> | 10.30am Coffee Morning                                                                                                                            |
| Sun   | 23 <sup>rd</sup> | <b>12<sup>th</sup> Sunday after Trinity, 6.30pm Evensong on Zoom</b>                                                                              |
| Mon   | 24 <sup>th</sup> | <i>Bartholomew the Apostle</i>                                                                                                                    |
| Thurs | 27 <sup>th</sup> | <i>Monica, mother of Augustine of Hippo, 387</i>                                                                                                  |
| Fri   | 28 <sup>th</sup> | <i>Augustine, bishop, teacher of the faith, 430, 10.30am Coffee Morning</i>                                                                       |
| Sat   | 29 <sup>th</sup> | <i>Beheading of John the Baptist</i>                                                                                                              |
| Sun   | 30 <sup>th</sup> | <b>13<sup>th</sup> Sunday after Trinity, 6.30pm Evensong on Zoom</b>                                                                              |
| Mon   | 31 <sup>st</sup> | <i>Aidan, bishop, missionary, 651</i>                                                                                                             |

**Details of dates, times and venues of all meetings and events need to be recorded in the Parish Diary (Parish Office 01708 220696)**

**You can advertise in Gridiron from as little as £11 per issue. Please contact Maureen Gourley 01708 640747 [mlgourley@talktalk.net](mailto:mlgourley@talktalk.net)**

# Parish Diary for September

**See inside front cover for regular Sunday service times**

|       |                  |                                                                                                                                                     |
|-------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Tues  | 1 <sup>st</sup>  | <i>Giles, hermit, c710</i>                                                                                                                          |
| Wed   | 2 <sup>nd</sup>  | <i>Martyrs of Papua New Guinea, 1901, 1942</i>                                                                                                      |
| Thurs | 3 <sup>rd</sup>  | <i>Gregory the Great, bishop, teacher of the faith, 604, 8.00pm Choir Practice</i>                                                                  |
| Fri   | 4 <sup>th</sup>  | <i>Birinus, bishop, 650, 10.30am Coffee Morning</i>                                                                                                 |
| Sun   | 6 <sup>th</sup>  | <b>14<sup>th</sup> Sunday after Trinity, 6.30pm Evensong on Zoom</b>                                                                                |
| Tues  | 8 <sup>th</sup>  | <i>Birth of the Blessed Virgin Mary, Accession of King Charles III, 2022</i>                                                                        |
| Wed   | 9 <sup>th</sup>  | <i>Charles Fuge Lowder, priest, 1880, 8.00pm CM&amp;FG Meeting, Parish Office</i>                                                                   |
| Thurs | 10 <sup>th</sup> | 8.00pm Choir Practice                                                                                                                               |
| Fri   | 11 <sup>th</sup> | 10.30am Coffee Morning                                                                                                                              |
| Sun   | 13 <sup>th</sup> | <b>Holy Cross Sunday, 2.00pm Fiona's ordination at Chelmsford Cathedral, No Evensong</b>                                                            |
| Mon   | 14 <sup>th</sup> | <i>Holy Cross Day</i>                                                                                                                               |
| Tues  | 15 <sup>th</sup> | <i>Cyprian, bishop, martyr, 258</i>                                                                                                                 |
| Wed   | 16 <sup>th</sup> | <i>Ninian, bishop apostle of the Picts, c432, Edward Bouverie Pusey, priest, 1882</i>                                                               |
| Thurs | 17 <sup>th</sup> | <i>Hildegard, abbess, visionary, 1179, 8.00pm Choir Practice</i>                                                                                    |
| Fri   | 18 <sup>th</sup> | 10.30am Coffee Morning                                                                                                                              |
| Sat   | 19 <sup>th</sup> | <i>Theodore, archbishop, 690</i>                                                                                                                    |
| Sun   | 20 <sup>th</sup> | <b>Harvest Festival, 6.30pm Evensong on Zoom</b>                                                                                                    |
| Mon   | 21 <sup>st</sup> | <i>Matthew, Apostle and Evangelist</i>                                                                                                              |
| Tues  | 22 <sup>nd</sup> | 7.30pm PCC Meeting                                                                                                                                  |
| Thurs | 24 <sup>th</sup> | 8.00pm Choir Practice                                                                                                                               |
| Fri   | 25 <sup>th</sup> | <i>Lancelot Andrewes, bishop, spiritual writer, 1626, Sergei of Radonezh, monastic reformer, teacher of the faith, 1392, 10.30am Coffee Morning</i> |
| Sat   | 26 <sup>th</sup> | <i>Wilson Carlisle, founder of the Church Army, 1942</i>                                                                                            |
| Sun   | 27 <sup>th</sup> | <b>17<sup>th</sup> Sunday after Trinity, 9.30am Harvest Parade Service, 6.30pm Evensong on Zoom</b>                                                 |
| Mon   | 28 <sup>th</sup> | 9.30am Footsteps                                                                                                                                    |
| Tues  | 29 <sup>th</sup> | <i>Michael and All Angels</i>                                                                                                                       |
| Wed   | 30 <sup>th</sup> | <i>Jerome, translator, teacher of the faith, 420</i>                                                                                                |

**Details of dates, times and venues of all meetings and events need to be recorded in the Parish Diary (Parish Office 01708 220696)**



## Get in touch with ....

### St Laurence Church Corbets Tey Road, Upminster, RM14 2BB

|                                         |                                                                         |              |
|-----------------------------------------|-------------------------------------------------------------------------|--------------|
| <b>Rector</b>                           | The Reverend Susannah Brasier<br>susannah.brasier@upminsterparish.co.uk | 01708 220174 |
| <b>Pastoral Assistant</b>               | Deborah Masterson<br>deborah.masterson@upminsterparish.co.uk            | 01708 609816 |
| <b>Safeguarding Officer</b>             | Akosua Boachie<br>safeguarding@upminsterparish.co.uk                    | 07760 791032 |
| <b>Parish Office</b>                    | Verity Helby<br>parish.office@upminsterparish.co.uk                     | 01708 220696 |
| <b>Churchwardens</b>                    | Chris Mowat and Nancy Mowat<br>parish.office@upminsterparish.co.uk      | 01708 220696 |
| <b>Hon Secretary PCC</b>                | Beryl Speed<br>beryl.speed25@virginmedia.com                            |              |
| <b>Hon Treasurer</b>                    | Tony Bloomfield<br>treasurer@upminsterparish.co.uk                      |              |
| <b>Planned Giving</b>                   | treasurer@upminsterparish.co.uk                                         |              |
| <b>Electoral Roll Officer</b>           | Keith Stewart<br>keithdebbie@btinternet.com                             | 01708 227928 |
| <b>Director of Music</b>                | Nigel Lockwood<br>nigel.lockwood@upminsterparish.co.uk                  | 07899 876247 |
| <b>Church Halls Hire</b>                | Becky Perchard<br>halls.bookings@upminsterparish.co.uk                  | 07341 434798 |
| <b>Gridiron Editors and Advertising</b> | Arlette Wiggins and Joanne Chapman<br>gridiron@upminsterparish.co.uk    |              |
| <b>Parish Website</b>                   | www.upminsterparish.co.uk                                               |              |



# Are you sitting comfortably?

## Come and take the comfort test...



Visit our store and explore our wide selection of over 80 sofa styles.  
Choose from top brands like Parker Knoll, G Plan, Stressless, Cintique, Ercol, Nicolletti, and more!  
Our friendly sales experts are here to help you find the perfect sofa.

# Roomes

Furniture & Interiors | *Since 1888*

**Telephone: 01708 255300 Email: [reception@roomes.co.uk](mailto:reception@roomes.co.uk)**

SOFAS | DINING | BEDS | BEDROOMS | RUGS | CURTAINS | LIGHTING | ACCESSORIES

22-24 Station Road, Upminster, Essex RM14 2UB

[www.roomes.co.uk](http://www.roomes.co.uk)  