



Sunday 12th July 2026

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
12 th July	Sung Parish Mass	9.30 am
Trinity 6	Choral Evensong in Church	6.30 pm
Tuesday	Organ Teaching	9.15 am
14 th July	Adventurers Planning meeting, Parish Office	10.00 am
Wednesday	Morning Prayer, Lady Chapel	8.45 am
15 th July	Staff Meeting, Parish Office	9.00 am
	Said Mass, Lady Chapel	11.00 am
	School Visit	12.30 pm
	PCC Meeting, Parish Office	7.30 pm
Thursday	Organ Teaching	9.00 am
16 th July	Choir Practice	8.00 pm
Friday	Coffee Morning, Main Hall	10.30 am
17 th July	Organ Teaching	2.00 pm
Saturday	Parish BBQ	4.30 pm
18 th July		
Next Sunday	Holy Communion	8.00 am
19 th July	Sung Parish Mass	9.30 am
Trinity 7	Evensong on Zoom	6.30 pm

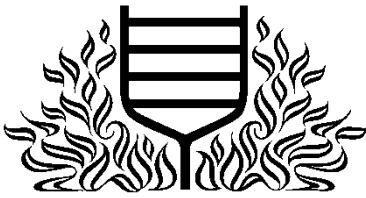
Choral Evensong readings this Sunday: 2 Samuel 7.18-end, Luke 19.41-20.8

Mass readings next Sunday: Romans 8.12-25, Wisdom 12.13, 16-19

Evensong readings next Sunday: 1 Kings 2.10-12, 3.16-end, Acts 4.1-22

Saturday Pathsweepers: 25th July Mowat & Perchard **Coffee:** 19th Beryl Speed, Maureen Gourley, Walter

Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.



NOTICES

Today we welcome the Revd Julian Patching to preside and preach at our 8am Mass and Fr Chris Bishop to preside and preach at our 9.30 Mass.

This evening we have a Choral Evensong - church in 6.30pm. All are welcome to share in this traditional act of worship with uplifting sung music.

Visiting Speaker - Our sermon at 9.30am on Sunday 19th July will take the form of a talk given by Sherry Owolabi from Church Army about their work.

Bread & Wine for Communion - If you would like to take up the bread & wine for Communion at the Offertory on a Sunday to mark a special occasion or in memory of someone or for any other reason, please speak with the Churchwardens who will be happy to diarise a particular Sunday with you.

Summer Read - We will be holding a Summer Read this year (where we read a novel individually and then meet up to talk about it). This year's book is 'Light Perpetual' by Francis Spufford. It has received many excellent reviews and is a re-imagining of what the lives of children killed in a blast in the Blitz could have been like had they lived, and with this an interesting overview of the social history of London in the latter part of the 20th Century. If you would like to read the book and then meet up and chat about it in September, please speak to Susannah who will try to find a meeting date that suits as many people as possible.

Would you like to be Confirmed, or are you curious to learn more about Christianity? -Confirmation is the rite where Christians affirm the promises made at their baptism and the Bishop prays that they may receive the strengthening power of God's Holy Spirit to help them to continue on their faith journey. It is also the point at which people are admitted to Holy Communion if they have not been admitted previously.

We plan to run Confirmation preparation during September and October for any teenagers or adults who wish to be confirmed this year. The course would consist of four sessions before the Confirmation (dates and times to be discussed with those who are interested) and one afterwards. The course is also open to those who might want to be confirmed but aren't

sure, and to anyone who would appreciate an opportunity to explore some of the foundational aspects of Christian faith - whether as a 'refresher' or for the first time. The Confirmation service itself will take place on the afternoon or evening of Sunday 25th October at Rainham Parish Church. Please speak to me, ideally by Sunday 19th July, if you would like to join the course and/or if you have any questions about Confirmation or related matters Susannah



Book Recommendations - Wilding by Isabella Tree

Isabella Tree tells the story of the rewilding project she and her husband undertook at Knepp in West Sussex. They have introduced free roaming animals such as cattle, deer, horses and pigs who have, themselves created new habitats for wildlife. Everything from the Dung Beetle to the Stork and Nightingale have made Knepp their home.

It is a fascinating read and an absolutely beautiful place to visit.

Please consult notice boards under the tower and in the porch for other notices and further information

AT THE MASS

12th July 2026

Trinity 6

Introit 238 Come down, O Love divine

Setting The Addington Service - Shephard

Collect of the Day

Merciful God,
you have prepared for those who love you
such good things as pass our understanding:
pour into our hearts such love toward you
that we, loving you in all things and above all things,
may obtain your promises,
which exceed all that we can desire;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Isaiah 55:10-13

Thus says the LORD:

As the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the LORD for a memorial, for an everlasting sign that shall not be cut off.

Gradual hymn 383 Lord, thy word abideth

Romans 8:1-11

There is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law - indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Alleluia

Taizé

Matthew 13:1-9, 18-23

Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it

with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

Offertory hymn 466 The love of God comes close

Anthem I rejoiced when I heard them say. Text & Music –
Bernadette Farrell

Communion hymn 464 Sweet sacrament divine

Final hymn 704 Let all the world in every corner sing

Organ Voluntary Chorale Prelude on "Croft's 136th" - Parry

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Pam Chapman, Vicki Hobbs, Bill, Dobinson Family, Ellie Burbeary, Carole Billings, Denise Comer, Baby Charles, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens, Spencer Croucher, Malcolm Charlton, Joan Prudden.

Wednesday: Rosalind Manley, Simon Pols, Brian Shaw, Glynis Whiting, Sylvia Wilson, Maria, Marie Tyler,

Additional Prayers: All those receiving Home Communion.

Recently departed: Lois Maude, Alan Butcher.

Anniversaries of the departed: Robert Gay, Rita Langler, Dennis Watkins, Penny Mulholland, David Marshall, Terry Gallagher, David Rose, Winifred Murrell.

CHARITY OF THE MONTH

CHRISTIAN AID



Donation envelopes are on the notice board at the back of church.

35-41 Lower Marsh
London SE1 7RL.
Registered charity number 1105851

DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Chris and Nancy (Churchwardens), Susannah (Rector) or Verity (Parish Administrator).

CONTACTS

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Director of Music Nigel Lockwood

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Parish Office Verity Helby

01708 220696 parish.office@upminsterparish.co.uk

Open: Tue. 8.30-1pm, Wed. 9-11am (Staff Meeting), Thur. 8.30-12.30am.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**